

NHS Sponsored 2025-2026 Q3 Service Opportunities

Make sure to get proper proof of participation or donation

Volunteer with Graffiti & Silk

- Help out with day-to-day cleaning and operations
- 1 NHS point per hour
- [Link to sign up](#)

NHS Tutoring (Valley)

- All tutoring sessions are 1 NHS point.
- [LINK](#) to sign up

BetterALife Homework Club

- 1 NHS point per session
- Tuesdays 4:30-5:30
- Help Local kids with homework at BetterALife Food Pantry
- [Link to sign up](#)

Inova Blood Donations

- Use this [link](#) to book an appointment
- 1 donation = 1 NHS point

Purcellville Mini-Forest Volunteer Days (March and April)

- 1 NHS point per session
- Help plant native plants in the town's Mini-Forests
- [Link](#) to sign up

Scrape the Grape (multiple days)

- 1 NHS point per hour
- Help local vineyards get rid of invasive Spotted Lanternfly larvae on their plants
- March 21, April 4, April 9
- [Link](#) to sign up

NHS Tutoring (Blue Ridge)

- Here is the [link](#) to NHS math tutoring at Blue Ridge
- Every Friday
- 1 NHS point per session

Induction Ceremony Volunteers (not for new inductees)

- Here is the [link](#) to sign up
- Wednesday, February 18
- If helping out at the ceremony, dress up in semi-formal attire
- 1 NHS point per hour and per food/water donation

Mountain View PTA Meeting Child Care

- 3-4 dates in Q3
- [Link](#) to sign up
- 1 NHS point per session

Purcellville Trash Clean-Up

- Saturday March 14, 2026 (morning shift or afternoon shift)
- [Link](#) to sign up *make sure to put LVHS NHS as group name*
- 1 NHS point per hour

Virginia Valley Vipers Basketball Game @ Patrick Henry

- Dates throughout the spring-help with tickets, concession and set-up and clean-up
- [Link](#) to sign up
- 1 NHS point per hour

Red Cross Toiletries Drive

- Now until February 28
- FULL SIZED toothbrushes and hairbrushes, show your donations to Mr. McQuail or Ms. Trude before donating them in the box at the front of the school
- 1 NHS point per 2 donations, max 2 points

Future HealthCare Professionals Drive

- You can donate until February 14
- Show your donations to Mr. McQuail or Ms. Trude before donating them:
 - Legos
 - Coloring Books
 - Toy cars
 - Markers, Crayons
 - Barbie dolls
 - Action figures
 - Fidget toys
 - Art Supplies -Puzzles
- 1 NHS point per two NEW toys, max of 2 points

Hamilton Elementary BINGO Night

- February 27th
- Help set up, distribute bags and pizza, collect trash, assist with Bingo, and Break down
- 1 NHS point per hour
- [Link](#) to sign up

Non Sponsored NHS 2025-2026 Q3 Service Opportunities

Remember these are examples of NON-NHS opportunities; these will not count toward your 3 NHS sponsored points but will count toward your total points (5 points in total)

Make sure to get proper proof of participation or donation

Donate food and clothes to local pantries, shelters, and second-hand stores.

- Tree of Life, Blue Ridge Hospice, Loudoun Hunger Relief

Volunteering with PRCS

- Parks & Rec has plenty of opportunities, but you have to call on your own to get information about volunteering <https://www.loudoun.gov/1381/Volunteer>

Donate to local shelters and organizations