

Privacy Policy

Last Updated: November 20, 2025

This Privacy Policy explains how we collect, use, store, and protect your personal information when you visit this website, submit your information, or interact with any training, replay, program, or service offered through this site ("Services"). By accessing or using this website, you agree to the terms of this Privacy Policy.

1. Information We Collect

We may collect the following types of information:

1.1 Personal Information You Provide

When you choose to opt in, register, or request access to content, we may collect information such as:

- Name
- Email address
- Phone number (if provided)
- Any information you submit through forms, surveys, or communication channels

1.2 Automatically Collected Information

When you visit this website, certain data may be collected automatically, including:

- IP address
- Browser type and version
- Device type
- Pages viewed
- Time spent on pages
- Referring or exit pages
- Cookies and similar tracking technologies

1.3 Cookies and Tracking

We may use cookies, pixels, tags, and other tracking tools to analyze website usage, enhance your user experience, and support marketing and retargeting efforts. You can adjust cookie preferences through your browser settings.

2. How We Use Your Information

We use your information for purposes including but not limited to:

- Delivering requested content (e.g., replay access, emails, resources)
- Sending updates, newsletters, and promotional communications
- Improving website performance
- Responding to inquiries or support requests
- Analyzing user behavior for optimization
- Complying with legal obligations

You may unsubscribe from emails at any time by clicking the “unsubscribe” link or contacting us directly.

3. Sharing of Information

We do **not** sell or rent your personal information. We may share information with:

- Trusted service providers (email platforms, analytics tools, payment processors, CRM systems)
- Legal authorities when required by law
- Contractors or team members who assist in providing services, under confidentiality agreements

All third-party partners are required to maintain the security and confidentiality of your personal information.

4. Data Protection and Security

We use reasonable administrative, technical, and physical safeguards to protect your information from unauthorized access, misuse, or disclosure.

However, no data transmission over the internet can be guaranteed as completely secure. You use this website and provide personal information at your own risk.

5. Your Rights

Depending on your location, you may have rights including:

- The right to access the personal data we hold about you
- The right to request corrections or updates
- The right to request deletion of your data
- The right to opt out of marketing emails
- The right to restrict or object to data processing
- The right to request data portability

To exercise any rights, contact us at: **[Insert Contact Email]**

6. Data Retention

We retain your information for as long as necessary to:

- Provide requested services
- Comply with legal obligations
- Maintain business records
- Support ongoing communication unless you unsubscribe

When data is no longer needed, it will be securely deleted or anonymized.

7. Third-Party Links

This website may contain links to third-party websites. We are not responsible for their privacy practices or content. You should review the privacy policies of those sites before providing personal information.

8. Children's Privacy

This website is not intended for individuals under the age of 18. We do not knowingly collect personal information from children. If we become aware of such information, it will be deleted promptly.

9. International Users

If you access this website from outside the country where our servers are located, you acknowledge that your information may be transferred and processed in jurisdictions with different data protection laws than your own.

10. Changes to This Privacy Policy

We may update or revise this Privacy Policy at any time without prior notice. The "Last Updated" date reflects the most recent changes. Continued use of the website after updates constitutes acceptance of the revised policy.

11. Contact Information

For questions regarding this Privacy Policy or your personal data, you may contact us at: emalieligman@gmail.com