

## **SUICIDE & CRISIS**

- 988 or (800) 273-TALK (8255)
- (888) 628-9454 (en Español)
- [988lifeline.org](https://988lifeline.org)

## **STAR VISTA CRISIS SERVICES**

- Hotline/Youth SOS: (650) 579-0350
- Web chat: [www.sanmateocrisis.org](https://www.sanmateocrisis.org)
- Text chat: (650) 747-6463, Mon-Thu 4:30-9:30PM
- IG: @sanmateocrisis

## **PSYCHIATRIC EMERGENCY SERVICES**

San Mateo Medical Center

222 West 39th Ave

San Mateo, CA, 94403

(650) 573-2662

Mills-Peninsula Medical Center

1501 Trousdale Drive

Burlingame, CA 94010

(650) 696-5915

## **SMC CHILD ABUSE REPORTING HOTLINE**

(650) 802-7922 or (800) 632-4615

**CPS Fax** - (650) 592-2289

## **BHRS THERAPIST OF THE DAY (YOUTH UNDER AGE 18)**

(650) 301-8650

## **FAMILY URGENT RESPONSE SYSTEM (FURS)**

Support for youth in foster care

(888) 939-3877

cal-furs.org

**CHILD AND ADOLESCENT SEXUAL ABUSE RESOURCE CENTER (CASARC)**

(415) 206-8386

Provides 24 hour/day assistance to victims of sexual abuse and their families.

**SAN FRANCISCO SUICIDE PREVENTION LINE**

(415) 781-0500

Telephone counseling and referral for depressed and suicidal folx. Information and referral available 24 hours a day.

**TALK LINE**

(415) 441-KIDS (5437)

For parents who are having trouble coping and feel at risk of abusing their children