



# Young Jains of America

Federation of Jain Associations in North America

YJA Canadian Retreat 2025	
Friday, July 18, 2025 - Day One	
5:00 PM - 6:30 PM	Introductions + Check in
6:30 PM - 7:30 PM	Ice Breakers led by Chaitri Shah
7:30 PM - 8:45 PM	Dinner - Naan, Tandoori Roti, with Shai Paneer, Channa Masala and Dal Makhani
8:45 PM - 10:00 PM	Scavenger Hunt + Human Bingo led by Chaitri Shah
10:00 PM - 10:15 PM	Break
10:20 PM - 11:30 PM	Jain Jeopardy w/ Mann and Shreena Badami
11:35 PM - 11:50 PM	Review for next day
11:55 PM - 12:00 PM	Lights out at 12
Saturday, July 19, 2025 - Day Two	
8:00 AM - 8:30 AM	Wake-Up Call, Get excited for the day!
8:30 AM - 9:30 AM	Breakfast
9:30 AM - 9:40 AM	Jain Prayers
9:40 AM - 10:40 AM	Guess Who - Jain Edition w/ Reeva Gathani
10:40 AM - 11:00 AM	Group Picture
11:00 AM - 12:15 PM	Jain Skits w/ Mann Badami
12:30 PM - 1:30 PM	Lunch - Subway
1:35 PM - 2:50 PM	A Philosophical Argument to Vegetarianism w/ Adish Jain
2:50 PM - 3:00 PM	Prep for Field Day
3:05 PM - 3:45 PM	Relay Races w/ Adish Jain and Reeva Gathani
3:45 PM - 4:45 PM	Outdoor games (Cricket, Volleyball, Soccer, Football)
5:30 PM - 6:15 PM	Jain Shark Tank
6:15 PM - 7:00 PM	Making Jain Pasta w/ Chaitri Shah
7:00 PM - 8:00 PM	Dinner - Chaitri's Signature Pasta
8:05 PM - 9:15 PM	Jain Jubilee (14-20 w/ Abhinav Jain, 21+ w/ Adish Jain)
9:15 Onwards	Game Night + All Nighter + Free time!
Sunday, July 20, 2025- Day Three	
8:30 AM - 9:30 AM	Wake-Up Call, Pack, Breakfast
9:30 AM - 10:00 AM	Circle of Appreciation + Gratitude Jar
10:00 - 10:30 AM	Good byes

*Schedule is subject to change at the Regional Coordinators discretion*