





## 2023 Summer Athletic Camps - Policies and Procedures

# Participant Eligibility

Maine West H.S. students, registered incoming Freshmen, and middle school students from our feeder districts may participate in the MW Summer Athletic Program. Grade/age level is often designated in the title or description of each camp. <u>Grade level is defined as the grade the student will enter in the fall</u>. For any student, participants must live in the Maine West attendance area to attend an athletic summer camp at Maine West.

## **Registration**

- 1. All registrations must be done online. Registration is available at: https://mainewest.8to18.com
- 2. If families choose to use a credit card, the company will charge a small fee. Otherwise, payment can be made via an electronic check (with bank routing and account numbers) for a smaller charge.
- 3. Registrants will get an email confirmation immediately after registering for camps. If you do not receive a confirmation email, registration is not complete.
- 4. If you use a credit card, it will be processed immediately.
- 5. If you are paying by cash, FOLLOW THESE INSTRUCTIONS:

Register on-line as if you are paying with credit, debit or an e-check. When you get to the payment portion, click on the "Alternate Payment (CODE)" button.

On the next page, please type in cashpayment (no capitals, no spaces), and in the comment area below that, type in CASH PAYMENT. You will then receive instructions on how to make a cash payment at Maine West. The cost must be paid in full before the start of camp. Unfortunately the district is not supporting payment plans.

#### Fee Reductions

The district does not provide reduced camp fees for athletes who receive free/reduced lunch, or any other athletes. The camps are not set up to pay for prorated, selective dates. The payments are for the camp fees, and not for daily fees. Please contact the program head coach for specific conflicts, questions, and/or concerns related to multiple camps/vacations/travel/other calendar issues.

#### Refunds

Full refund of all fees will occur if a camp is canceled. Full refund minus the processing fee (\$10) will be granted if the refund is requested up to 24 hours prior to the start date of the camp. <u>NO REFUNDS CAN OR WILL BE GRANTED AFTER A CAMP HAS BEGUN</u>. Please help us by informing us of cancellations at the earliest possible time.

### **Insurance Requirements**

Accident insurance must be provided by each participant to cover any and all injuries/accidents that may result from practice, competition, or any activity related to participation as part of this program. Please complete the insurance information/confirmation during registration.

<u>Student Accident Insurance is available for a small fee as well.</u>
<u>Information available through this link or on the MW Athletic Web Page.</u>

<u>Summer Camp Registration Questions</u>: 847-803-5905, *email is preferred*: esfondouris@maine207.org Please call this number and leave a message for any question regarding registration. *Please contact* 

camp COACH to find out if a camp will be canceled due to weather.

Entering the Building/Parking (MAP)

### **Weather Cancellations**

Any cancellations/changes due to weather will be communicated through the coaches of the program. While the athletic office will not be able to provide weather related information, each camp will have

their own communication for cancellations. Camp dates will <u>not</u> be made up when canceled due to weather.

### Maine West High School 2023 Summer Sports Camps

Registration is available at the following link: <a href="https://mainewest.8to18.com">https://mainewest.8to18.com</a>

Badminton-Girls	Date	Days	Time	Cost	Upcoming Grade Level	Location
0025 Girls Badminton Camp	6/20-6/22 6/26-6/29	M-Th	8am-10am	\$50	9th-12th	Fieldhouse

Instructors: Dave Berendt and Staff (<a href="mailto:dberendt@maine207.org">dberendt@maine207.org</a>)

Location: Fieldhouse

Equipment: Bring your badminton racquet (we will also have extras if you don't have one), Bottle of

water/drink.

Baseball - BOYS	Date	Days	Time	Cost	Upcoming Grade Level	Location
0110 Summer League (Invite only)	6/5-6/28	M-W	10:00-11:30am Games TBD	\$200	Varsity	Varsity Baseball Diamond
0111 Instructional Camp	6/19-6/29	M-Th	8:00-9:30am	\$125	6th-9th	Varsity/Frosh Baseball Diamond

Instructors: Head Coach Mike Randazzo & Staff (mrandazzo@maine207.org)

Location: Varsity Baseball Diamond (Wolf & Howard)

Weather: In the event of inclement weather camp will be canceled and communicated via coaches Bring the following To Camp: Spikes, Bat (but not necessary), Glove, Hat, Baseball Pants/Sweats, Bottle of Water/Drink

Basketball - BOYS	Date	Days	Time	Cost	Grade Level	Location
0210 Basketball						Field
Camp (Youth)	6/12-6/15	M-Th	12:30-2:00	\$50	5th-8th	House
						Courts 1/2
0220 Basketball						Field
Camp	6/5-6/22	M-Th	12:30-2:00	\$115	9th	House
(Freshmen)						Court 3/4
0230 Basketball	6/5-6/22	M-Th	2:00-4:00	\$130	10th	Field
Camp						House
(Sophomores)						Courts 3/4
0240 Basketball						Field
Camp	6/5-6/22	M-Th	2:00-4:00	\$150	11th-12th	House
(Varsity)						Courts 1/2

Instructors: Head Coach Dan Paxson & Staff <a href="mailto:dpaxson@maine207.org">dpaxson@maine207.org</a>

\*\*Each camper receives a Maine West Boys Basketball t-shirt.

