

Smithfield Public Schools
Wellness Committee Annual Report
June 2024

Smithfield's Wellness Committee is comprised of 29 dedicated members representing parents, teachers, nurses, administrators, food service personnel, local farmers, and community groups. The committee, co-chaired by Richard Iannitelli and Sara Monaco, met 3 times this year. The Farm-to-School subcommittee met monthly.

Accomplishments of 2023-24

1. Farm-to-School (Year 4)
 - a. Middle school after-school culinary program with Johnson and Wales and FarmFreshRI
 - b. High School expansion of culinary program and partnership with FarmFreshRI for curriculum development and programming
 - c. Garden expansion to Old County Road School
 - d. Cafeteria Rangers composting at LaPerche and Pleasant View
 - e. Healthy Meals Incentives Grant - \$150,000
 - i. Elementary field trips to local farms
 - ii. Continued Revive the Roots partnership for garden maintenance and education
 - iii. Local food tastings
 1. Attendance Matters Smoothie Event
 - f. Community and family involvement - local food tastings at events with families
2. Staff Wellness
 - a. Employee Assistance Program
 - b. Partnership with the Trust to offer employee wellness programs
3. School Meal Advisory Board - An advisory board consisting of teachers, parents, and students was created to assist in menu planning.

Goals for 2024-2025

1. Farm-to-School (Year 5)
 - a. Secondary - culinary, composting, curricular connections
 - b. Cafeteria - tastings for students and families
 - c. Healthy Meals Incentives Grant Year 2 (combi oven, pizza oven, garden education and maintenance, local foods, student and family tastings)
 - d. Get the Foam Out Grant - supplies and equipment to eliminate foam trays and disposable utensils
 - e. Learning Inside Out Grant - \$141,000 awarded; delayed to 2024-25
 - i. Old County Road School - school garden
 - ii. Pleasant View - School garden irrigation and sail shade installation

- iii. LaPerche - Outdoor education space and school garden irrigation
- f. School Meal Advisory Board - expand opportunities to receive feedback from students
- g. Cafeteria Rangers composting expansion to Old County Road School
- 2. Staff Wellness
 - a. Expand staff wellness opportunities by developing Wellness Champions at each building
 - b. Staff mental health pilot with the Trust

2023-24 Wellness Food and Beverage Exceptions

In accordance with the Wellness Policy, all schools must report any foods and beverages served during the school day that do not comply with the nutrition guidelines. The Wellness Committee reviewed the list which can be found below. It is important to note that the faculty and staff in Smithfield utilize a variety of techniques to reward and recognize students such as additional recess, fitness breaks, and classroom spirit days.

LaPerche Elementary School

Date	Event	Food Served	Grades
2/7/2024	1000 Day of school	Pizza	Fifth Grade
2/8/2024	Chinese New Year	Fortune cookies and tea	First grade
4/3/24	Book Club with 5th grade	Popcorn	Fifth Grade
5/21/24	Determination Celebration for all our hard work	Ice Cream, Fruit Bar or ICEE	Whole School
6/4/24	End of Year Celebration	Frozen Lemonade	Whole School
6/4/2024	Yearbook Signing/Ninja Course	Pizza	Fifth Grade

Old County Road Elementary School

Date	Event	Food Served	Grades
12/15/2023	Kindergarten Gingerbread House building with families	Graham crackers, frosting, sprinkles, candy toppings/decorations	Kindergarten
6/7/2024	Field Day	Popsicles	K-5
6/10/2024	End of Year treat	Kona Ice	K-5

Pleasant View Elementary School

Date	Event	Food Served	Grades
2/7/2024	1000 Day of school	Pizza	Fifth Grade
2/8/2024	Chinese New Year	Fortune cookies and tea	First grade
4/3/24	Book Club with 5th grade	Popcorn	Fifth Grade
5/21/24	Determination Celebration for all our hard work	Ice Cream, Fruit Bar or ICEE	Whole School
6/4/24	End of Year Celebration	Frozen Lemonade	Whole School
6/4/2024	Yearbook Signing/Ninja Course	Pizza	Fifth Grade
6/14/2024	Book Club-One and Only Ivan	Pizza	Third Grade

Smithfield High School

Date	Event	Food Served	Grades
June 4, 2024	Seniors Walk the Halls	Pizza/Ice Cream	12th