

Project 1: Healthcare Stories Comic Strip

Objective: Illustrate the role of empathy and resilience in healthcare using visual storytelling.

- **Instructions:** Create a 3-4 panel comic strip that retells a story from *The Beauty in Breaking*, highlighting a key moment when Michele Harper showed empathy, resilience, or navigated a challenging patient interaction.
- **Focus:** Include captions or dialogue that capture the emotional tone of the scene. Illustrate both the patient's and Dr. Harper's perspectives to emphasize empathy in medicine.
- **Reflection:** Write a short explanation of why you chose this story and what it says about healthcare.

Project 2: Cultural Competency Brochure for Healthcare Professionals

Objective: Design a guide for healthcare professionals to communicate with patients from diverse backgrounds.

- **Instructions:** Create a tri-fold brochure or digital presentation that outlines:
 - Key tips for doctors to engage with patients from various cultural backgrounds (inspired by examples from the book).
 - “Dos and Don’ts” for cultural sensitivity, with real examples from *The Beauty in Breaking*.
 - Ideas for how doctors can respectfully learn about their patients’ cultural perspectives without making assumptions.
- **Presentation:** Present your brochure to the class, discussing the importance of cultural awareness in healthcare.

Project 3: Ethics in Medicine Debate: The Patient’s Wishes vs. Medical Advice

Objective: Explore medical ethics by debating a situation inspired by *The Beauty in Breaking*.

- **Instructions:** Divide into two groups:
 - **Group A:** Argue that healthcare providers should prioritize the patient’s wishes, even if they differ from medical advice.

- **Group B:** Argue that doctors should prioritize the best medical outcome, even if it goes against patient preferences.
- **Guidance:** Use specific examples from the book to support each side. Prepare arguments about how respect for patient autonomy and cultural beliefs affect ethical decisions in healthcare.
- **Debrief:** After the debate, write a short reflection on your own stance and how it was influenced by the discussion.

Project 4: Personal Growth and Resilience Essay

Objective: Reflect on a personal challenge inspired by Michele Harper's journey and resilience.

- **Instructions:** Write a 1-2 page essay about a time when you faced a difficult situation. Reflect on what helped you get through it, and what you learned from the experience. Use examples from *The Beauty in Breaking* to connect with Michele Harper's journey of resilience.
- **Focus:** Consider how challenges can shape personal growth and character, and how Harper's story relates to your own.
- **Optional Share:** Students who feel comfortable can share their stories in small groups to encourage peer support and connection.

Project 5: Empathy in Action: Letter to Future Self

Objective: Apply empathy to envision how you would handle future challenges.

- **Instructions:** Write a letter to your future self as if you were a healthcare provider. In the letter:
 - Include advice on how to remain empathetic, resilient, and patient-centered, even during stressful situations.
 - Reflect on stories from *The Beauty in Breaking* where Michele Harper maintained empathy despite challenges.
 - Describe a few practices you hope to adopt to support your patients and yourself.
- **Reflection:** Save the letter or share with a classmate, discussing how empathy and resilience are lifelong practices.