Basketball - GIRLS	Date	Days	Time	Cost	Grade Level	Location
0250 Girls Basketball Camp (Youth)	6/12-6/15	M-Th	10am-11:30am	\$50	5th-8th	Spec Gym
*0260 Girls Basketball Camp (high school)	6/6-6/29	T, W, TH	1:30-3:30pm	\$135	9th-12th	Spec Gym

Instructors: Head Coach Deanna Kuzmanic and Staff (dkuzmanic@maine207.org)

Bring the following To Camp - Bottle of Water/Drink

<sup>\*</sup>Weight training 12:30 in fitness center for high school athletes

Cheerleading	Date	Days	Time	Cost	Grade Level	Location
1400 Cheerleading Team Members	6/6-7/27	T, W, TH	4-7pm (1 hr in Fitness Center)	\$25	9th - 12th	A Wing Gym

Instructors: Head Coach Jay Funches and Staff (<a href="mailto:ifunches@maine207.org">ifunches@maine207.org</a>)

Bring the following To Camp: Bottle of Water/Drink,

Cross Country and Track and Field - Coed	Date	Days	Time	Cost	Grade Level	Location
0300 Cross Country and Track and Field	5/31 - 6/1 6/5 - 6/8 7/10 - 7/13	W - Th M - Th M - Th	8:00-9:30am	\$60	6th-12th	Stadium

Instructors: Head Coaches Nate Hassman, Greg Regalado, & Staff (nhassman@maine207.org)

(gregalado@maine207.org) Location - Meet in Stadium

Weather: In the event of inclement weather camp will be canceled and communicated via coaches Bring the following To Camp- Water/Drink and Running Shoes

<b>Football</b>	Date	Days	Time	Cost	Grade Level	Location
F	OOTBALL CA	MPS WILL	NOT MEET ON 7/3	, 7/4, 7/	5, or 7/6	
0400 Football	6/12 - 7/18				10th	Fitness Center/
Varsity & Sophomore Football	*Special* *Events (TBA)*	M - Th	8:00am - Noon	\$250	11th 12th	Practice Fields/ Field House
0410 Football Overnight Camp @ Illinois Wesleyan Successful Completion of Camp 0400 Required to Participate in 0410	7/19 - 7/21	W,Th,F	Leave Wednesday AM, Return Friday PM	\$195	10th 11th 12th	Illinois Wesleyan University
0420 Football Freshmen Football	6/12 - 7/18 *Special* *Events (TBA)*	M - Th	8:00am - Noon	\$250	9th	Fitness Center/ Practice Fields/ Field House

Instructors: Head Coach George Klupchak and Staff (gklupchak@maine207.org)

**Location: Practice Fields** 

Weather: In the event of inclement weather camp may be canceled and communicated via coaches Bring the following To Camp: Team Issued Helmet, Shoulder Pads, Practice Jersey, Spikes, Gym Shoes, Water Bottle

\*\*WE ASK THAT FOOTBALL PLAYERS WHO <u>MUST</u> TAKE SUMMER CLASSES (due to course Failure), REGISTER FOR THE 1st SESSION OF SUMMER SCHOOL (not 2nd). PARENTS IF YOU HAVE ANY QUESTIONS IN REGARDS TO SUMMER SCHOOL FOR ENRICHMENT, PLEASE FEEL FREE TO CONTACT COACH KLUPCHAK AT <u>gklupchak@maine207.org</u>.

Golf - GIRLS	Date	Days	Time	Cost	Grade Level
0500 Golf Camp	6/5-6/8	M-Th	1:30pm - 4pm	\$100	6th-12th

Instructors - Head Coach John Hauenstein (<u>jhauenstein@maine207.org</u>) and Assistant Coach Rich Wolf Location - Glenview Prairie Golf Club. All athletes must provide their own transportation to the camp. Weather - In the event of inclement weather, camp will be rescheduled and communicated via coaches. Bring the following To Camp - Golf clubs and a bottle of Water/Drink

Golf - BOYS	Date	Days	Time	Cost	Grade Level
0550 Golf Camp	6/5 - 6/8	M-Th	Grade 9-12 - 8am-10am	\$100	9th-12th
0560 Golf Camp	6/5 - 6/8	M-Th	Grade 6-8 - 9:30am-11am	\$80	6th-8th

Instructors: Head Coach Mike Godlewski - <a href="mgodlewski@maine207.org">mgodlewski@maine207.org</a> & Assistant Coach Matt Ellefson - <a href="mgodlewski@maine207.org">mellefson@maine207.org</a>

\*\*\*Location: Des Plaines Golf Center and all athletes must provide their own transportation.

