

Lake Oswego SD - Middle School Menu - November 2025

wk1	10/27	10/28	10/29	10/30	10/31
Breakfast	Belgian Cinnamon Waffle	Sausage & Cheese Bagel Melt	NEW Ghost Parfait	No School	No School
Lunch	Comfort Chicken Drumstick Mashed Bowl & Garlic Bread PNW Kickin Vegan Patty Burger	Creamy Mac & Cheese w/ Steamed Veggies Crunchy Vegan Tacos	NEW Ghost Pizza (French Bread) Ultimate Vegan Burrito Dessert: Dirty Pudding		
wk2	11/3	11/4	11/5	11/6	11/7
Breakfast	Warm Cinnamon Roll	Loaded Breakfast Bagel w/Bacon, Egg & Cheese	Brunch Burrito with Eggs, Potatoes & Cheese	Breakfast Trio: Waffles w/Bacon & Hashbrowns	Strawberry Blast Smoothie
Lunch	Chicken Burrito with Mexican PNW Kickin Vegan Patty Burger	Brunch for Lunch - French Toast, Sausage & Hash Browns Crunchy Vegan Tacos	Cheesy Pull-Apart Breadsticks w/Jojos Ultimate Vegan Burrito	Crispy Chicken Nuggets & Garlic Bread Tasty Rice & Beans Bowl	Tonkatsu Ramen with Egg PNW Kickin' Vegan Tenders
wk3	11/10	11/11	11/12	11/13	11/14
Breakfast	Belgian Cinnamon Waffle	No School - Veterans Day	Sausage Pancake Bites w/Hashbrown	French Toast Stix & Sizzlin Sausage	Belgian Waffle Parfait
Lunch	NEW: Breakfast Bowl - Eggs, Bacon, Potatoes, Cheddar and Biscuit PNW Kickin Vegan Patty Burger		Orange Chicken with Rice OTA Tofu w/Orange Sauce, Rice & Steamed Broccoli	Sourdough Grilled Cheese w/Jojos Tasty Rice & Beans Bowl	Chicken with Mashed Potatoes & Garlic Bread PNW Kickin' Vegan Tenders Dessert: Pickled Cucumber Sorbet by Salt & Straw
wk4	11/17	11/18	11/19	11/20	11/21
Breakfast	Warm Cinnamon Roll	Loaded Breakfast Bagel w/Bacon, Egg & Cheese	Brunch Burrito with Eggs, Potatoes & Cheese	Breakfast Trio: Waffles w/Bacon & Hashbrowns	No School
Lunch	Classic Italian Pasta w/Marinara Meatballs & Garlic Bread PNW Kickin Vegan Patty Burger	Chicken & Waffles with Hashbrowns Crunchy Vegan Tacos	Hot Dog with Tots Ultimate Vegan Burrito	Loaded Cheesy Nachos Tasty Rice & Beans Bowl	
wk1	11/24	11/25	11/26	11/27	11/28
Breakfast	No School	No School	No School	No School	No School
Lunch					

<p>Meal Prices Breakfast - \$3.25 Lunch - \$4.75 Second Meals - \$3.00 Adult & Staff - \$5.50 Milk - \$0.75</p>	<p>Salad bar available daily with fresh fruits & vegetables. Organic produce can be found on our salad bars weekly. Check SchoolCafe for more details Green - Vegan/Vegetarian/Plant Based Chocolate Fat Free Milk and Milk 1% offer daily during lunch. Milk Fat Free offered during breakfast All items are subject to availability. For more information contact us at nutrition@loswego.k12.or.us</p> <p>Weekly Lunch Entrees include: Cheeseburger, LO Homemade Pizza, PB&J Uncrustables - Daily Chicken Burgers, Corn Dog (Monday, Wednesday, Friday) Chicken Tenders, Spicy Chicken Burgers (Tuesday, Thursdays)</p> <p>Daily Breakfast Entree options include - Cinnamon Crisp or Campfire Smore's Soft Baked Bars, Whole Grain Reduced Sugar Cereal, Breakfast Bread Slices, Yogurt, and Mini Cinni.</p> <p>This institution is an equal opportunity provider</p>
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