### **Article Title**

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Correspondent Author:	Abstract		
Xxxx	The abstract is written in one paragraph totaling 150-200 words. Must be written in English and Indonesian. The abstract contains IMRAD ( <i>Introduction, Method, Result,</i>		
Email:	and Discuss) and is not a summary of several paragraphs. The abstract contains no references, numbers, abbreviations, acronyms, or measurements.		
Keywords:			
Consists of a maximum of			
5 words, and contains			
important concepts of			
research variables.			

### INTRODUCTION

The words "Introduction" are typed in capital letters using *Times New Roman font, font size* 12 *bold.* 

The introduction contains the background of the research, namely the presentation of the research problem, urgency, novelty and literature review as well as a problem-solving plan. The description ends with the formulation of the problem or research objectives.

The number of sentences ranges from 7,500-10,000 words, equivalent to 12-15 A4 pages. The page includes literature, notes and tables. Each article will be tested for plagiarism, with a threshold of 20%.

The citation uses *the American Psychological Association* (APA) method. The article is typed in *Microsoft Office Word* format, using *Times New Roman* 11 font, single spaced, with A4 paper size. Paper format 3-2.5-2.5 (left-top-bottom-right). The article is written right and left.

### RESEARCH METHODS

The words "Research Methods" are typed in capital letters using *Times New Roman font, font size* 12 *bold*.

Research methods explain research design, research subjects, population, samples, sampling techniques, instruments, location and time of research implementation, data collection techniques, data analysis techniques and research ethics. The description of research methods does not use subchapters. *Times New Roman Font* 11.

### **RESULT**

The words "Result" are typed in capital letters using *Times New Roman font, font size* 12 *bold*.

AHNJ | https://doi.org/10.37036/ahnj.v\*i\*.\*\*\*| Volume xxx Number xx, Months xx Year xx | 1

The results describe the research output. Presented using tables, figures, and charts should be sequentially numbered and headed. The title is capitalized at the beginning of each word. Headings on figures and charts are placed below the figure or chart, while table headings are placed above the table.

Table 1 Characteristics of Respondents

Characteristics	F	%

Provide data interpretation from the table presented

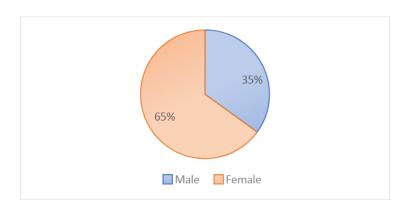


Figure 1
Gender Distribution of Respondents

Provide data interpretation from the image presented

## **DISCUSSION**

The words "Discussion" are typed in capital letters using *Times New Roman font, font size* 12 *bold.* 

The discussion is arranged in accordance with the order of research objectives that have been explained at the beginning. The discussion contains implications, refers to relevant research and logical arguments that relate results to theory, as well as affirmations in answering problem formulations and research objectives.

# **CONCLUSION**

The words "Conclusion" are typed in capital letters using *Times New Roman font, font size* 12 *hold.* 

Contains a brief, concise and clear summary of the substance of the research results and adds suggestions or recommendations. Conclusions are not summarizing and repeating findings.

# **BIBLIOGRAPHY**

The words "Bibliography" are typed in capital letters using *Times New Roman font, font size* 12 *bold*.

The Bibliography contains only the sources referenced in the text and must be included in the bibliography.

The bibliography is written alphabetically in one space and between one source and another source does not need to be spaced. References must meet at least 80% of the most recent library sources in the last 10 years.

The bibliography is at least 10 and is written using the *American Psychological Association* APA model. Use *Reference Manager* (end note, mendeley, zetero and the like) to facilitate editing and *review*. More information for writing using the APA model can be accessed at https://apastyle.apa.org/instructional-aids/reference-guide.pdf. The following is writing reading sources using the APA model:

## 1. Journal Article

Lachner, A., Backfisch, I., Hoogerheide, V., van Gog, T., & Renkl, A. (2020). Timing matters! Explaining between study phases enhances students' learning. *Journal of Educational Psychology*, *112*, 841–853. <a href="https://doi.org/10.1037/edu0000396">https://doi.org/10.1037/edu0000396</a>

### 2. Authored Book

Kaufman, K. A., Glass, C. R., & Pineau, T. R. (2018). Mindful sports performance enhancement: Mental training for athletes and coaches. American Psychological Association. <a href="https://doi.org/10.1037/0000048-000">https://doi.org/10.1037/0000048-000</a>

# 3. Book Chapter

Zeleke, W. A., Hughes, T. L., & Drozda, N. (2020). Home–school collaboration to promote mind-body health. In C. Maykel & M. A. Bray (Eds.), Promoting mind-body health in schools: Interventions for mental health professionals (pp. 11–26). American Psychological Association. <a href="https://doi.org/10.1037/0000157-002">https://doi.org/10.1037/0000157-002</a>

# 4. Conference Session

Davidson, R. J. (2019, August 8–11). Well-being is a skill [Conference session]. APA 2019 Convention, Chicago, IL, United States. <a href="https://irp-cdn.multiscreensite.com/a5ea5d51/files/uploaded/APA2019">https://irp-cdn.multiscreensite.com/a5ea5d51/files/uploaded/APA2019</a>
Program 190708.pdf

### 5. Dissertation from a Database

Horvath-Plyman, M. (2018). Social media and the college student journey: An examination of how social media use impacts social capital and affects college choice, access, and transition (Publication No. 10937367). [Doctoral dissertation, New York University]. ProQuest Dissertations and Theses Global.

# 6. Webinar

Kamin, H. S., Lee, C. L., & McAdoo, T. L. (2020). Creating references using seventh edition APA Style [Webinar]. American Psychological Association. https://apastyle.apa.org/instructional-aids/tutorials-webinars