This camp is designed to provide instruction in all aspects of the golf game. This camp is for the experienced and inexperienced golfer.

\*\*\*Bring the following To Camp - Golf clubs and a bottle of Water/Drink

Soccer - BOYS	Date	Days	Time	Cost	Grade Level
0600 Boys Soccer Camp	July 18 - 27	M-TH	4:15pm -6:00pm	\$75	9th-12th
0610 Boys Summer League (Invite only)	June 13, 15, 20, 22, 27, 29 July 11, 13	Tues & Thurs	4:00pm -6:00pm	\$50	10th - 12th

Instructors: Head Coach & Staff (<a href="mailto:ehernandez1@maine207.org">ehernandez1@maine207.org</a>)

Location: South Field

Weather: In the event of inclement weather camp will be canceled and communicated via coaches

Bring the following To Camp: Cleats, Shin guards, Bottle of Water/Drink,

Soccer - GIRLS	Date	Days	Time	Cost	Grade Level
0650 Girls Soccer Camp	6/13 - 6/29	T & TH	1pm - 3pm	\$50	8th -12th

Instructors: Head Coach Jeff Bishop & Staff (jbishop@maine207.org)

Location: South Field

Weather: In the event of inclement weather camp will be canceled and communicated via coaches

Bring the following To Camp -Spikes, Bottle of Water/Drink

Softball - GIRLS	Date	Days	Time	Cost	Grade Level
1700 Softball Camp (HS)	6/5-6/15	M- Thurs	10:00am- 11:30am	\$115	9th-12th
1710 Softball Camp (Youth)	6/5-6/15	M-Thurs	12:30 pm-2:00	\$115	5th-8th

Instructors: Softball Staff Chris Addante and Jim Dvorak. <a href="mailto:caddante@maine207.org">caddante@maine207.org</a>

idvorak@maine207.org

Location: Varsity Softball Diamond (Oakton)- And JV Field

Weather: In the event of inclement weather camp will be canceled and communicated via coaches Bring the following To Camp: Spikes, Bat (but not necessary), Glove, Hat/Visor, Softball Pants/Sweats, Bottle of Water/Drink

Volleyball - BOYS	Date	Days	Time	Cost	Grade Level	Location
1100 Boys Volleyball	6/20-6/29	M - TH	10am-12pm	\$125	10th - 12th	Spec Gym
1110 Boys Volleyball	6/20-6/29	M -TH	10am-12pm	\$125	6th-9th	Fieldhouse 2 & 3

Instructors: Head Coach Mike OBrill and Staff (<a href="mailto:mobrill@maine207.org">mobrill@maine207.org</a>) July League by Invite

Bring the following To Camp - Bottle of Water/Drink

Volleyball - GIRLS	Date	Days	Time	Cost	Grade	Location
Session 1					Level	
1300 Girls Volleyball	6/12 to 6/15	M-Th	8:00-10:00am	\$60	10th-12th	FH Crt 2 & 3
1320 Girls Volleyball	6/12 to 6/15	M-Th	10:00-12:00pm	\$60	6th-9th	FH Crt 2 & 3

Volleyball - GIRLS	Date	Days	Time	Cost	Grade	Location	
Session 2					Level		
1330 Girls	7/10 to 7/13	M-Th	8:00-10:00am	\$60	10th-12th	Spec Cym & EU	
Volleyball		M-Th	6:00-10:00aiii	\$60	10111-12111	Spec Gym & FH	
1340 Girls	7/10 to 7/13	M-Th	10.00 12.000	\$40	6th-9th	Spac Cum & FU	
Volleyball		M-Th	10:00-12:00pm	\$60	011-9111	Spec Gym & FH	

Instructors: Head Coach Nora Feyerer and Staff (nfeyerer@maine207.org)

Bring the following to camp: Bottle of Water/Drink

No previous experience required.

Wrestling	Date	Days	Time	Cost	Grade Level	Location
1200 Wrestling Camp Coed	6/12 - 6/29	M - TH	1:00 - 3:00 p.m.	\$120	10th-12th	Wrestling Room
1210 Wrestling Camp - Girls	6/12 - 6/29	M - TH	1:00 - 3:00 p.m.	\$120	5th-9th	Wrestling Room
1220 Wrestling Camp - Beginner Clinic- Coed	6/12 - 6/29	M - TH	1:00 - 3:00 p.m.	\$120	5th-9th	Wrestling Room

Instructors: MW Wrestling Staff (Head Coach Demetrios Vrettos dvrettos@maine207.org)
Bring the following To Camp - Bottle of Water, Change of Clean Clothes, Body Soap, Towel, Athletic Clothing, Wrestling Shoes. Athletes learn the basics of the sport, learn new techniques, develop strength and conditioning, and have opportunities to compete. No previous experience required.