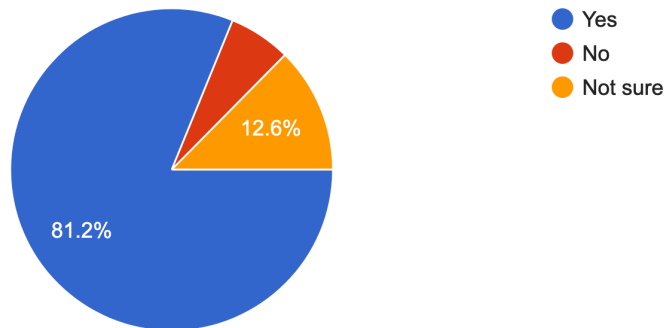


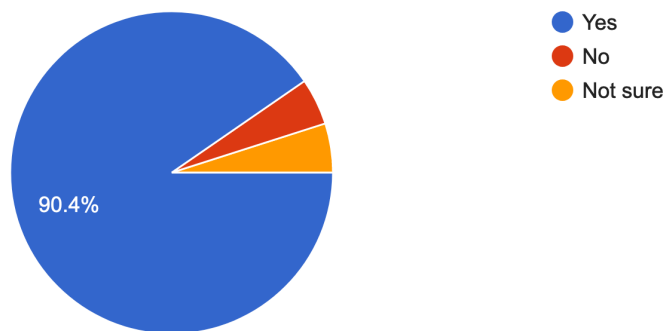
Do you believe that sexual health clinics should be able to prescribe HRT to trans people?

770 responses



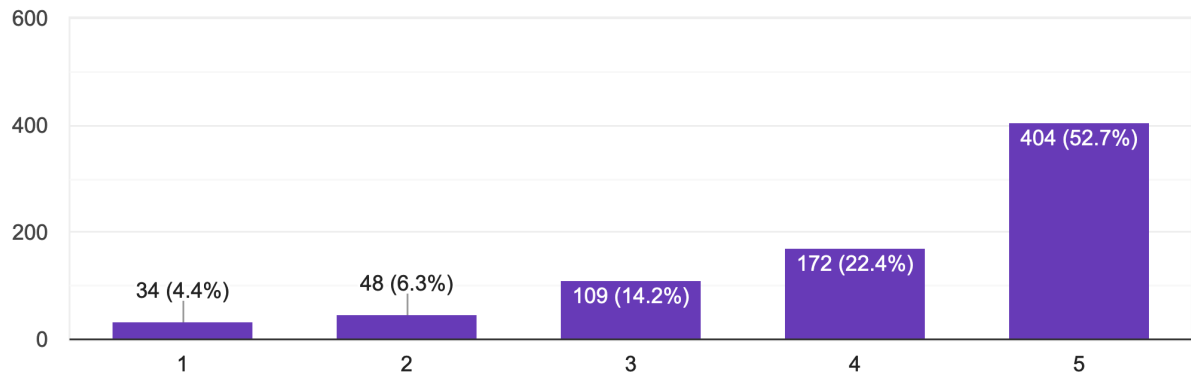
Do you believe that HRT should be available to trans people on the basis of informed consent?

770 responses



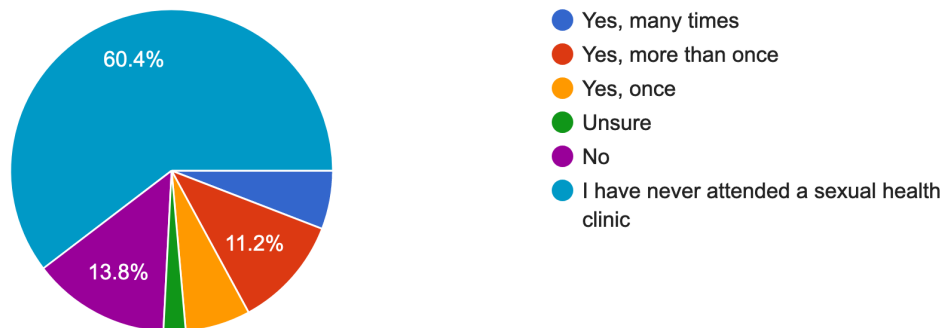
On a scale of 1-5, how comfortable would you be receiving transition related treatment (e.g. HRT) from a Sexual Health care from a Gender Identity Clinic?

767 responses



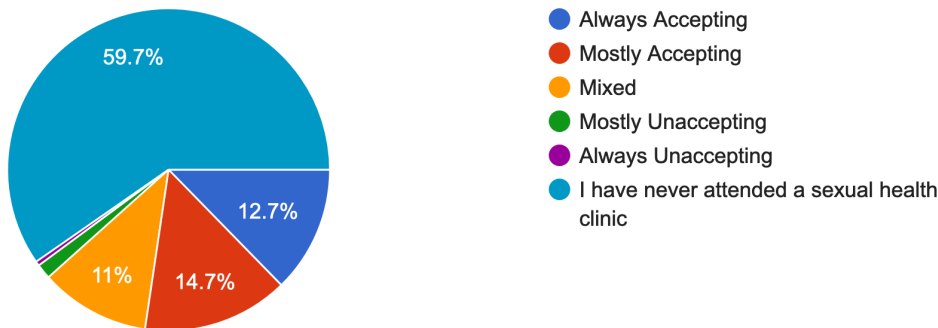
If you have ever attended a sexual health clinic, have you ever had to educate them about issues pertaining to medical transition?

767 responses



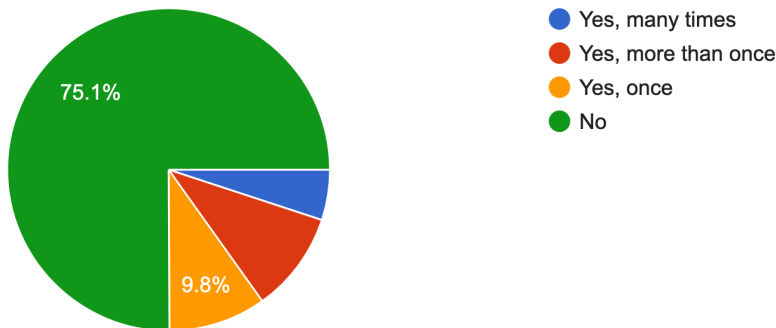
Overall, have your interactions with staff at your local Sexual Health Clinic been accepting of your trans identity?

662 responses



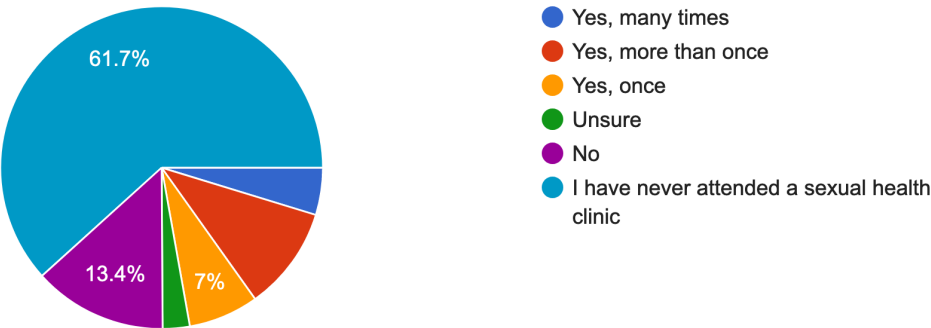
Have Sexual Health Clinics ever been helpful to you in relation to your trans health needs?

