



Welcome to the First-Gen and Transfer Scholars Welcome!  
 We are excited to welcome you to UC Santa Barbara!

Below, you will find a schedule of the day's events.

<p><b>Resource Fair</b>  <b>Whalen Plaza <u>(2nd Floor</u></b>  <b><u>Patio near Entrance)</u></b>  <i>10 am - 12 pm</i></p>	<p><u>Participants:</u>          College of Creative Studies Advising          College of Letters &amp; Science Advising          Education Abroad Program/Capital          Internship Opportunities (UCDC, UCS)          Educational Opportunity Program          ONDAS Student Center          Resource Center for Sexual and Gender          Diversity          Tau Sigma Honor Society          Transfer Student Center          Tri-Alpha Honor Society</p>
<p><b>Research Opportunities Fair</b>  <b>McCune Library <u>(2nd Floor)</u></b>  <i>10 am - 12 pm</i></p>	<p><u>Participants:</u>          Center for Science and Engineering          Partnerships          Chicano Studies Institute          FUERTE          Marine Science Institute          McNair Scholars Program          Undergraduate Research and Creative          Studies</p>

Continue scrolling for the rest of the schedule!



<p><b>Research Opportunities Fair: Labs</b> <b><u>McCune Library (2nd Floor)</u></b> <i>10 am - 12 pm</i></p>	<p><b><u>Participants:</u></b> Anderegg Lab (EEMB) Moeller Lab (EEMB) Spatial Thinking Lab (PBS) Meta Labs (PBS) Sprague Lab (PBS)</p>
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### *Interactive Workshops:*

Room	Workshop & Time	Workshop & Time	Workshop & Time	Workshop & Time
<p>Henley Board Room (3rd Floor)</p>	<p><i>Let's Talk Basic Needs!</i> 10:15 am - 10:35 am</p>	<p><i>Let's Talk Basic Needs!</i> 10:40 am - 11 am</p>	<p><i>Why Should You Care About Office Hours Anyways?: A Practical Guide</i> 11:10 am - 11:30 am</p>	<p><i>Why Should You Care About Office Hours Anyways?: A Practical Guide</i> 11:35 am - 11:55 am</p>
<p>Haughton Living Room (3rd Floor)</p>	<p><i>Time Management with CLAS</i> 10:15 am - 10:35 am</p>	<p><i>Time Management with CLAS</i> 10:40 am - 11 am</p>	<p><i>Self-Care for the Busy Student</i> 11:10 am - 11:30 am</p>	<p><i>Self-Care for the Busy Student</i> 11:35 am - 11:55 am</p>



## *Workshop Descriptions:*

*Let's Talk Basic Needs!:* Connect with Thrive: Basic Needs to learn about on and off-campus resources such as food, housing, well-being, financial needs, and more! Participants will get a breakdown of all basic needs resources that are available to them and where resources can be accessed. Get informed and #KnowYourResources!

*Time Management with CLAS:* Come to this session to find out how to juggle the two major work rhythms of the quarter system. Participants will get to try out their own workflow planning abilities using real UCSB assignments and deadlines.

*Office Hours:* Drs. Gonzalez and Woods will talk about what office hours are for, and why students should consider utilizing them. Further, the instructors will advise on the best use of office hours, including recommendations of "good" questions to ask, when to go, and what to expect from office hours.

*Self-Care for the Busy Student:* College life is full of responsibilities and desires to experience the best of it. Sometimes it may feel like you don't have time for self-care. This Health & Wellness workshop will introduce simple self-care tips you can use daily to help manage your college life and beyond.

## *DEI Open House & CalFresh Enrollment:*

Stop by Office 2202 to learn more about the UCSB DEI (Diversity, Equity, & Inclusion) Office and what they do! You'll have the opportunity to learn about their Fall events and to sign up for CalFresh during the CalFresh Enrollment Party!

## *Table Topics & Networking with Mentors:*

Stop by Mellichamp Plaza (2nd Floor, off of Alumni Hall) to learn more about specific topics from UCSB First-Gen and/or Transfer faculty, staff, and graduate students! *Taking place 10 am - 12 pm.*



## Topics include:

- What are strategies for balancing academics, work, and fun?
- How do I get involved in campus life and student orgs?
- What can I do with my major after graduation? What does it mean to add a minor?
- What is research? What does it mean to be at a research university?
- How do I access cost-effective resources? (e.g. textbooks, food, printing, etc.)
- What do you wish you knew when you were in college?
- What is graduate school like? How can I prepare to apply?
- How do I make the most of my time at UCSB as a first-generation college student/transfer student?
- How to best utilize office hours at the UC level?

## *“Proud to be First-Gen” and “Proud to be a Transfer” Student Boards:*

Show your First-Gen and/or Transfer pride by adding to our “Proud to be First-Gen” and “Proud to be a Transfer” boards! Boards will be located in Alumni Hall (2nd Floor).

### *Questions:*

- "I'm proud to be a first-generation college student because..."
- "I'm proud to be a transfer student because..."

## *“Useful UCSB Knowledge” Slideshow:*

Check out the slideshow in Alumni Hall (2nd Floor) for explanations of common UCSB Lingo, tips for navigating the



campus, and to learn about Fall events hosted by the ONDAS and Transfer Student Centers!

### *Refreshments:*

Please stop by Alumni Hall (2nd Floor) for refreshments!

