

SMAA 2022 All-Conference Cross-Country team

Boys

1st team

Adam Bendetson	Senior	Scarborough High School
Nathan Blades	Junior	Portland High School
Flynn Crean	Senior	Kennebunk High School
Maddox Jordan	Junior	Noble High School
Xavier Lemieux	Junior	Bonny Eagle High School
Benjamin Prestes	Junior	Portland High School
Miles Woodbury	Senior	Falmouth High School

2nd team

Nate Driscoll	Senior	Scarborough High School
Harrison Dunne	Sophomore	Bonny Eagle High School
Tyler Gilbert	Junior	Bonny Eagle High School
Ethan Keller	Sophomore	Scarborough High School
Sebastian Shields	Junior	Thornton Academy
Tyler Shumate	Senior	Biddeford High School
Evan Small	Sophomore	South Portland High School

Honorable Mention

Sam Anderson	Junior	Deering High School
Fletcher Crean	Senior	Kennebunk High School
Jason Hargesheimer	Junior	Portland High School
Kyle Hartford	Senior	South Portland High School
Nicholas Koziell	Sophomore	Scarborough High School
Danny McCartney	Junior	Cheverus High School
Aidan Pecoraro	Senior	Westbrook High School
Henri Rivard	Freshman	Marshwood High School
Ian Sampson	Senior	Massabesic High School
Gregg Watermann	Junior	Sanford High School
Andrew Young	Sophomore	Windham High School

All-Academic

Ellie Fournier	Biddeford High School
Justice Taylor	Biddeford High School
Ethan Kane	Bonny Eagle High School
Lucas Richards	Deering High School
Logan Fortier	Falmouth High School
Jacob Lu	Falmouth High School
Isaac Seeker	Falmouth High School
Miles Woodbury	Falmouth High School
Lucien Beardsley	Gorham High School
Flynn Crean	Kennebunk High School

Samuel Marquis
Hayden Sawyer
Mitchell Vlcek
Nathan Dallaire
Jack Lee
Isaiah Slater
Owen Lynch
Danile Niles
Gavin Cote
Joseph Cotta
Nathan Driscoll
Ethan Reynolds
Alec Campbell
Kyle Hartford
Leo Lomangino
Jack Nickerson
Jack Smart
Emmons Whited
Cody Donovan
Jack Nussbaum
Bryce Baker
Aidan Pecoraro
Roman Thomas

Kennebunk High School
Marshwood High School
Marshwood High School
Massabesic High School
Massabesic High School
Noble High School
Portland High School
Portland High School
Scarborough High School
Scarborough High School
Scarborough High School
Scarborough High School
South Portland High School
South Portland High School
South Portland High School
South Portland High School
South Portland High School
South Portland High School
Thornton Academy
Thornton Academy
Westbrook High School
Westbrook High School
Windham High School

Will to Win Award

Alec Campbell
Ambrose McCullough

Senior
Junior

South Portland High School
Cheverus High School

Runner of the Year

Nathan Blades

Junior

Portland High School

Coaches of the Year

TJ Hesler
Kevin Woodhouse

Bonny Eagle High School
Portland High School

Girls

1st team

Annabelle Brooks
Gwen Catalano
Allie Hesler
Samantha Moore
Addy Thibodeau
Marina Violette
Kallie Warner

Senior
Senior
Junior
Sophomore
Junior
Freshman
Junior

Cheverus High School
Bonny Eagle High School
Bonny Eagle High School
Portland High School
Bonny Eagle High School
Bonny Eagle High School
Bonny Eagle High School

2nd team

Ava Chadbourne	Sophomore	Portland High School
Rita Cummings	Junior	Gorham High School
Addie Fuller	Senior	Marshwood High School
Maeve Ginevan	Sophomore	Falmouth High School
Sarah McClellan	Junior	Marshwood High School
Winni Moreland	Freshman	Gorham High School
Bailey Shaw	Freshman	Bonny Eagle High School

Honorable Mention

Teagan Barry	Senior	Falmouth High School
Tenley Flint	Senior	Portland High School
Megan Garber	Sophomore	Westbrook High School
Maya Judice	Senior	Thornton Academy
Lilly Knappe	Senior	Kennebunk High School
Iris McCain	Junior	Deering High School
Kyleigh Record	Junior	Scarborough High School
Elise Schultz	Senior	Windham High School
Emma Tessier	Senior	Marshwood High School
Sophie Therrien	Sophomore	Sanford High School

All-Academic

Gwendolyn Catalano	Bonny Eagle High School
Cadence Howard	Bonny Eagle High School
Sydney Tuplin	Bonny Eagle High School
Annabelle Brooks	Cheverus High School
Aysel Hamlin	Cheverus High School
Shukri Ukash	Deering High School
Rachel Cummings	Gorham High School
Grace Johnson	Gorham High School
Fiona Hanrahan	Falmouth High School
Sarah Barry	Kennebunk High School
Jet Francis	Kennebunk High School
Delaney Grant	Kennebunk High School
Lilly Knappe	Kennebunk High School
Cassandra Mackenzie	Kennebunk High School
Daniella Aceto	Marshwood High School
Maggie Chamberlain	Marshwood High School
Addie Fuller	Marshwood High School
Emma Tessier	Marshwood High School
Nela Jankurova	Massabesic High School
Ashley Fecteau	Noble High School
Tenley Flint	Portland High School

Greta Holmes
Molly Neuner
Rose Dinh
Nora Hill
Maya Judice
Ella Marston
Delana Perkins
Elise Schultz

Portland High School
Portland High School
Thornton Academy
Thornton Academy
Thornton Academy
Thornton Academy
Windham High School
Windham High School

Will to Win Award

Elizabeth Bearce
Gwen Catalano
Maezy Gleason
Delaney Grant

Sophomore
Senior
Junior
Senior

Windham High School
Bonny Eagle High school
Scarborough High School
Kennebunk High School

Runner of the Year

Addy Thibodeau

Junior

Bonny Eagle High School

Coaches of the Year

Jorma Kurry
Danny Paul

Falmouth High School
Falmouth High School