

CHS Tryout Dates

Central High School

Athletics Registration Deadlines and Tryout Information

In order to be cleared and participate in a sport, each athlete must meet the following:

- ☐ Online Registration - must be completed via Arbiter by parent/guardian and athlete.
- ☐ Current Physical - all athletes must have a physical uploaded at time of registration. Either The State of IL Certificate of Child Health Examination or IHSA Medical Eligibility Form are accepted. Physicals are valid for 13 months from date on form.
- ☐ Athletic Payment - no payment is due at time of registration. Athletic fees will be billed once rosters have been finalized. All fees are paid via RevTrak.
- ☐ Eligibility - athletes must meet semester to date eligibility as well as passed 5 classes the previous term. Details can be found in the student and parent/guardian handbook.
- ☐ Open Gyms - any athlete participating in open gyms during the school year must be registered as an athlete and have a current physical on file.

When all of the above criteria have been met, your athlete will be cleared. Athletes cannot participate in any way, including tryouts and open gyms, until they have been cleared.

Fall 2026

SPORT	REGISTRATION DEADLINE <i>Closes at 11:59pm of Date Listed</i>	HEAD COACH	TRYOUT DATE(S) and TIME
Cheer - Sideline	5/11/26	Meredith Haring meredith.haring@central301.net	5/13/26, 3:45pm-6pm
Cross Country - Boys	8/19/26	Dan Morgan daniel.morgan@central301.net	n/a; Season starts 8/10
Cross Country - Girls	8/19/26	Vince Neil vince.neil@central301.net	n/a; Season starts 8/10
Dance - Sideline	4/14/26	Jenna Jensen jenna.jensen@central301.net	4/16/26
Flag Football	8/7/26	Dominic Pearson dominic.pearson@central301.net	8/10, 8/11; 3:15pm-5:45pm
Football	8/14/26	Brian Iossi brian.iossi@central301.net	n/a; Season Starts 8/5
Golf - Boys	8/9/26	Thomas Davies thomas.davies@central301.net	8/10-8/11; 1:00pm (11th/12th) 8/10-8/11; 3:30pm (9th/10th) 8/12-8/13; 4:00pm (9th/10th)
Golf - Girls	8/9/26	Alyssa Hart alyssa.hart@central301.net	8/12-8/13; 3:30-5pm
Soccer - Boys	8/11/26	Dean Ames dean.ames@central301.net	8/10-8/11; 3:30-5:30pm

Volleyball	8/9/26	Julia Smagacz julia.smagacz@central301.net	8/10-8/11; Fr/So (3:30-5:30pm), JV/V (5-7pm) 8/12; All Levels (3-4:30pm)
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Winter 2026-2027

SPORT	REGISTRATION DEADLINE <i>Closes at 11:59pm of Date Listed</i>	HEAD COACH	TRYOUT DATE(S) and TIME
Basketball - Boys	TBD	Brett Porto brett.porto@central301.net	Week of 11/9; Specifics TBD
Basketball - Girls	TBD	Mike Carani michael.caran@central301.net	Week of 11/2; Specifics TBD
Bowling - Boys	TBD	Dominic Pearson dominic.pearson@central301.net	Week of 10/26; Specifics TBD
Bowling - Girls	TBD	Brooke Thornton brooke.thornton@central301.net	Week of 11/16; Specifics TBD
Cheer - Competitive	TBD	Meredith Haring meredith.haring@central301.net	Week of 10/26; Specifics TBD
Dance - Competitive	TBD	Jenna Jensen jenna.jensen@central301.net	Week of 10/26; Specifics TBD
Wrestling	TBD	Andrew Brown andrew.brown@central301.net	Girls: Week of 10/26; Specifics TBD Boys: Week of 11/9; Specifics TBD

Spring 2027

SPORT	REGISTRATION DEADLINE <i>Closes at 11:59pm of Date Listed</i>	HEAD COACH	TRYOUT DATE(S) and TIME
Baseball	TBD	Kyle Nelson kyle.nelson@central301.net	Week of 3/1/27
Bass Fishing	TBD	Garret Roberts garret.roberts@central301.net	TBD
Lacrosse - Boys	TBD	Travis Tranchitella travis.tranchitella@central301.net	Week of 3/1/27
Lacrosse - Girls	TBD	Dominic Pearson dominic.pearson@central301.net	Week of 3/1/27
Soccer - Girls	TBD	Jessica Nussbaum	Week of 3/1/27

		jessica.nussbaum@central301.net	
Softball	TBD	Jason Edwards jason.edwards@central301.net	Week of 2/22/27
Track - Boys	TBD	Blake Stern blake.stern@central301.net	Week of 1/18/27
Track - Girls	TBD	Vince Neil vince.neil@central301.net	Week of 1/18/27

