## **CATCH-UP FRIDAYS TEACHING GUIDE**

(FOR VALUES, PEACE, AND HEALTH ED)

Catch-up Subject:	Peace Education		Grade	7
	Peace Education		Level:	
Quarterly Theme:	Community Awareness (refer to Enclosure No. 3 of DM 001, s. 2024, Quarter 3)		Date:	February 23, 2024
Sub-theme:	Compassion: Promoting Sustainable Development		Duration:	70 mins (time allotment as per DO 21, s. 2019)
	(refer to Enclosure No. 3 of DM 001, s. 2024, Quarter 3)			,
Session	By the end of the lesson, students will		Subject	English-Reading
Objectives:	understand the importance of compassion in		and	(schedule as per
	promoting sustainable dev	elopment within	Time:	existing Class Program)
	their community.			
References:	K to 12 Basic Educati	ion Curriculum		
Materials:	<u> </u>			
Lesson Proper	Duration	Activities		
	5 minutes	"compassion" me the discussion to making a positive	eans. Encour the idea of re impact on	at they think the word rage responses and guide caring for others and their lives. Emphasize derstanding and helping
	10 minutes	student. Instruction for someone everyone has writereate a chain by	n": Provide st t them to wr else on their itten their ac y linking the crates how sr	rips of paper to each ite one kind act they can strip of paper. Once it of kindness, help them ir strips together. This mall acts of compassion is impact.
	8 minutes	Multimedia Exploration Show a short video or series of images depicting acts of compassion and sustainable development within communities. Discuss with the students what they observe and how these actions contribute to making the world a better place.		
	8 minutes	with discussion video/presentati thoughts on how	into small gr questions re ion. Encoura v compassior d ways they o	roups and provide them lated to the ge them to share their n can drive sustainable can contribute to their

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Divide the class into small groups and assign each group a specific theme related to compassion and sustainable development (e.g., helping the environment, caring for animals, supporting community members in need). Provide prompts to guide their discussion, such as:  • What are some ways we can show compassion toward this theme? • Why is it important to care for this aspect of our community? • How can our actions contribute to sustainable development in this area?  Sample Activities per Theme: Teachers may choose one activity from the following options based on the assigned theme: • Role-playing: Act out scenarios where students demonstrate compassion toward the chosen theme (e.g., rescuing a stray animal, planting trees). • Hands-on Activities: Engage students in practical tasks related to the theme, such as cleaning up a local park or creating bird feeders for wildlife. • Creative Activities: Allow students to express their ideas through art by making posters, writing slogans, or composing jingles related to the theme. • Interactive Activities: Facilitate group discussions or debates on how to address challenges related to the theme within the community.  Class Reflection  2 minutes  Class Reflection  2 minutes  Bring the class back together and invite each group to share one key insight or idea from their discussion. Encourage students to listen attentively and reflect on the perspectives shared by their peers.  Summarize the importance of compassion in promoting sustainable development within the community. Assign students to think of one new way they can show compassion toward others or the environment and write it down as their homework assignment.  Materials Needed:  • Strips of paper • Art supplies (if applicable) • Multimedia resources (video/images) • Group discussion prompts		1		
to share one key insight or idea from their discussion. Encourage students to listen attentively and reflect on the perspectives shared by their peers.  Conclusion and Homework Assignment  2 minutes  Summarize the importance of compassion in promoting sustainable development within the community. Assign students to think of one new way they can show compassion toward others or the environment and write it down as their homework assignment.  Materials Needed:  • Strips of paper  • Art supplies (if applicable)  • Multimedia resources (video/images)		5 minutes per group	group a specific theme related to compassion and sustainable development (e.g., helping the environment, caring for animals, supporting community members in need). Provide prompts to guide their discussion, such as:  • What are some ways we can show compassion toward this theme?  • Why is it important to care for this aspect of our community?  • How can our actions contribute to sustainable development in this area?  Sample Activities per Theme:  Teachers may choose one activity from the following options based on the assigned theme:  • Role-playing: Act out scenarios where students demonstrate compassion toward the chosen theme (e.g., rescuing a stray animal, planting trees).  • Hands-on Activities: Engage students in practical tasks related to the theme, such as cleaning up a local park or creating bird feeders for wildlife.  • Creative Activities: Allow students to express their ideas through art by making posters, writing slogans, or composing jingles related to the theme.  • Interactive Activities: Facilitate group discussions or debates on how to address challenges related to the theme within the	
Homework Assignment  promoting sustainable development within the community. Assign students to think of one new way they can show compassion toward others or the environment and write it down as their homework assignment.  Materials Needed:  Strips of paper  Art supplies (if applicable)  Multimedia resources (video/images)	Class Reflection	2 minutes	to share one key insight or idea from their discussion. Encourage students to listen attentively and reflect	
<ul> <li>Strips of paper</li> <li>Art supplies (if applicable)</li> <li>Multimedia resources (video/images)</li> </ul>	Homework	2 minutes	promoting sustainable development within the community. Assign students to think of one new way they can show compassion toward others or the environment and write it down as their homework assignment.	
			<ul> <li>Strips of paper</li> <li>Art supplies (if applicable)</li> <li>Multimedia resources (video/images)</li> </ul>	

Prepared By:

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Teacher I

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Recommending Approval: Approved:

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