614 responses



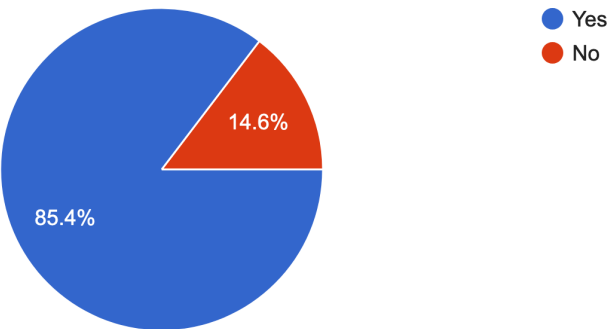
If you have ever attended a sexual health clinic, have you ever had to educate them about trans issues in general (or example, pronouns or terminology)?

739 responses



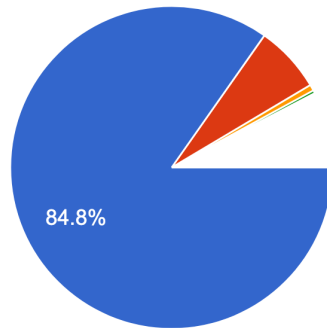
Have you ever been referred to a Gender Identity Clinic (GIC)?

772 responses



Who were you referred by?

656 responses

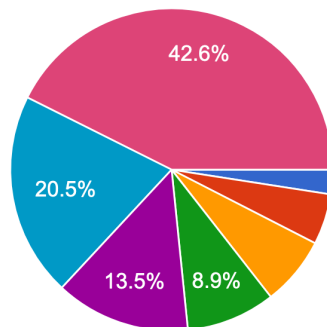


- My GP
- CAMHS
- Psychiatrist
- Self
- Referred by my GP, but after already...
- My first referral was done by CAMH...
- I requested the referral and had to e...
- Local mental health trust

▲ 1/7 ▼

Before you requested your referral, approximately how long had you been considering medical transition?

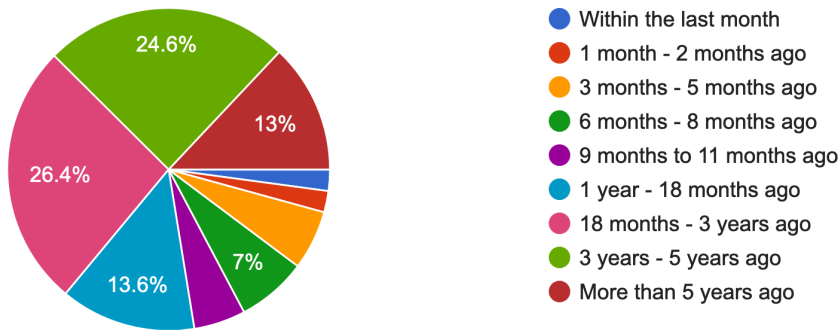
650 responses



- Less than a month
- 1 - 2 months
- 3 - 5 months
- 6 - 8 months
- 9 months - 1 year
- 1 - 2 years
- More than two years

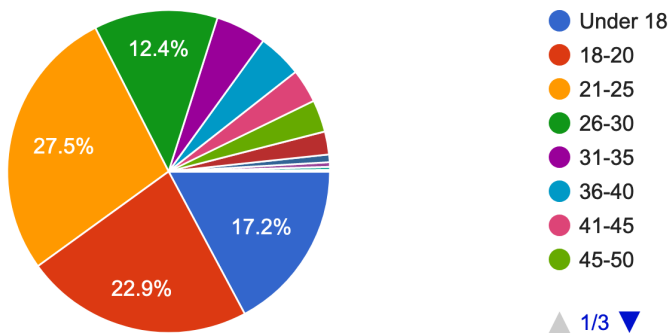
How long ago were you referred to your GIC?

655 responses



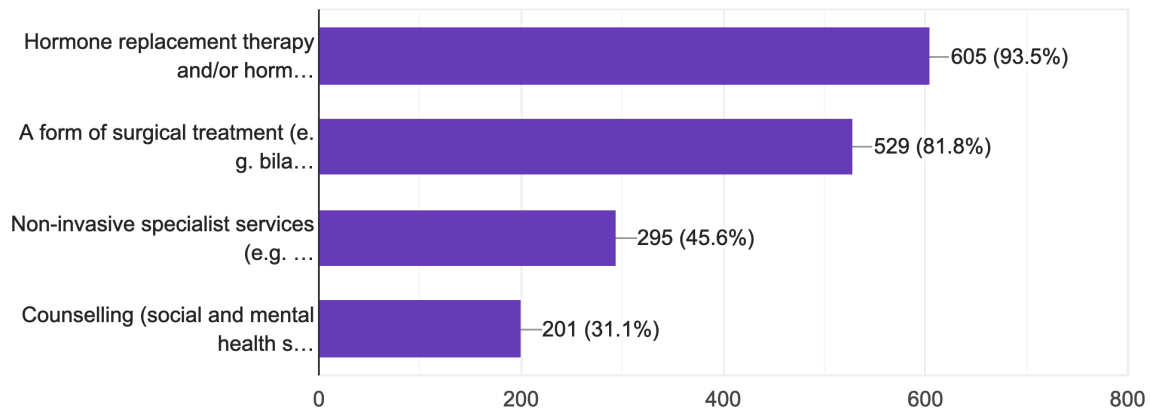
How old were you when you were referred to your GIC?

652 responses



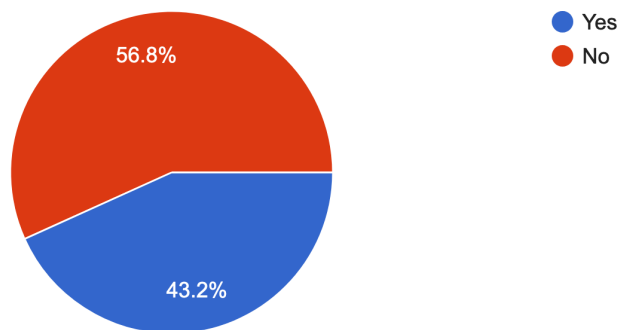
Of the services provided by Gender Identity Clinics, which are you seeking/receiving? Please select all that apply.

647 responses



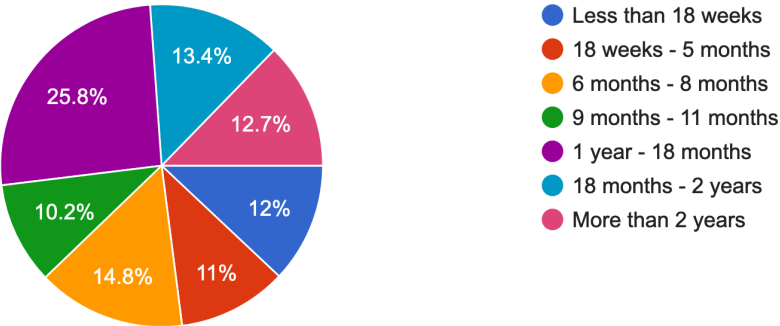
Are you waiting for your first appointment at a GIC?

