

TACO TWIST



OVEN - 350 degrees F

Greased 6 x 10 - inch baking dish

Bake 30 minutes

TIPS: I substituted nonfat plain Greek yogurt for the sour cream. I omitted the green peppers and used gluten free brown rice & quinoa Fusilli for the macaroni.

Ingredients

- 1 lb. ground beef
- 1 pkg taco seasoning mix
- 1 (8 oz) can tomato sauce
- ¼ cup chopped green pepper
- 3 cups (8 oz) corkscrew macaroni, cooked/drained
- 1 cup (4 oz) shredded cheddar cheese
- ½ cup sour cream

● Preparation

1. Cook macaroni according to pkg directions; drain
2. Brown ground beef in large skillet; drain
3. Stir in seasoning mix, tomato sauce, and green peppers.
4. Bring to a boil and remove from heat.
5. Combine the cooked macaroni, ½ cup cheese, and sour cream..
6. Place the macaroni mixture on the bottom of a 6 x 10 - inch baking dish that has been greased or sprayed for easy cleanup.
7. Top with meat mixture and remaining cheese.
8. Bake at 350 degrees F. for 30 minutes.