

Thank you all for coming, being vaccinated & boosted, and wearing face masks at the Lake City Contra Dance last Thursday night! Hope you enjoyed it as much as I did!

Here's the follow-up request:

IF any of you show possible symptoms of Covid-19 (within 3-7 days of the dance), get tested! PLEASE let me know, especially if you get a positive test result. I would alert the other attendees, but would not reveal your identity.

It would also be helpful to know if you had symptoms and tested negative. If you have had symptoms (*with a positive or a negative test*), please indicate how soon symptoms appeared, how severe they were, and how long they lasted. (Any symptoms would not indicate where you were exposed; it could have been somewhere else, before or after the dance.)

Possible symptoms: fever or chills; cough; shortness of breath; fatigue; muscle or body aches*; headache; sore throat; new loss of taste or smell; flu-like respiratory or digestive problems.

** Those of us who danced had a good workout, and some resultant achy muscles would not be a surprise. However, overall body aches & fatigue accompanied by other symptoms would be a concern.*

You can view video clips from the dances on the Lake City Contra YouTube channel (playlists organized by year):

<https://www.youtube.com/playlist?list=PL7SoYGpHqfzGL8fsdyeOiOGLcCIKh1024>

Feel free to share those links!