659 responses



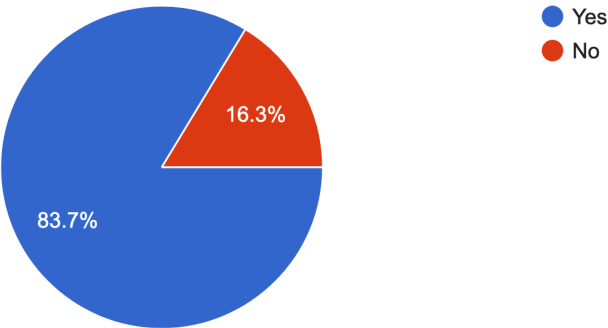
How long have you been waiting for your first appointment since your referral?

283 responses



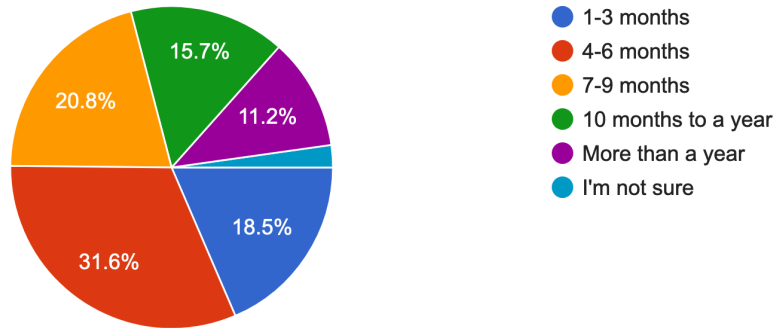
Have you had more than one appointment at a GIC?

374 responses



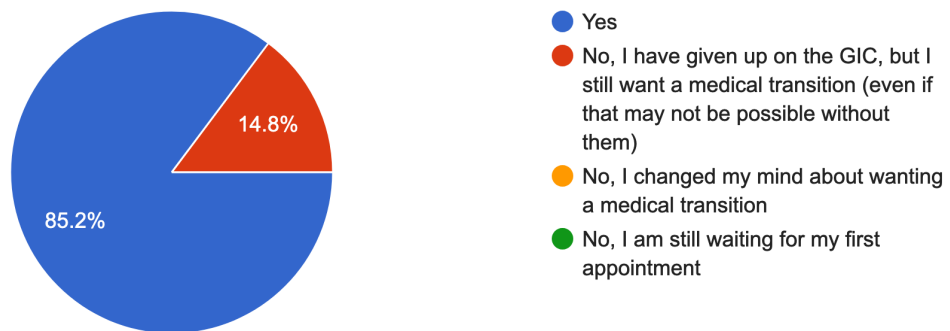
How long have you typically waited between appointments?

313 responses



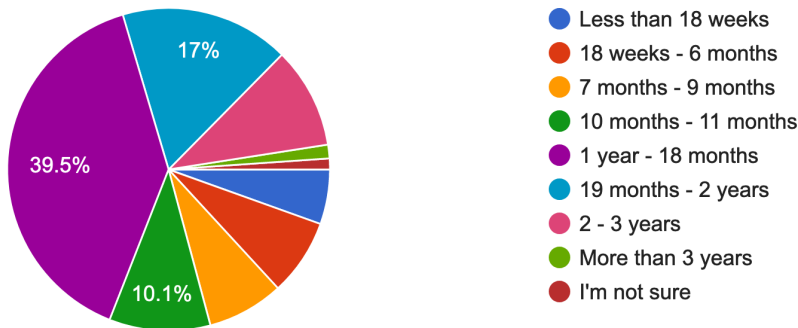
Have you had your first appointment at a GIC?

61 responses



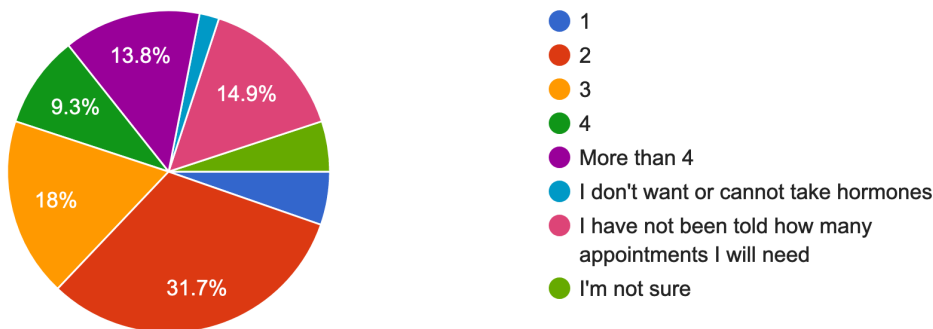
How long did you wait from your referral to your first appointment?

365 responses



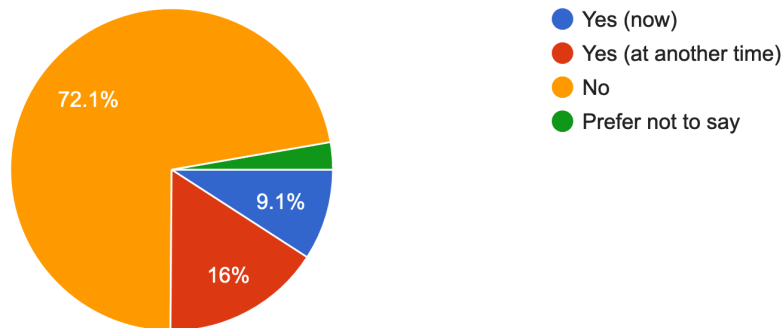
How many appointments did you have, or have you been told you will need, before getting a hormone prescription?

356 responses



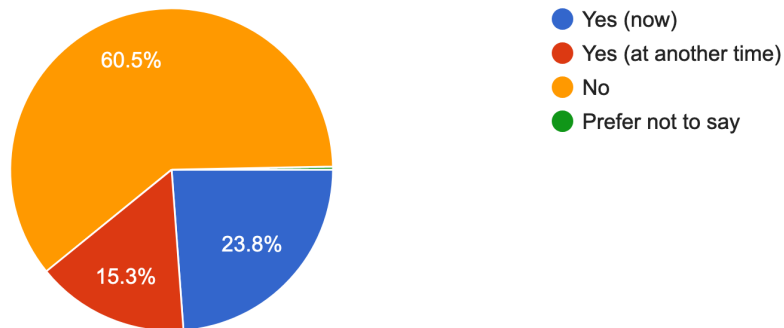
Are you now, or have you ever self-medicated with hormones while waiting for an appointment at an NHS GIC?

657 responses



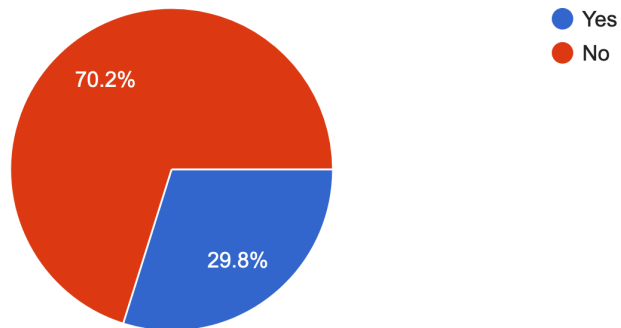
Are you receiving, or have you ever received private gender care (e.g. HRT) while waiting for an appointment at an NHS GIC?

