Commercial Use Roku Device Set-up

**Using the Studio SWEAT onDemand screen-Saver Slide Show**
As long as the Studio SWEAT onDemand (SSoD) ROKU app is open the screen-saver will automatically play on a loop anytime the app has been inactive for over 10 minutes. For best engagement always keep the SSoD ROKU app open on your TV or Projector.

General Roku Set-up
1. Plug your ROKU into the HDMI Input of your choice on your TV *(make sure to note this for the instructions, incase the input gets changed everyone knows what one to use to get the roku back)*
2. Plug your ROKU into the wall so it has power
3. Once your ROKU is connected *(should auto-launch once plugged in and on the correct input)* Walk through the steps prompted to link your ROKU to your Account.
4. Select a username for your Roku Account *(we suggest using the same one as your SSoD if possible)*
5. Roku has added a credit card requirement, however you can remove it once you've completed the process. Enter a CC number and then follow the steps here afterwards. Go to https://my.roku.com/payment/account, login, then they put the option to remove way down at the bottom. We also suggest using your business address.
6. Select the required Pin for any apps purchased
7. Select Pin
8. Name your Device, we suggest after the Room it is in, as you will need this to access the Auto Scheduler
9. When 'add channel' options come up. Make sure to unselect the green boxes. *This will save you from having to remove them later via the remote*
10. Once your ROKU is completed being set-up, install your SSoD App/Channel *(below)*

Install the Studio SWEAT onDemand app

1. Turn on your Roku device
2. Select "Add channels" - search for "Studio SWEAT onDemand" and add the app (it should look like the image below).
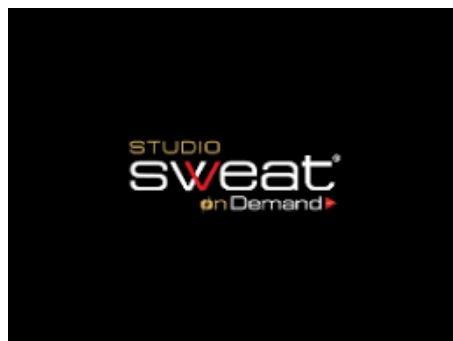
3. Open the Studio SWEAT onDemand app and use your existing credentials to sign in.
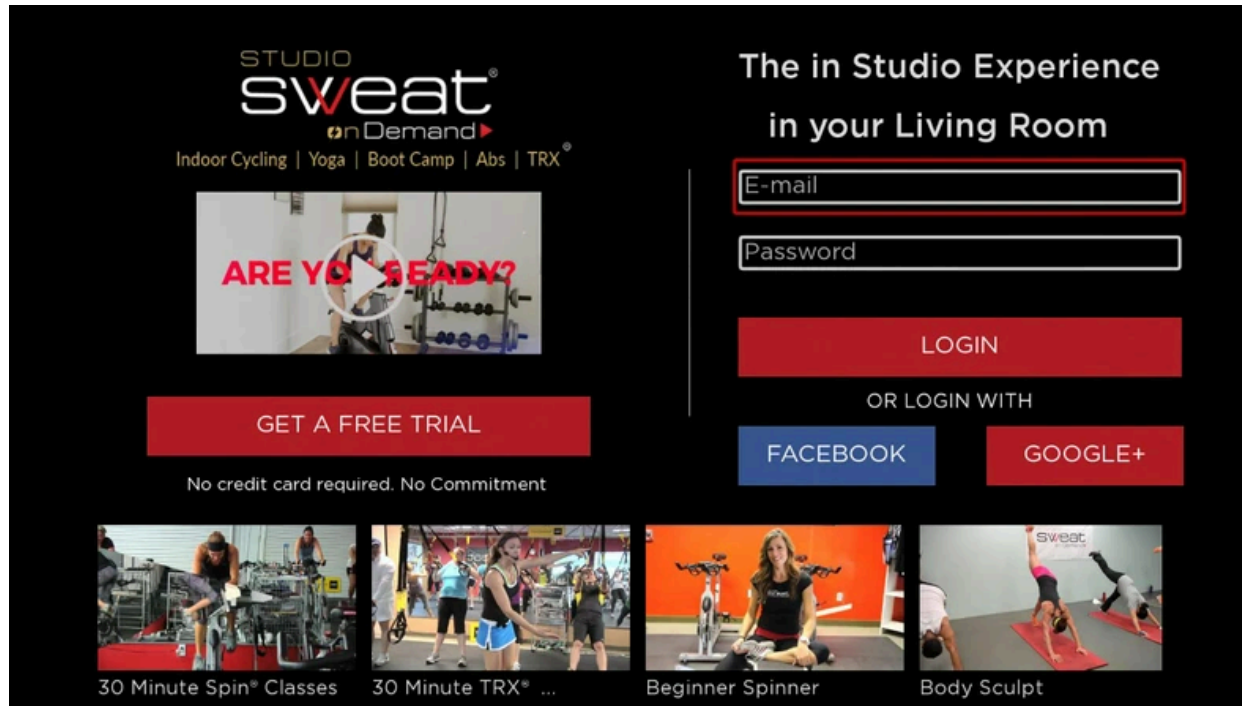
4. If you've already set-up a ROKU device through your [SSoD commercial dashboard](#) you might be prompted to link that to the current ROKU you're using. If so, you can select the device you'd like to use.

