Hickman Holder



HICKMAN HOLDER





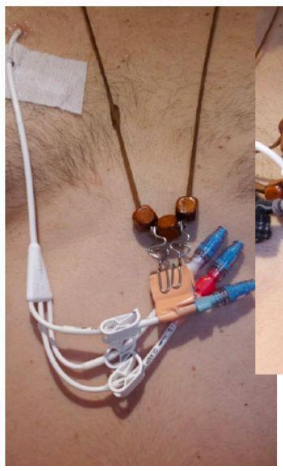


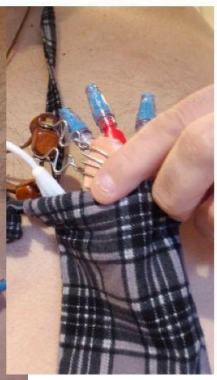
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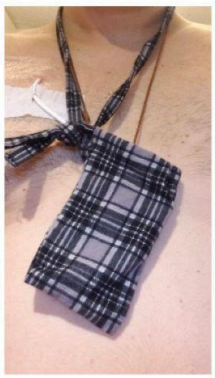
Having a Hickman line hanging from your chest is not fun, but is essential. Always wanting to be more comfortable, the idea of the Hickman Holder seemed ideal.

A simple yet effective design was whipped up by my 12 year old daughter. With so many discomforts in the hospital, your Hickman Line shouldn't be one of them.

Hand made with love. Please take one!











hickmanholder@gmail.com

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INSTRUCTIONS

Introduction:

These little pouches are finished size, six inches tall by four inches wide, with a soft pull cord to open and close them.

They are fully lined and are made from 100% cotton that has been washed and dried to remove any dyes, chemicals or smells.

Cancer patients have immune compromised systems and therefore it is important to be sure that the fabric is 100% cotton and fully washed and dried. This can be done by hand or machine.

The technique in these instructions simplifies the process of assembly line production when making these little bags: Wash/Dry Fabric, Iron fabric, Cut Fabric, Sew Fabric, Insert Pull Cord, Iron finished product and package.

Package the bag inside a 5” x 7” cellophane plastic bag that can be sealed. This keeps the end product clean. Add a sticker on the outside or kind note inside the bag if you wish. (IE. Made with Love)

Your iron is going to be your most used tool as is a narrow width sewing foot for your machine or a 1/4” sewing foot for your machine.

FABRIC REQUIREMENTS and CUTTING:

Exterior Fabric for the bag: 4 1/2 inches wide by 12 inches in length.
Interior Fabric for the bag: 4 1/2 inches wide by 16 inches in length.
Soft fabric Cord for drawstring: 42 inches in length.

(*note* You need the 1/2 inches of extra width in the fabric as you are sewing a 1/4 inch seam on both sides of the bag for a finished 4

Hickman Holder

inch bag in width.)

SEAM ALLOWANCE: 1/4 Inch
STITCH LENGTH: 2.5

ASSEMBLY INSTRUCTIONS:

With right sides together iron the EXTERIOR FABRIC in half lengthwise so that the fold line is at the bottom.

With right sides together iron the INTERIOR FABRIC in half lengthwise so that the fold line is at the bottom.

Iron the edges of the 16” INTERIOR FABRIC down 1/4”, ironing towards the wrong side of the fabric. This creates a clean edge for sewing when you turn everything right side out and create the cuff.

Lay the EXTERIOR FABRIC on top of the INTERIOR FABRIC with folds matching at the bottom. Pin in place.

With both folded pieces of fabric stacked on top of each other sew along one side using a 1/4” seam allowance from top to bottom. You are sewing the folded down piece into place as well doing this.

In order to create an opening for the pull cord, on the other side of the stacked folded fabric sew along the top, back tack to lock the stitches in place, cut your thread. Move your needle down to about 1/2” or 1/4” from where you cut and back tack again to lock the stitches and then sew all along that remaining open 4.5 inch side using a 1/4 inch seam allowance. This will leave an opening for the pull cord at the end.

With sharp scissors HORIZONTALLY cut a slit just above the EXTERIOR (shorter) fabric on both sewn sides. You need this later when you turn things right side out. The slit is cut just above the Exterior Fabric point and just before the stitches. It allows the seams to be ironed open as well as clean turning for the pull cord. Iron the seams open

above the slits on both sides.

(*note*) If you accidentally snip the stitches go back and re-sew.

Turn the EXTERIOR (shorter) part of the pocket right side out OVER the INTERIOR (longer) part of the pocket.

You now should have a pocket turned right sides out on the outside and right sides out on the inside, creating a fully lined pocket. Iron this smooth.

THE CUFF:

Turn the to layer of the INTERIOR FABRIC (lining) over the the top of the EXTERIOR FABRIC covering the raw edges of the shorter portion of the pocket.

The top of the folded cuff should lay just along the six inch (6”) top of the EXTERIOR Fabric making the finished size 6 inches tall and 4 inches wide for the whole bag.

Be sure to keep the side iron down open seams laying flat inside the fold. Iron this well with steam to set.

You have created a cuff with a side slit opening on one side for the pull cord.

FINISHING:

The most difficult challenging part of this whole process is to sew the cuff closed. These bags are too small to fit over a free arm of most sewing machines. If they did, it would be way easier, but here we are.

If it helps, you can iron a wash away temporary fabric glue under the

1/4” turned part of the cuff to hold things in place until it's sewn. I find it is very helpful but caution you on ensuring the glue will never come in contact with the patient.

Sew the very top part of the folded down cuff all the way around the top to encase the raw edges of the shorter fabric, but be careful not to sew the drawstring opening closed.

Now to sew the bottom portion of the cuff closed, carefully turn the bag inside out and with a narrow sewing foot or 1/4” sewing foot sew all the way around the bottom of the cuff. Using a 2.5 to 3.0 stitch length works best.

Take your time and be sure the fold is correct and doesn't shift out of place.

It is a bit picky to get the opening of the bag under the sewing foot and getting the cuff to lay flat. Just take your time and do your best.

Turn everything right side out and insert the 42 inch pull cord through the opening.

Iron (steam iron) everything very well making sure the bottom corners are pushed out properly.

Place your finished Hickman Holder in a 5” x 7” plastic or cellophane bag that can be closed.

VOILA! You have made a 4 inch wide by 6 inch tall Hickman Holder with a soft pull cord for the patient to use. You have also done a very kind and loving deed for someone in need.

All the best,

Hickman Holder Team,
hickmanholder@gmail.com

https://www.youtube.com/@kristakrafts230 for video instructions.

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