659 responses



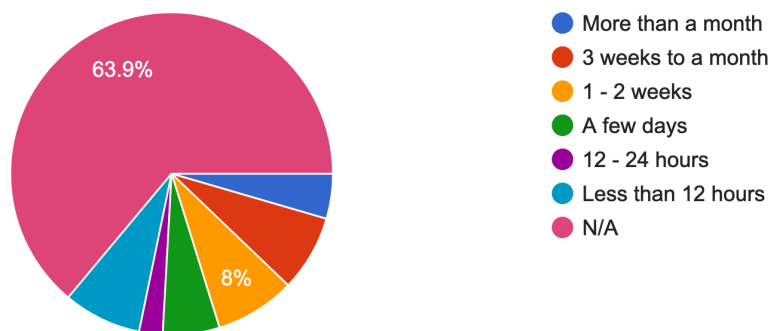
Have you ever had a GIC appointment cancelled or postponed?

650 responses



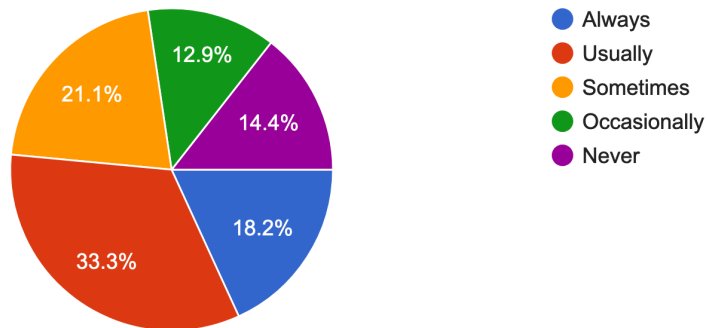
If you answered yes to the last question, how much notice were you given of the cancellation?

510 responses



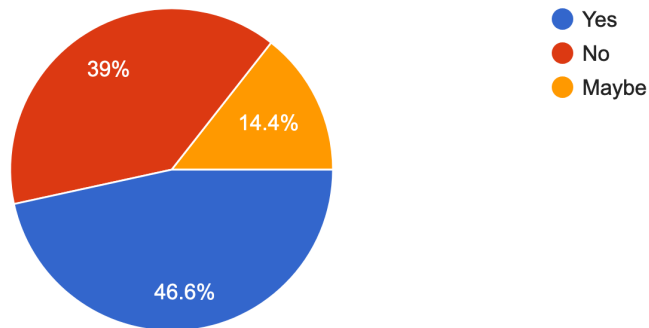
If you have had one or more GIC appointments, do you feel that you got all the information you wanted?

402 responses



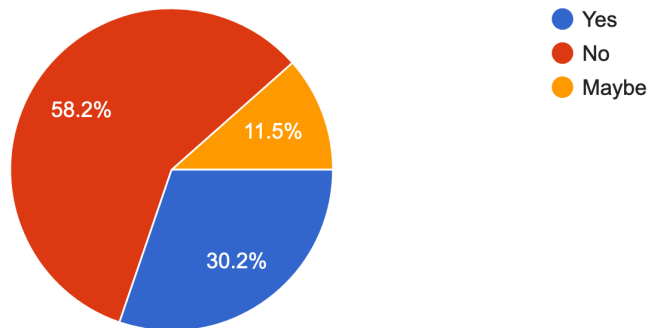
Have you ever received information from your GIC that you felt was confusing, contradictory, unhelpful, inaccurate or outdated?

541 responses



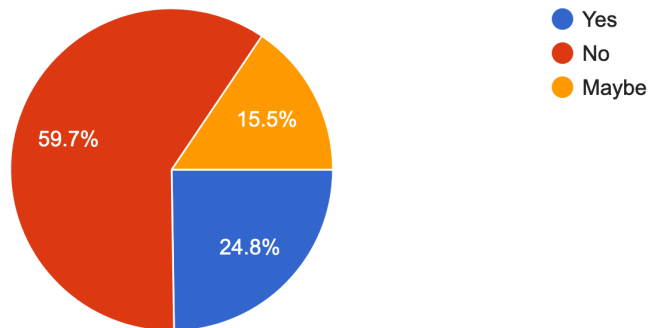
Has anyone at your GIC, or official correspondence from your GIC, ever used terminology that you felt was offensive or outdated?

529 responses



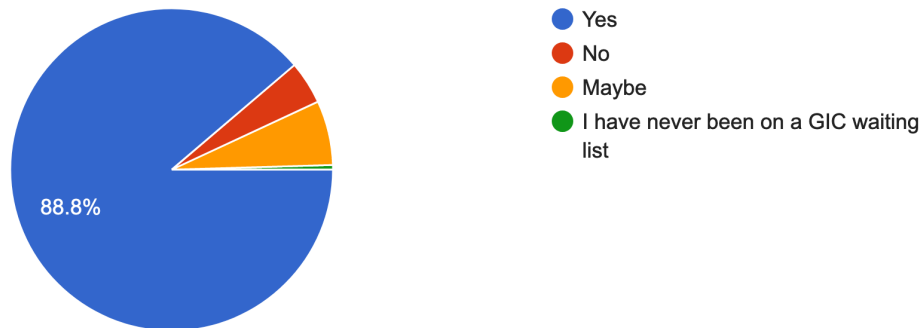
Has your GIC ever withheld information from you that you felt was important?

521 responses



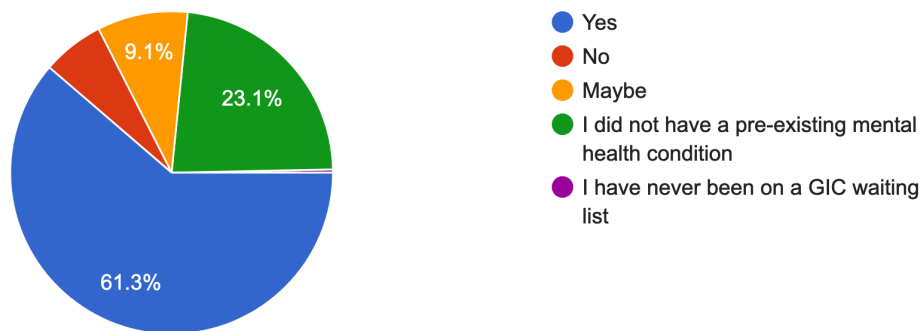
If you have ever been on a GIC waiting list, would you say that the time you have spent waiting, or expect to wait, ...egatively impacted your mental health?