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### *Research Opportunities Fair Participant Information:*

McNair Scholars Program: *The McNair Scholars Program prepares qualified undergraduates for entrance to graduate programs in all fields of study. The goals of McNair are to increase the number of first-generation, low-income, and/or underrepresented students in doctoral programs, and ultimately, to diversify the faculty in colleges and universities across the country. Students will learn about eligibility and program requirements for the McNair Scholars Program. Students will also be provided with an overview of the various activities McNair Scholars participate in during the academic year and summer such as attending seminars and workshops on topics related to graduate school preparation, completing a research project under the guidance of a faculty mentor, and presenting their research at local, regional and national conferences. Finally, students can inquire about our upcoming fall quarter recruitment info sessions, which they can RSVP for on Shoreline.*

Chicano Studies Institute: *The Chicano Studies Institute at UC Santa Barbara facilitates interdisciplinary and field-specific research as scholars and students from all disciplines pursue work that helps policymakers, fellow researchers, educators, service providers,*



and the interested public better understand cultural and social justice issues engaged by U.S. Latina/o/x and Latin American communities. Addressing topics such as community formation, academic achievement, health education, cultural literacy, and math/science proficiency from a variety of disciplinary perspectives, the rich collaborations at the Institute cultivate a better understanding regarding the ways that local, state-wide, national, and international forces interact, often times with profound impact. Of crucial importance is the Institute's role in training future generations of scholars equipped to tackle these fundamentally important issues.

Undergraduate Research & Creative Activities (URCA): Developed as a resource to help guide students towards experiential education opportunities, the Undergraduate Research and Creative Activities (URCA) office seeks to enhance undergraduates' time at UCSB through participation in research and creative activities. Students can learn about the different funding opportunities and programs available to help them get involved in research.

Center for Science and Engineering Partnerships: CSEP offers a range of programs from a two-week summer introduction to research for incoming freshmen to early research exposure for lower and upper-division students. CSEP provides opportunities for students to develop research projects under the mentorship of faculty, postdoctoral scholars, and graduate student researchers. Participants actively engage in the scientific community through organized social/networking opportunities and professional development workshops.

FUERTE: FUERTE is a 3-year long program designed to develop the skills you need for a career in conservation and environmental sciences -- specifically involving fieldwork when doing the research. This program provides students with hands-on research opportunities, and funds students during a summer research experience with a UCSB research lab in year 1 and during an internship with a non-academic group, in order to explore career options, in year 3. To learn more visit [fuerte.eemb.ucsb.edu](http://fuerte.eemb.ucsb.edu) or follow us on Instagram (@fuerte.ucsb).



*Marine Science Institute:* *The Marine Science Institute is the focus for marine, coastal zone, and freshwater research; marine policy studies; and educational outreach in marine science. MSI administers and supports research projects involving faculty, professional researchers, technical staff, graduate students, and undergraduate students from 14 disciplines.*

*Research Labs:*

*Anderegg Lab:* *We are interested in how tissue- and plant-level physiology scales up to population dynamics, ecosystem dynamics, and global water and carbon fluxes. Our research explores how leaf-level plant phenomena scale up using a combination of leaf level, plot level, and satellite data. Our goal is to help guide proactive resource management to foster resilient ecosystems in a rapidly changing world.*

*Moeller Lab:* *The Moeller Lab studies acquired metabolism. Examples of acquired metabolism surround us: bacteria gain antibiotic resistance by incorporating DNA from their environment; corals gain the capacity to turn sunlight into energy by incorporating algal endosymbionts. Even we humans, with our vast complement of gut microbiota, benefit by playing temporary host to other metabolisms.*

*Spatial Thinking:* *In the Spatial Thinking lab at the University of California, Santa Barbara, we are interested in spatial thinking very generally, from how people mentally represent the locations of objects in space and the location of the self in the environment to how people use spatial representations to think about non-spatial entities. We use a variety of methods in our research, including analysis of individual differences, eye tracking, fMRI, and use of virtual environment technology as well as more traditional experimental methods in cognitive psychology.*

*META Lab:* *Combining empirical, philosophical, and contemplative traditions, the META lab addresses broad questions that cross traditional disciplinary boundaries. Topics include Meta-awareness, Mind-wandering, Mindfulness, Creativity, Belief in free will, Verbal Overshadowing, Meta-science, The decline effect, Anomalous cognition, and Metaphysics of science.*



*Sprague Lab: In the Perception, Cognition, and Action Lab (PCA Lab), we seek to understand how the brain encodes and transforms neural representations of sensory information in service of dynamic behavioral demands. Sometimes different parts of the same scene are more important than others – we may be looking for a friend in the park, or instead watching birds. How do neural representations of an identical scene differ based on our current goals and actions? We tackle this problem with a multi-pronged approach: we design tasks probing different types of visual cognition – such as visual attention, working memory, and decision-making – while quantifying neural representations of stimulus features using computational neuroimaging techniques applied to complementary neural measurements, including fMRI and EEG. Our hope is to better understand how the healthy human brain functions in carefully-controlled situations. We believe this will lead to new avenues for improving normal cognitive function, as well as novel targets for diagnosing and treating psychiatric and neurological conditions which impact visual cognition, including Schizophrenia, autism, Alzheimer's disease, and generalized anxiety disorder.*



## Moshier Alumni House Map:

