



School Supplies and Essentials

Please bring the following items on **Meet the Teachers Day** or on the first day of school:

- 6 boxes of tissues
- 1 box quart-size Ziploc bags
- 1 box gallon-size Ziploc bags
- 2 boxes washable markers
- 4 containers of baby wipes
Note: Wipes are communal unless your child needs a specific type because of sensitivities. If your child is in diapers and stays for aftercare, please provide an additional container of wipes. You may be asked throughout the year to replenish the wipe supply in your child's classroom.
- Box/sleeve of diapers for children not potty trained
Note: We will request that you bring more diapers in as your child runs out. If your child uses Pull-ups, please ensure they have velcro tabs on the side.
- One 2-inch, 3-ring binder for end-of-the-year portfolios
- 4 containers of disinfectant wipes
- A picture of your family, which will be used in the classroom to alleviate feelings of anxiety



**Please label everything you send to BMH-BJ
Preschool for your child with your child's name!**

**A sharpie works great or check out
www.namebubbles.com**

Daily Needs

- **Preschool is messy and active!** Please send your child in clothes and shoes that are comfortable and good for running, painting, digging, twirling, gluing, and giggling.
- **Allergies:** If your child has severe allergies or asthma, please provide us with a care plan from your doctor, as well as medications, applicators, inhalers, and so on. If your child needs an EpiPen, please bring two. Medications must be dropped off in the office with a care plan from the doctor and in the original packaging.
- **Diapers/Pull-ups and diaper cream:** We cannot/will not apply anything to your children without your consent. Please make sure products are labeled clearly.
- **Nappers:** If your child is staying for naptime, they will need a fitted crib sheet, 1-2 blankets, and a pacifier or lovey. Please put all nap items in a labeled bag with a closure (zipper, snaps, or drawstring). Linens are sent home for cleaning on Fridays.
- **Lovie/blankie:** If your child is new to our school, we recommend bringing a special “lovey” or blankie/stuffed animal to help them feel safe.

Food Needs

- **Lunch box:** You know best what your child will/will not eat. BMH-BJ is a kosher facility, so please refer to the Kosher Policy when packing your child’s lunch. We know many of our families are not kosher-observant, so if you have questions, please ask! **Note:** We cannot heat food.
- **Morning snack and afternoon snack:** We suggest two items, such as a piece of fruit and crackers, applesauce pouch and granola bar, and so on.
- **Aftercare snacks:** Children who stay after 3 pm need additional aftercare snacks. Because of licensing regulations, BMH-BJ Preschool cannot provide snacks.
- **Water bottle:** Please send your child daily with a water bottle labeled with their name.

Seasonal Needs

- **Clothing:** Please provide two changes of clothes appropriate for the season labeled with your child’s name, plus an extra pair of shoes if possible.
- **Sunscreen:** Please apply sunblock before drop-off during warm weather. Our teachers will reapply after water activities and naps as needed.
- **Hats and jackets:** Please provide hats, jackets, coats, and gloves in cooler seasons.