# **Kings Canyon Meal Planner**

**Group Name: The RV** 

Group Members:Luke,Tyler	Tuesday, May 28th	Dinner
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Description of Meal	Beef Hot dog
Ingredients (include the quantity)	Beef hot dog, 1 slice of yellow american cheese, one white bun
Spices	no
Cooking Equipment Required	pot, fork
Estimated Time to Cook Meal	10 minutes

### Wednesday, May 29

#### Breakfast

Description of Meal	Egg sandwich
Ingredients (include the quantity)	1 egg, 2 slices of white bread , 1 slice of yellow american cheese
Spices	salt
Cooking Equipment Required	1 non stick fry pan
Estimated Time to Cook Meal	15 minutes

#### Wednesday, May 29 Lunch

Description of Meal	
	turkey hot dog

Ingredients (include the quantity)	1 turkey hot dog, 1 whole weat bun, 1 slice of yellow amacrian cheese
Spices	
Cooking Equipment Required	1 sliver pot,
Estimated Time to Cook Meal	10 minutes

## Wednesday, May 29 Dinner

Description of Meal	hot dogs
	buns
Ingredients (include the quantity)	ketchup
Spices	
Cooking Equipment Required	
Estimated Time to Cook Meal	

### Thursday, May 30 Breakfast

Thursday, May 30 Breakf	
Description of Meal	egg burritos
Ingredients (include the quantity)	egg, cheese,
Spices	
Cooking Equipment Required	
Estimated Time to Cook Meal	
Thursday, May 30 Lunch	
Description of Meal	
Ingredients (include the quantity)	
Spices	
Cooking Equipment Required	
Estimated Time to Cook Meal	
Thursday, May 30 Dinner	•
Description of Meal	
Ingredients (include the quantity)	

Spices	
Cooking Equipment Required	
Estimated Time to Cook Meal	
Friday, May 31 Breakfa	st
Description of Meal	
Ingredients (include the quantity)	
Spices	
Cooking Equipment Required	
Estimated Time to Cook Meal	

## **Grocery List**

Item	Amount	Name
example: Tortillas	12	