650 responses



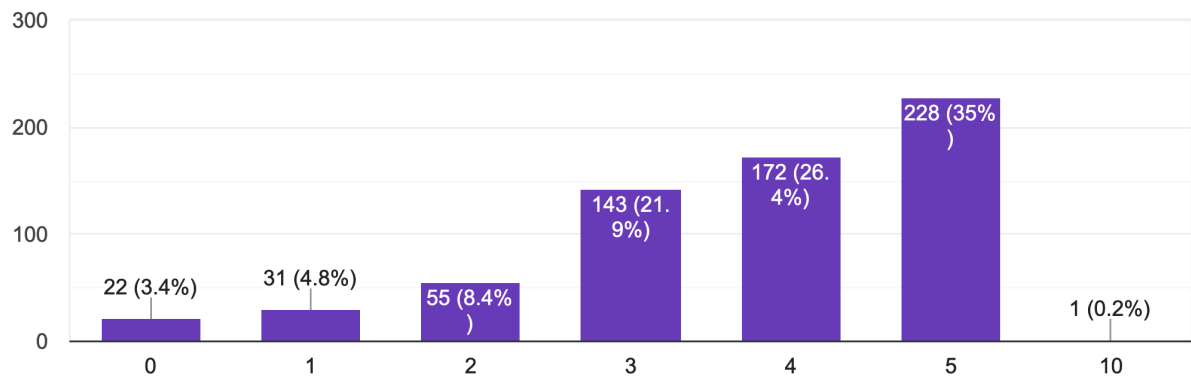
If you had a pre-existing mental health condition before being on a GIC waiting list, would you say that the tim..., or expect to wait, has made it worse?

628 responses



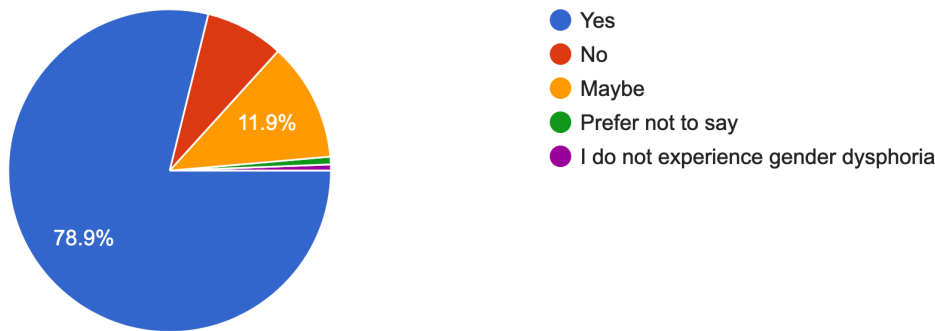
How much would you say that the time you have spent waiting, or expect to wait, for a GIC appointment has negatively impacted your mental health?

652 responses



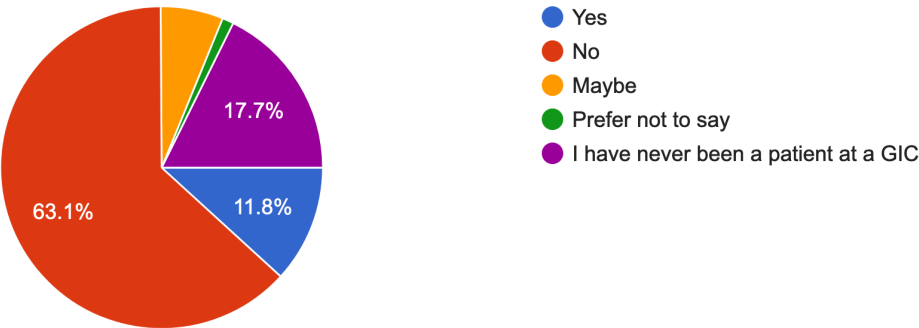
If you experience gender dysphoria, has waiting for a GIC appointment made it worse?

648 responses



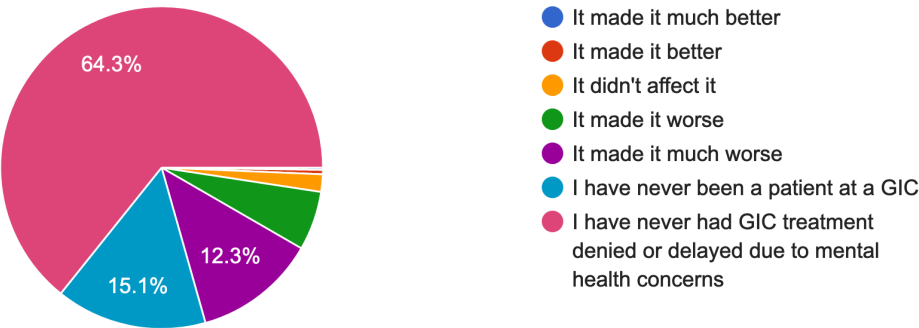
If you are or have been a patient at a GIC, have you ever had treatment denied or delayed due to mental health concerns?

526 responses



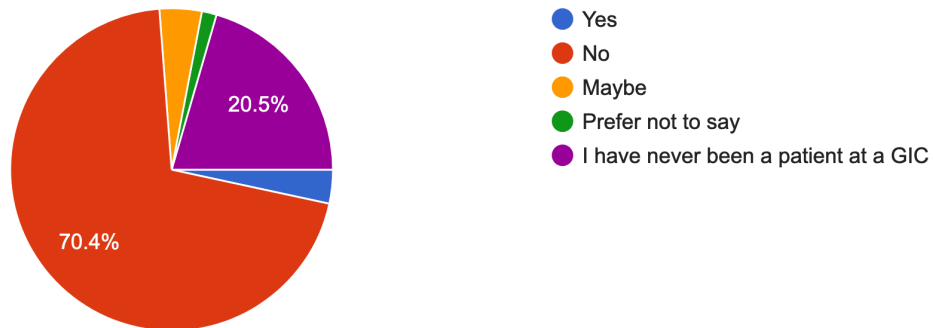
If you have had GIC treatment denied or delayed due to mental health concerns, how did this affect your ongoing mental health?

456 responses



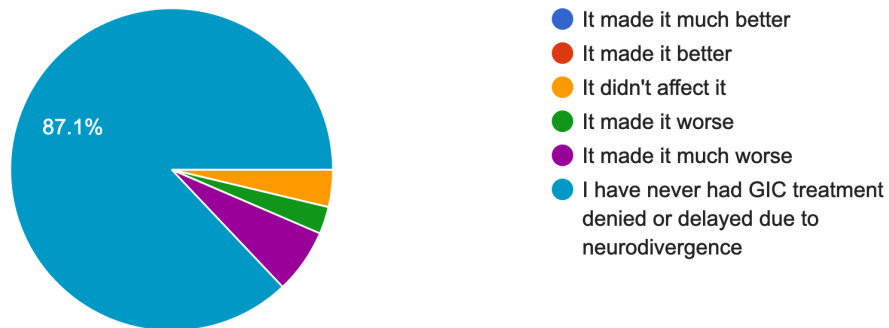
If you are or have been a patient at a GIC, have you ever had treatment denied or delayed for reasons pertaining to neurodivergence (e.g. autism or ADHD)?

473 responses



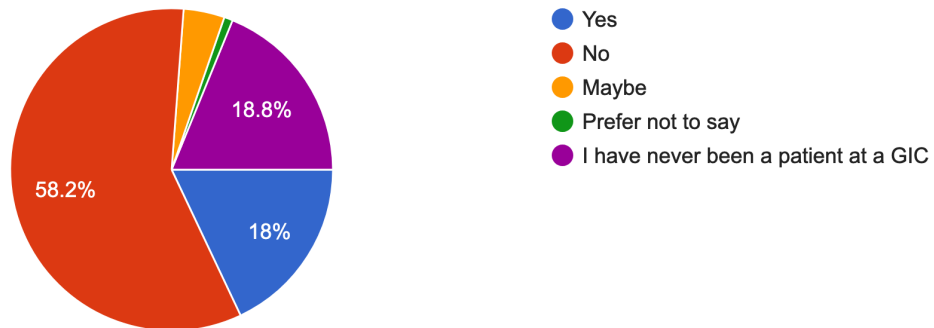
If you have had GIC treatment denied or delayed for reasons pertaining to neurodivergence, how did this affect your ongoing mental health?

