

Suggested 504 Accommodations for Students with ADHD

Classroom & Instruction

- Preferential seating (near teacher, away from distractions)
- Clear, concise instructions (verbal and written)
- Frequent check-ins to ensure understanding
- Break long tasks into smaller, manageable steps
- Use of visual schedules, planners, or checklists

Testing & Assignments

- Extended time on tests and assignments
- Reduced-distraction or quiet testing environment
- Ability to take tests in shorter segments or with breaks
- Allow use of technology (keyboard, speech-to-text, calculator where appropriate)
- Alternative formats (oral testing, multiple choice instead of essay, etc.)

Organization & Materials

- Extra set of textbooks/materials at home
- Assistance with organizing binders, folders, or digital platforms
- Teacher monitoring of assignment notebook or digital planner
- Color-coding for subjects and materials

Attention & Behavior Support

- Scheduled breaks to stand, stretch, or walk
- Access to fidget tools or seating options (wobble chair, cushion, etc.)
- Cueing system (discreet signals to redirect attention)
- Positive reinforcement and structured behavior supports

Homework & Home-School Communication

- Adjusted homework load (reduce repetition when mastery is shown)
- Clear communication of assignments (posted online or emailed home)
- Daily or weekly progress reports between school and parents