SSOD Screensaver - Making sure the Studio SWEAT onDemand app is always being promoted to members (ONLY USE IF YOU AREN'T SCHEDULING CLASSES):

1. Once the Studio SWEAT onDemand app is downloaded, go to "Add Channels" then scroll to "Search" on your Roku device and type in "SSOD" - the screensaver below should appear.
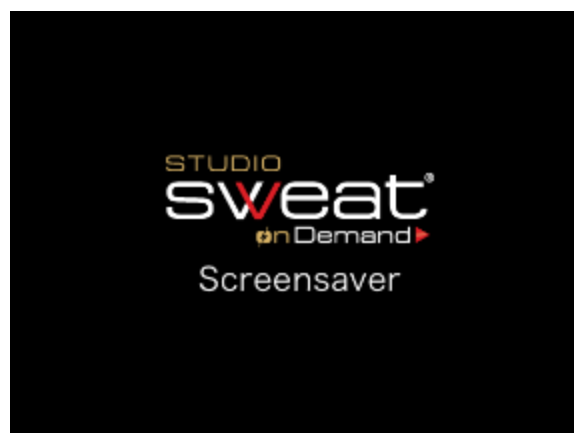
2. On that same screen, scroll to "Set as Screensaver"
3. Click the "Home" button, go to "settings", scroll to "theme" and select the right arrow, scroll down to "screensaver start time" and select 1 minute.

4. This screensaver will appear after 1 minute of inactivity to make sure members are still seeing this service being offered!

Remove all other apps from the Roku home screen if you did not already during general set-up
1. Select Apps you want to remove
2. Hit * on your remote
3. Select Remove
4. Repeat until only the SSoD Remains

Moving a channel on your ROKU TV Display:
We always suggest removing all app channels except the Studio SWEAT onDemand app. See how to do that above.

1. Next select the Studio SWEAT onDemand icon from your channel list, but do not open it.
2. Select the * button on your remote and then the arrows to move the Studio SWEAT onDemand icon to be the first icon displayed

Hide Featured Apps:
Since you don't want a cluttered display you'll want to remove Featured Apps so

1. Using your remote, go to Settings
2. Select Home Screen
3. Select Featured Free
4. Change the setting to check the option "Hide"
5. Repeat the same steps as above for all other options on the Home Screen page
6. Under Shortcuts also uncheck "Add Channels" and "TV Off"

Registering your Device with your SSoD Account to activate Auto-Scheduling
1. Login to your SSoD Commercial Account on your computer or tablet
2. Use this link to access the class scheduler. We also suggest that you bookmark the link
3. Click on Class Scheduler
4. Click on Add a Device
5. Name your ROKU device. *We suggest using the same name you have it under your Roku account, so you can add more rooms in the future. Also use the room name that the ROKU is in. For example, "Cycling Room" or "Studio A".*
6. Select the device you just added as the default by selecting the "Make Default" button for the device/room you will use the most. If there is only one, the choice is easy!
7. Go to the ROKU on your TV and exit the SSoD app, then re-open it. It should ask you to link the device you added in the steps above. If not, with the app open scroll on the left side to "Link Device" where it provides a list of registered devices. Pick the one that is appropriate for that TV. To unlink that device, scroll down on the left side to the "Unlink" button with the app open to unlink a device from your SSoD set-up..