402 responses



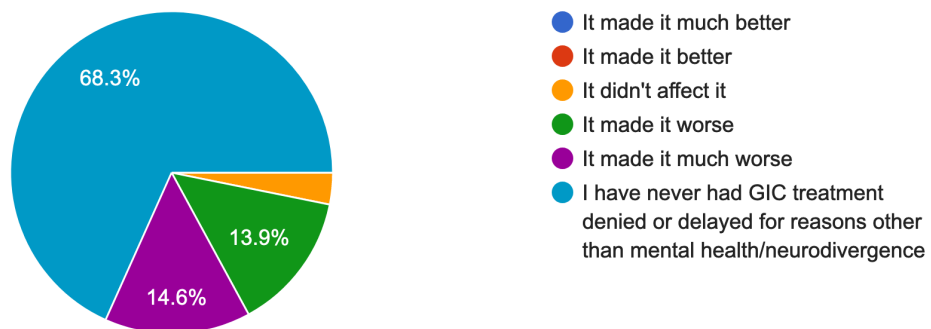
If you are or have been a patient at a GIC, have you ever had treatment denied or delayed for reasons other than neurodivergence (e.g. lack of social support)?

462 responses



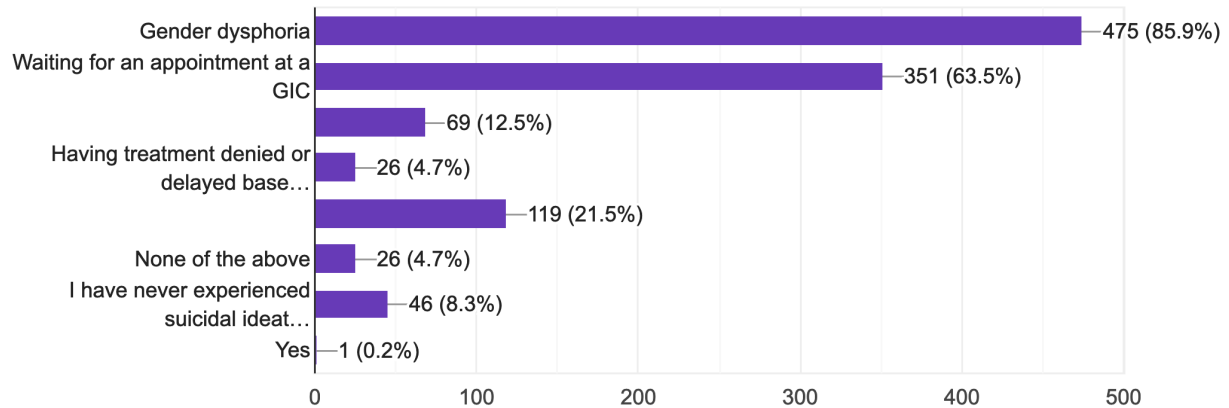
If you have had GIC treatment denied or delayed for reasons other than mental health/neurodivergence, how did this affect your ongoing mental health?

410 responses



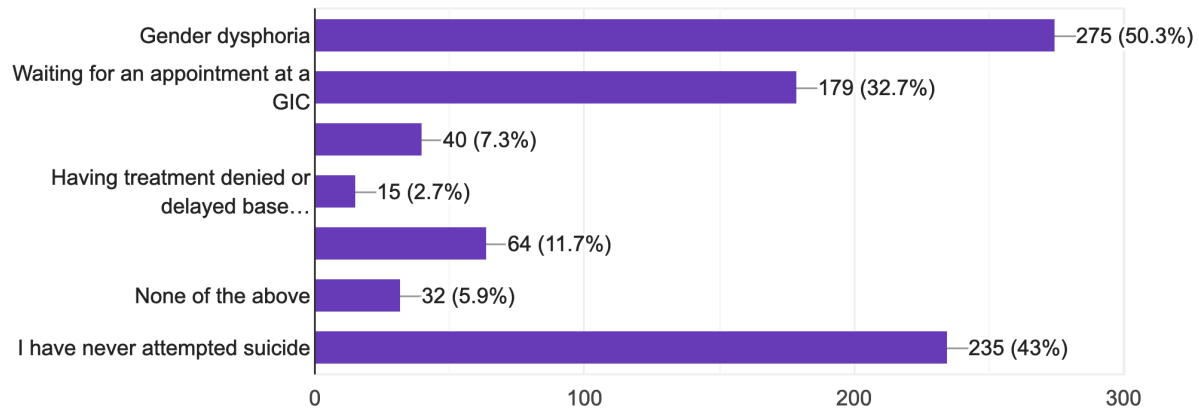
Have any of the following contributed to suicidal ideation you have experienced?

553 responses



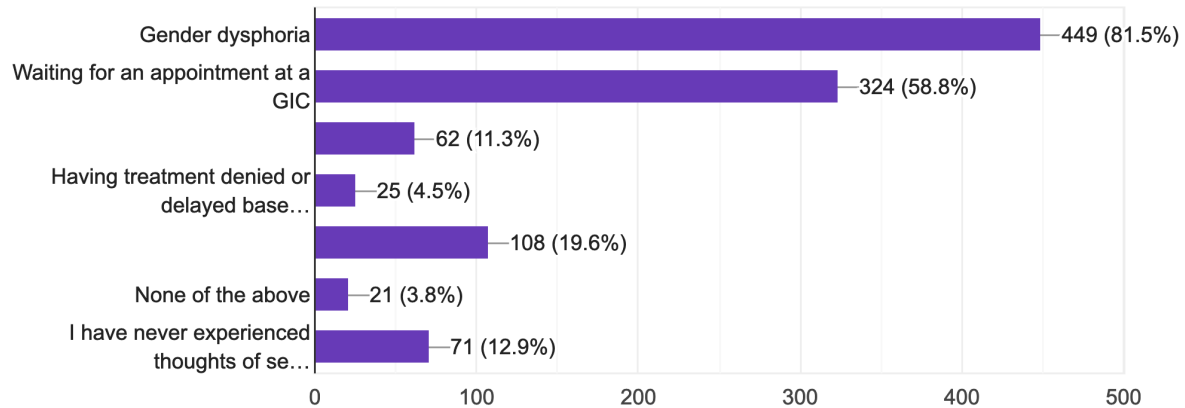
Have any of the following contributed to your suicidal behaviour (acting on suicidal ideation)?

