## SMAA 2022 All-Conference Cross-Country team

## **Boys**

$1^{st}$	tea	m
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Adam Bendetson Senior Scarborough High School Nathan Blades Junior Portland High School Kennebunk High School Flynn Crean Senior Maddox Jordan Junior **Noble High School** Xavier Lemieux Junior Bonny Eagle High School Portland High School **Benjamin Prestes** Junior Miles Woodbury Senior Falmouth High School

## 2<sup>nd</sup> team

Nate Driscoll Senior Scarborough High School Harrison Dunne Sophomore Bonny Eagle High School Tvler Gilbert Junior Bonny Eagle High School Ethan Keller Sophomore Scarborough High School Sebastian Shields Junior Thornton Academy Tyler Shumate Senior **Biddeford High School Fvan Small** Sophomore South Portland High School

#### **Honorable Mention**

Sam Anderson Junior Deering High School Fletcher Crean Senior Kennebunk High School Portland High School Jason Hargesheimer Junior **Kyle Hartford** Senior South Portland High School Nicholas Koziell Sophomore Scarborough High School Danny McCartney Junior Cheverus High School Aidan Pecoraro Senior Westbrook High School Henri Rivard Freshman Marshwood High School Ian Sampson Senior Massabesic High School Sanford High School **Gregg Watermann** Junior Windham High School **Andrew Young** Sophomore

#### All-Academic

Ellie Fournier **Biddeford High School** Justice Taylor **Biddeford High School** Ethan Kane Bonny Eagle High School **Lucas Richards** Deering High School Logan Fortier Falmouth High School Jacob Lu Falmouth High School Isaac Seeker Falmouth High School Miles Woodbury Falmouth High School Lucien Beardsley Gorham High School Flynn Crean Kennebunk High School

Samuel Marquis Hayden Sawyer Mitchell Vlcek Nathan Dallaire Jack Lee Isaiah Slater Owen Lynch **Danile Niles** Gavin Cote Joseph Cotta Nathan Driscoll **Ethan Reynolds** Alec Campbell **Kyle Hartford** Leo Lomangino Jack Nickerson Jack Smart **Emmons Whited** Cody Donovan Jack Nussbaum Bryce Baker Aidan Pecoraro **Roman Thomas** 

Kennebunk High School Marshwood High School Marshwood High School Massabesic High School Massabesic High School Noble High School Portland High School Portland High School Scarborough High School Scarborough High School Scarborough High School Scarborough High School South Portland High School

Thornton Academy
Thornton Academy
Westbrook High School
Westbrook High School
Windham High School

# Will to Win Award

Alec Campbell Senior South Portland High School
Ambrose McCullough Junior Cheverus High School

# Runner of the Year

Nathan Blades Junior Portland High School

# **Coaches of the Year**

TJ Hesler Bonny Eagle High School
Kevin Woodhouse Portland High School

Girls
1st team
Annabelle Brooks
Senior

Cheverus High School Gwen Catalano Senior Bonny Eagle High School Allie Hesler Junior Bonny Eagle High School Samantha Moore Portland High School Sophomore Addy Thibodeau Bonny Eagle High School Junior Marina Violette Freshman Bonny Eagle High School Kallie Warner Junior Bonny Eagle High School

# 2<sup>nd</sup> team

Ava Chadbourne Sophomore Portland High School **Rita Cummings** Junior Gorham High School Addie Fuller Senior Marshwood High School Maeve Ginevan Sophomore Falmouth High School Sarah McClellan Junior Marshwood High School Winni Moreland Freshman Gorham High School **Bailey Shaw** Freshman Bonny Eagle High School

### **Honorable Mention**

Teagan Barry Senior Falmouth High School Tenley Flint Senior Portland High School Megan Garber Sophomore Westbrook High School Maya Judice Senior Thornton Academy Lilly Knappe Senior Kennebunk High School Iris McCain Junior Deering High School Kyleigh Record Junior Scarborough High School Elise Schultz Senior Windham High School **Emma Tessier** Senior Marshwood High School Sophie Therrien Sophomore Sanford High School

### **All-Academic**

Gwendolyn Catalano Bonny Eagle High School Cadence Howard Bonny Eagle High School Sydney Tuplin Bonny Eagle High School Annabelle Brooks Cheverus High School **Aysel Hamlin** Cheverus High School Shukri Ukash **Deering High School Rachel Cummings** Gorham High School Gorham High School Grace Johnson Falmouth High School Fiona Hanrahan Sarah Barry Kennebunk High School Jet Francis Kennebunk High School Kennebunk High School **Delaney Grant** Lilly Knappe Kennebunk High School Cassandra Mackenzie Kennebunk High School Daniella Aceto Marshwood High School Maggie Chamberlain Marshwood High School Addie Fuller Marshwood High School **Emma Tessier** Marshwood High School Nela Jankurova Massabesic High School Ashley Fecteau **Noble High School** 

Portland High School

Tenley Flint

**Greta Holmes** Portland High School Molly Neuner Portland High School Rose Dinh Thornton Academy Nora Hill Thornton Academy Maya Judice Thornton Academy Ella Marston **Thornton Academy** Delana Perkins Windham High School Elise Schultz Windham High School

Will to Win Award

Elizabeth Bearce Sophomore Windham High School
Gwen Catalano Senior Bonny Eagle High school
Maezy Gleason Junior Scarborough High School
Delaney Grant Senior Kennebunk High School

Runner of the Year

Addy Thibodeau Junior Bonny Eagle High School

Coaches of the Year

Jorma Kurry Falmouth High School
Danny Paul Falmouth High School