Using the Class Schedule Feature
To schedule Studio SWEAT onDemand classes to auto-launch please follow the steps below. If you are trying to play a scheduled class within 2 hours of scheduling the class from your desktop, you will need to scroll on the left-hand side bar to "Fetch Scheduled Classes" - this will pull any scheduled classes into the queue to be played.

To use the class auto-launch, make sure to turn off the TV screensaver as well.
Many TVs have features where they fall asleep after x minutes of inactivity. You will want to make sure that your TV is NOT set to fall asleep or turn off automatically if you want the screensaver to run or if you want to use the "Auto-Play" class feature because we cannot control things outside of our app.

If your TV displays a "demo" on the home screen, it is most likely in "store mode" or "display mode". To turn this feature off:
1. Go to the Home screen
2. Select "Settings"
3. Select "System"
4. Select "Store Settings"
5. Uncheck the box that mentions "Show Store Marketing Messages"

Troubleshooting
If any issue to ever appear:
1. Check to make sure you are logged in with the correct username
2. Log out and log back in
3. Make sure you are on the Studio SWEAT onDemand app

To play a class:
1. Make sure your TV or projector is powered on
2. Grab the black Roku remote
3. Select the "Home" button and the app icons will appear. If you don't see this, please check that you're on the right input for your Roku.
4. Select the Studio SWEAT onDemand app icon
5. Select a class from the home page, or filter classes through the "Workout Channels" option on the left side.
6. Click "Play" to begin your workout!

Pre-schedule Classes:

1. Go to class library and select a class
2. On the right, click on "Add to Schedule" calendar icon
3. Select the device, date & time
4. Schedule Class
5. Go back to the Class Scheduler section & select the calendar icon for the device to confirm the class has been successfully scheduled

Duplicate a SIMILAR Class

1. My account > Class Scheduler
2. Select a device and click on the calendar icon
3. Select a class and click on the duplicate SIMILAR icon - **this will automatically populate classes that are of similar length and category.**
4. Add the classes to the calendar

Repeat SAME Class

5. My account > Class Scheduler
6. Select a device and click on the calendar icon
7. Select a class and click on the duplicate SAME icon - **this will allow you to repeat the same exact class hourly, daily, weekly, or you can customize where it goes on your calendar.**
8. Add the classes to the calendar

Customizing Workout Channels Per Room/Device:

1. My account > Class Scheduler
2. Select a device and click on the drop down menu icon
3. Uncheck/Check the class categories
4. Save
5. Test with the ROKU

Other Great Features with Roku

1. [Using Headphones for Private Listening](#)
2. [Other FAQs](#)

To begin a Studio SWEAT onDemand workout:

1. Make sure the TV or projector is powered on

2. Grab the small black ROKU remote

3. Select the Roku Home button

4. Select the Studio SWEAT onDemand app icon & hit OK

5. Using the navigation arrows, scroll to choose a class or use the filter system to find a specific class!

6. Click OK to begin your workout!

7. See you again, soon!
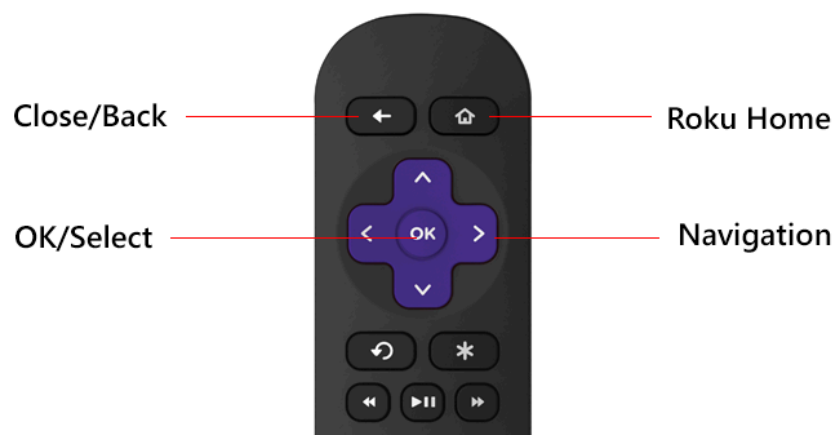
If your app shows the login screen or you are experiencing any issues - please contact the front desk or program administrator for assistance.