547 responses



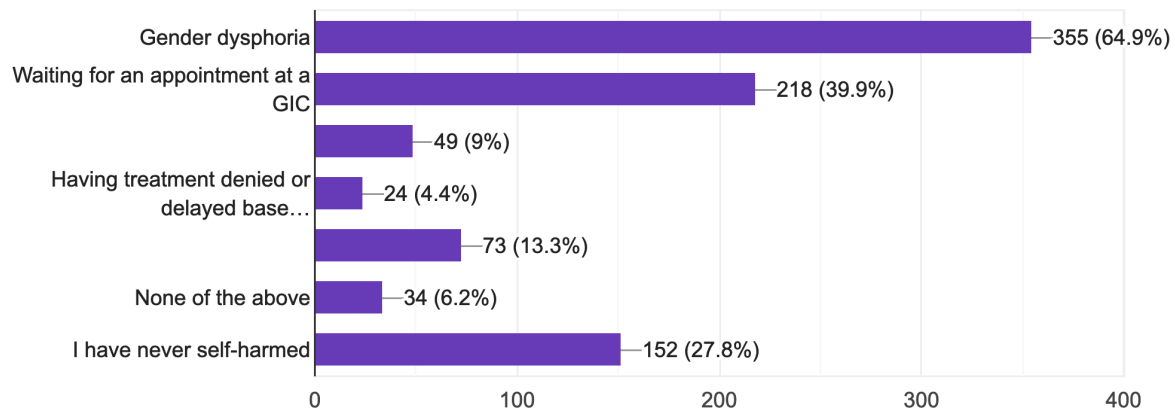
Have any of the following contributed to thoughts of self-harm you have experienced?

551 responses



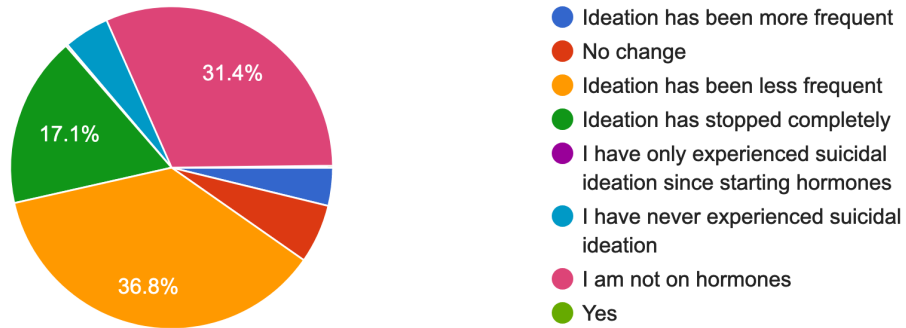
Have any of the following contributed to you self-harming?

547 responses



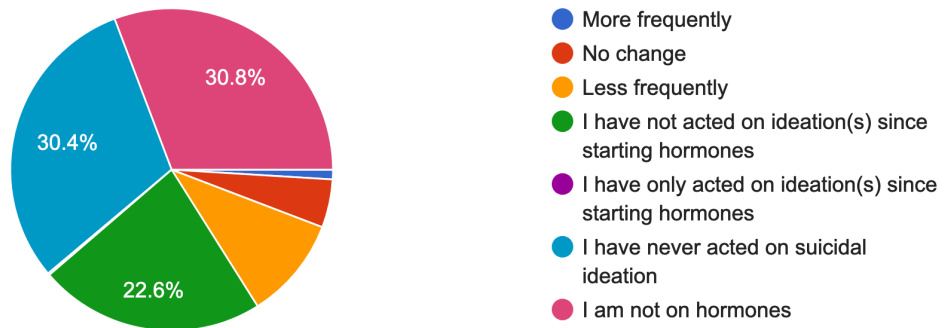
Have you experienced suicidal ideation more or less frequently since starting hormone replacement therapy (HRT)?

525 responses



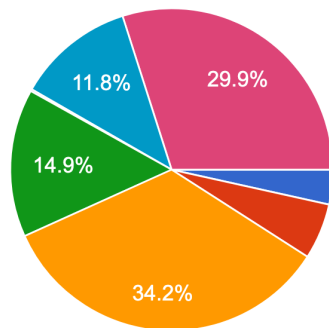
Have you acted on suicidal ideation more or less frequently since starting HRT?

517 responses



Have you experienced thoughts of self-harm more or less frequently since starting HRT?

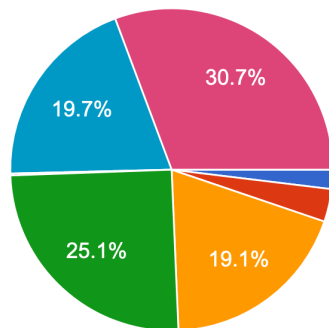
518 responses



- Thoughts of self-harm have been more frequent
- No change in frequency
- Thoughts of self-harm have been less frequent
- Thoughts of self-harm has stopped completely
- I have only experienced thoughts of...
- I have never experienced thoughts...
- I am not on hormones

What difference has there been in the frequency with which you have self-harmed since starting HRT?

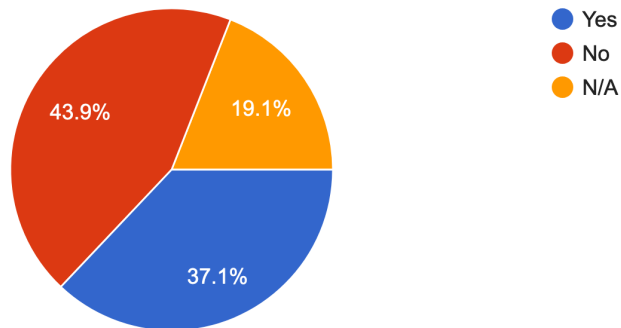
518 responses



- Self-harm has been more frequent
- No difference
- Self-harm has been less frequent
- Self-harm has stopped completely
- I have only self-harmed since starting hormones
- I have never self-harmed
- I am not on hormones

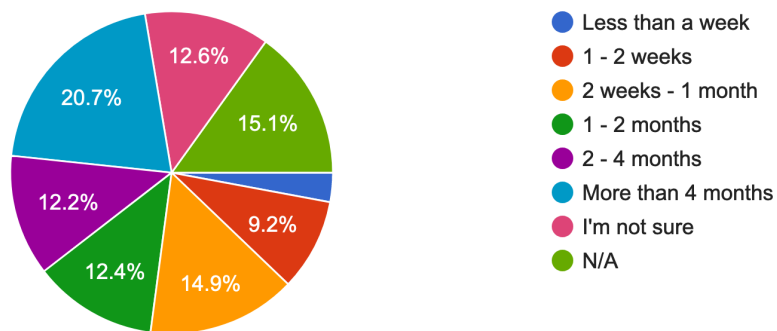
If you were referred to a GIC by your GP, did you experience difficulty in getting them to refer you?

761 responses



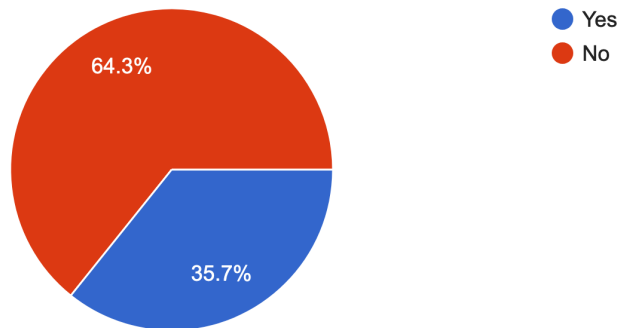
If you were referred to a GIC by your GP, approximately how long did it take from your request for a referral to your referral being processed?

