

**1. Read and answer.** (10 marks)

Sami is at the doctor's.

**Doctor:** What's wrong, Sami? You don't look very well.

**Sami:** You're right. I've been feeling quite sick for several weeks. And I've been getting tired quickly.

**Doctor:** Have you been sleeping badly for a long time, too?

**Sami:** Yes, I have. And I haven't been playing well for my football team recently.

**Doctor:** Have you been eating normally?

**Sami:** Well, no. I've been waking up late, and missing breakfast.

**Doctor:** So you've been going to school tired and hungry. And what have you been eating for lunch?

**Sami:** Just fries.

**Doctor:** Sami, fries are junk food! You need to start eating real food! And that includes fruit and vegetables.

**Sami:** Really?

**Doctor:** Yes. And you'd better read this book – Get fit and healthy. Do what it says, and come back next month.

**Sami:** Thanks. I'll do that. I mustn't lose my place in the team!

**Doctor:** How have you been getting on since our talk last month?

**Sami:** Really well. I read the book, and I've been doing what it says since then. I've been sleeping much better.

**Doctor:** I can see that. You don't look tired today. Have you been eating better, too?

**Sami:** Yes, and I feel much healthier now. Thanks for all your help.

**A) Answer these questions:**

1. Where is Sami? .....
2. How does Sami look? .....
3. What does the doctor give Sami? .....
4. Why do you think Sami will do what the doctor says? .....
5. What two things has Sami been doing wrong at the start of the day? .....

**B) Read and mark the sentences True ( √ ) or False ( X ):**

- a. Sami feels healthier now because he has read the book – Get fit and healthy. (    )
- b. Sami has gone to the doctor because he likes junk food. (    )

**C) Get from the text:**

1. opposite of    a. well: .....    b. win: .....    c. past simple tense : .....

## II. Vocabulary ( 6 marks)

### A. complete the sentences with suitable words from the list below.

study	fit	put on	diet	getting on	tests
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1. How are you ..... with your school project? Very well.
2. How ..... are you? Not very. I get tired very quickly when I go running.
3. Poor ..... is a cause of ill health.
4. I've got some big ..... Soon, and I need to get ready for them.

### B. Choose the right meaning of the underlined words.

1. Rania and Huda don't get on with each other.
  - a. to do the same as before but faster
  - b. to be warm and kind to another person.
  - c. to talk about how well somebody is doing something.
2. She tried hard to hit the ball but she missed.
  - a. to feel sad because somebody is not with you anymore
  - b. to be late for something.
  - c. to not hit, catch or touch with something.

## III. Language. (6 marks)

### A. put the verbs between brackets in their correct tense. Use present perfect/present perfect tense.

1. Ali ..... the juice. ( never taste)
2. Huda ..... different diets for years without success. (try)
3. .... you ..... your food yet? (prepare)
4. We ..... in this house for ten years and we don't think of leaving it. (live)

### B. Give advice with (you'd better / you'd better not / you should )

1. I've been looking around the town for a gift for my friend for hours.  
.....
2. I'm getting fatter. ....

## IV. Writing. (3 marks)

### Put the words in the correct order.

1. usually meet Wednesday on friends evenings They  
.....
2. am always for late work mornings Monday on I  
.....