Ms. Katherine M. Curran, Esq.
President & Chief Executive Officer

Dr. Jennifer Cohen, M.D.
Chief Medical Officer

CIFC Health

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Board Chair

Parents and Guardians of Brookfield High School students,

Hi and Welcome! My name is Samantha Mei, LCSW. I want to introduce myself as the therapist at the School Based Health Center (SBHC) at Brookfield High School. I am located across from the main office of BHS. The School-Based Health Center operates as an independent health care provider, though we work closely with the student, family, and school staff when agreed upon and needed.

A little about me: I've provided support to people of all ages in a various settings including residential, in-home, and individual therapy. For the last five years, I have focused my experience working directly with adolescents and their families. I am passionate about supporting students' emotional and social well-being, which is crucial to their academic success. My goal is to create an inclusive environment where each individual feels valued, heard and understood.

Reasons why your child might engage in therapy at SBHC: Your child is experiencing high levels of stress that seems to impact all aspects of daily living. Your child is experiencing interpersonal stressors (friend, family, etc.). Your child is reporting high levels of anxiety and/or depression. If you're unsure, feel free to reach out and we can discuss further.

When will your child be seen? Students are seen during the school day and can be pulled from classes such as study hall, ILT and lunch. Of course, if your child is experiencing an in-the-moment crisis, they can ask to be seen for support.

If you are on a waitlist or are having difficulty finding an outside therapist, please consider using our services. This can be a great service to use, especially for students who have busy lives outside of school.

If you are interested in learning more, please contact us at our office at (475) 290-1600. You can also email me at Meis@cifc.org
We look forward to getting to know you and your child this 25-26 school year!

Thank you,
Samantha Mei, LCSW
(475) 290-1600
Meis@cifc.org