716 responses



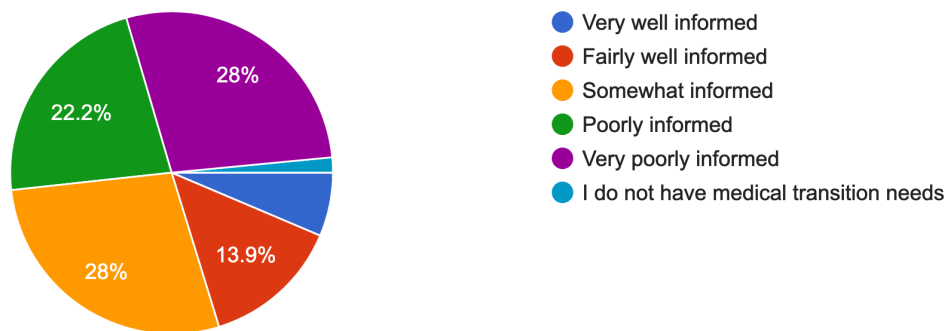
If you were referred to a GIC by your GP, was your referral ever lost, delayed or mishandled?

677 responses



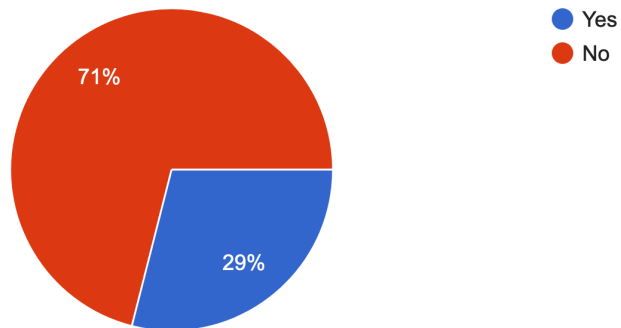
How well-informed would you say your GP is about your medical transition needs?

721 responses



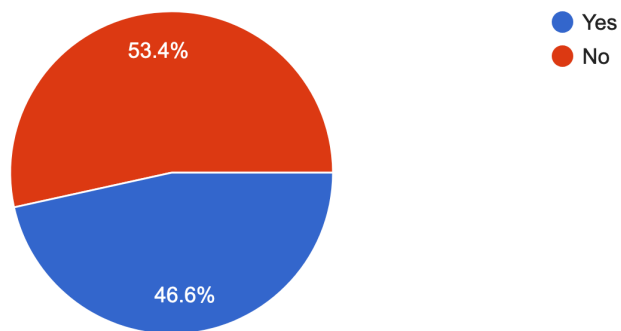
Has a GP ever refused to treat you for reasons related to your medical transition?

725 responses



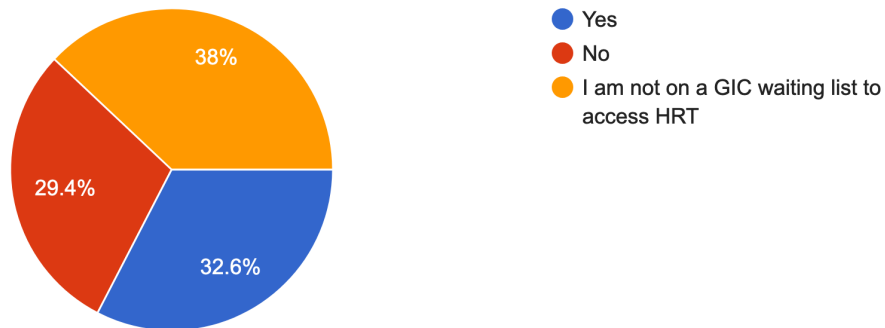
If you answered Yes to the previous question, did they say this was on the basis that they didn't know enough about some aspect of medical transition?

348 responses



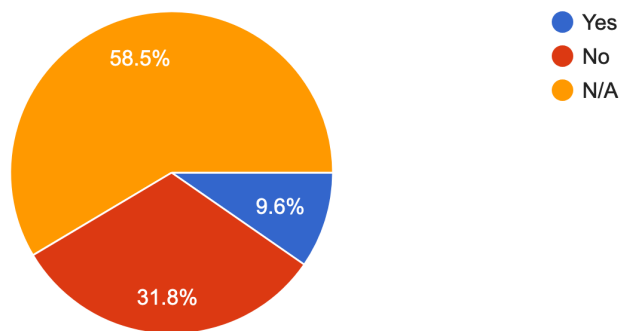
If you are on a GIC waiting list to access HRT (hormone replacement therapy), have you ever asked your GP for a bridging prescription?

724 responses



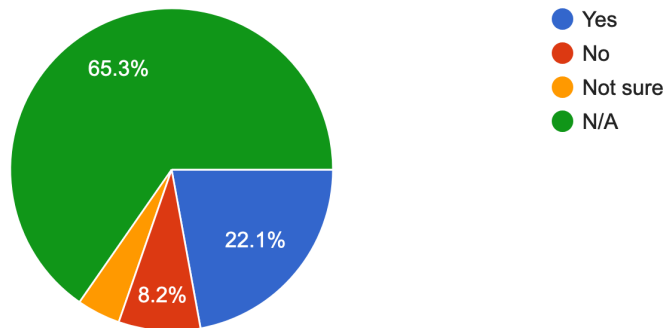
If you answered Yes to the previous question, did your GP agree to give you a bridging prescription?

591 responses



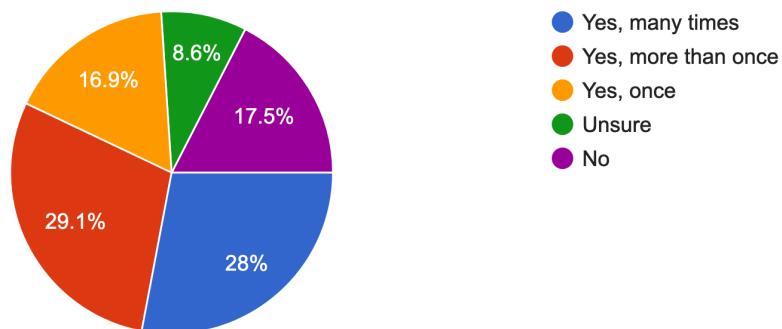
If you answered No to the previous question, did they say this was on the basis that they didn't know enough about some aspect of medical transition?

574 responses



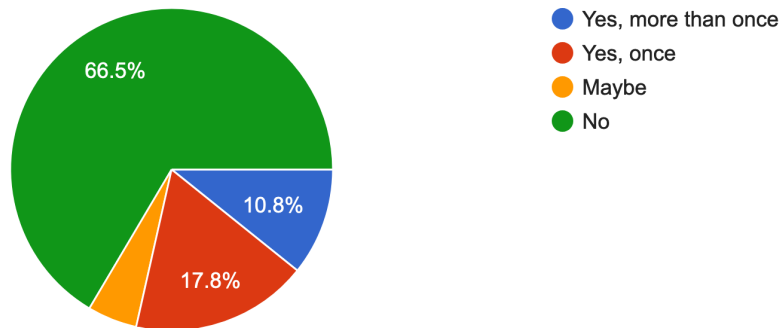
Have you ever had to educate your GP about trans issues or medical transition?

722 responses



Have you ever had to change GPs for reasons related to being trans?

743 responses



Has your GP, or any medical professional at your GP's surgery, ever made a mistake with something pertaining to your transition (e.g. doing blood tests)?

730 responses

