



Sea Adventure Camp Packing List

The sun, weather, nature, and activities throughout a day at camp take a toll on all of us. To ensure you have the best time at camp, it is important you are prepared. Here is a list of things to get you through the day:

Clothing

- ☐ Close-toed shoes you are comfortable getting wet
- ☐ Bathing suit
- ☐ Lightweight and durable top
- ☐ Hat and sunglasses (lanyards suggested)
- ☐ Sweatshirt and sweatpants
- ☐ A change of clothes

On and After the Water

- ☐ Life jacket (provided at camp if you do not have one)
- ☐ Rain jacket or spray top
- ☐ Sunscreen
- ☐ Towel

Food and Water

- ☐ Reusable water bottle (filling stations at camp available)
- ☐ Lunch (full-day campers)
- ☐ Easy snacks for transition times
- ☐ Reusable containers for snacks and lunch as much as possible

Miscellaneous

- ☐ Epipen, medication, inhaler (if needed)
- ☐ White t-shirt (unless purchased through CISF) for Thursday Tie Dye
- ☐ ~ \$5 in cash for Friday Del's trip (not *Explorers* group)

What NOT to Bring

- ☐ Electronic devices (cell phones permitted for limited use)
- ☐ Clothes you mind getting dirty/wet