

CONTACT INFORMATION:

[ORGANIZATION LOGO/LETTERHEAD]

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FOR IMMEDIATE RELEASE

[Headline: {Company/Individual/Organization} Presents Day of Visibility for Non-Monogamy on Saturday, July 15, 2023 in {location}].

*A global **day of action** to advance **visibility and acceptance** for non-monogamous families and relationships of all varieties.*

[City, State] – [Company/Individual] announces the first annual **Day of Visibility for Non-Monogamy** to raise awareness of our values and identities, share our stories, and celebrate our communities so we can normalize non-monogamy and create a more open and loving world. Taking place globally, the Day of Visibility for Non-Monogamy is a shared day being celebrated with an in-person event here in [City, State].

What: [Your event title] celebrating the Day of Visibility for Non-Monogamy

Where: [Exact location of the event, in detail, can include link]

When: [Saturday, April 15, 2023. Time, Include time zone.]

Details: [speakers, guests, community leaders, people of interest.]

What is consensual non-monogamy? **Consensual non-monogamy (CNM)** – also referred to as ethical non-monogamy or simply non-monogamy – describes a range of relationship styles and structures that involve multiple romantic, intimate or sexual partners, with the full knowledge and consent of everyone involved. CNM is an umbrella term that encompasses practices including polyamory, open relationships, swinging (also known as the “lifestyle”), and more. In a recent survey, **one-third of American adults describe their ideal relationship as something other than complete monogamy (2023)**, and one in five adults will participate in a consensually non-monogamous relationship at some point in their lives (2016).

[Use this section to provide information about the organization(s) hosting the local event, as well as a quote or quotes from organizers]

The Day of Visibility for Non-monogamy is being coordinated by [OPEN \(Organization for Polyamory and Ethical Non-monogamy\)](#), a nonprofit dedicated to advancing cultural acceptance and political rights for non-monogamous families and relationships.

“People from all walks of life practice non-monogamy,” said Brett Chamberlin, OPEN’s executive director. “Non-monogamous families and relationships deserve to be accepted and respected like any other. Through visibility and community action, we can push back against the longstanding stigma around non-monogamy.”

In addition to OPEN, the Day of Visibility is also supported by a range of organizations and allies including: Asexual Visibility and Education Network, Bay Area Poly Happy Hour, Bloom Community, Bonobo Network, CANDID, Casa Galenia, Center for Positive Sexuality, Chosen Family Law Center, Evergreen Hearts, Front Porch Swingers Podcast, GLMA: Health Professionals Advancing LGBTQ+ Equality, JOYClub, Multiamory Podcast, National Coalition for Sexual Freedom, Naughty Events, The Nonbinary Polihistor, Normalizing Non-monogamy Podcast, Oasis Aqualounge, #open: Polyamorous & ENM Dating, “Open: A Journey Through Love” Documentary, Open Relating, The Pineapple Express Podcast, Playing With Fire Podcast, PolyActive, Poly Alt Parenting, Poly Pop Culture, The Polyamory Foundation, Radical Relating, The Root: Babies, Birth, and Beyond, Ready for Polyamory Podcast, Relationship Diversity Podcast, Sheff Consulting, StocktonArea Polyamory, Soaring Hearts Center, The Swing Nation Podcast, Swinger Society, and Woodhull Freedom Foundation.

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