

YFFR Instructor Network

\$297/year*

What's included:

- Access to the Instructor Success Team (Value: Priceless)
 - The IST team provides all post-certification support to instructors in the field including but not limited to instructor onboarding; curriculum and class library, new curriculum; supplemental coaching requests as needed; regional support by phone or video call; management of all Continuing Education requirements; access to Instructor Tool Kits
- Enrollment in [YFFR University](#), YFFR's online course platform (Value: \$800 and growing)
 - On Demand practice library of classes and weekly live classes
 - Continuing Education courses including but not limited to:
 - 6-week Mental Readiness Training
 - 2-hour Law Enforcement In-Service Training
 - Neurobiology of Trauma for First Responders: An Introduction
 - Empowered Yoga: 5 day challenge for Dispatchers & 911 Professionals
 - Special events and webinars
- Access to private Instructor Network Community Group of other Certified Instructors
- Listed on YFFR's public-facing database of Certified Instructors as long as the Instructor is in good standing and opts in
- Use of the registered trademark name & logo for YogaShield® Yoga For First Responders® to earn supplemental income as a Certified Yoga For First Responders instructor
- Ability to utilize copyrighted YogaShield® Yoga For First Responders® training materials
- 20% discount on YFFR Merchandise
- Affiliate link to earn 10% back on Instructor School and Virtual Instructor School sign-ups.

Good standing requirements:

- To maintain good standing, earn 5 credits annually through any combination of the below items. Please note that this list of credit-earning opportunities may be updated periodically with additional options to provide you with even more ways to contribute and grow within the YFFR Instructor Network.
 - Teach an in-person or virtual yoga class: There are no time limits or maximum requirements for the class duration. Your dedication to sharing the practice with others remains invaluable.
 - Teach a live yoga class on YFFR On Demand: Just like in-person or virtual classes, there are no restrictions on the duration of the class. This opportunity allows you to reach a broader audience and share your expertise with YFFR members worldwide.
 - Volunteer for 1 hour with YFFR: We encourage you to identify your unique zone of genius, letting us know how you can contribute effectively. This can include various tasks that support our organization. We want to ensure that your skills are utilized optimally, eliminating any notion of "busy work."

- Present at a conference or in-service training: Share your knowledge and experience by presenting at relevant events within the yoga and wellness community. This will not only help expand your professional network but also contribute to the growth of YFFR.
- Film yoga classes, drills, breath techniques, etc. for our on-demand platform and/or social media: Capture and share your expertise by creating instructional videos for our on-demand platform and social media channels. This allows you to reach a wider audience and contribute to the development of YFFR's online resources.
- Complete a CEU class on YFFR University: Engage in continuous learning and professional development through our CEU classes available on YFFR University. By expanding your knowledge and honing your skills, you enhance your ability to serve both your students and the YFFR community.
- Must document each class taught via Class Participation Report (including department P.O.C. and dates of classes)
- Program evaluations will be sent to instructor (you) to be shared with agency.
- A Regional YFFR HQ Representative may audit classes on a random drop-in basis based on the schedule of classes provided.

YFFR reserves the right to suspend an Instructor's License if the Instructor does not meet good standing requirements or violates terms of the license agreement.

*Per your Licensing Agreement, the first year of IN was included in your instructor school fee. You will be charged the annual fee at the time of IN renewal in one year and every year following until the agreement is terminated. Cost is subject to change without notification.