Perfect the Saints Committee Goals & Responsibilities

Establish goals and the work of the quorum re: helping members help themselves

Goals:

1. **_____**
2. **_____**

Responsibilities:

1. **Promote Healthy living** by encouraging members to obey the Word of Wisdom, eat nutritious food, exercise regularly, control their weight, get adequate sleep, shun substances or practices that abuse their bodies or minds and that could lead to addiction, practice good sanitation and hygiene, obtain adequate medical and dental care, and strive to cultivate good relationships with family members and others.
2. **Promote Education** by encouraging members to study the scriptures and other good books, improving in their ability to read, write, and do basic mathematics, obtaining as much education as they can, including formal or technical schooling where possible.
3. **Promote Employment/Work** by helping members prepare for and carefully select a suitable occupation or self-employment that will provide for their own and their families' needs. Members should be encouraged to become skilled at their work, be diligent and trustworthy, and give honest work for the pay and benefits they receive.
4. **Promote Home Storage** by encouraging members to build a three-month supply of food that is part of their normal diet. Where local laws and circumstances permit, they should gradually build a longer-term supply of basic foods that will sustain life. They should also store drinking water in case the water supply becomes polluted or disrupted.
5. **Promote Financial Self-Reliance** by encouraging members to be financially self-reliant, to pay tithes and offerings, to avoid unnecessary debt, to use a budget, and to live within a plan, and to build a financial reserve by regularly saving a portion of their income.
6. **Promote Spiritual strength** by helping members grow in spiritual strength as they develop their testimonies, exercise faith in Heavenly Father and Jesus Christ, obey God's commandments, pray daily, study the scriptures and the teachings of latter-day prophets, attend Church meetings, and serve in Church callings and assignments.
7. **Teach a lesson** – Plan for and teach 1-2 lessons/year in elders quorum meeting dealing with any of the above.
8. **Make Announcements** – A rep from the committee will be responsible for making any perfect-the-saint -related announcements in EQ meeting on Sundays. These announcements will usually be passed to a committee rep by the EQ presidency.