

IMPORTANT: This information is provided to assist students and advisors with preliminary planning of course selections for upcoming semesters. Although departments will make every effort to offer the projected schedule, the availability and schedule of courses is subject to change without notice. Students should anticipate such changes by establishing alternative plans in the event that courses are not available in a particular semester and/or at a particular time. Summer courses may be offered, even if not indicated. Students should check the upcoming summer schedule of classes when it becomes available (usually by March).

Legend: **D**: Day

Departmental Courses			2021-2022		2022-2023		2023-2024		2024-2025	
Course	TITLE (abbreviated)	Sem Hrs	FA 21	SP 22	FA 22	SP 23	FA 23	SP 24	FA 24	SP 25
EXER 100	Intro to Exercise Science	3	D		D		D		D	
EXER 150	Philosophy and Fundamentals of Coaching	3			D				D	
EXER 180/280	First Aid/CPR/AED	1		D						
EXER 200	Independent Study in Exercise Science	1-4	D	D	D	D	D	D	D	D
EXER 210/ NUTR210	Introduction to Nutrition	3		D		D		D		D
EXER 212/ NUTR 212	Sports Nutrition				D				D	
EXER 220	Special Topics: PA and Health	3		D						
EXER 225	Exercise Leadership through Service	3		D		D		D		D
EXER 240	Psych of Sport & Exercise	3	D		D		D		D	
EXER 245	Women in Sport	3	D		D		D		D	
EXER 250	Prevention and Care of Athletic Injuries	3				D		D		D
EXER 255	Organization and Administration in Exercise Science	3				D		D		D
EXER 260	Sport in Society	3					D			
EXER 270	Intern in Exercise Science	1-4	D	D	D	D	D	D	D	D
EXER 275	Intern in Coaching	1-4	D	D	D	D	D	D	D	D
EXER 290	Honors Ind Study in Exercise Science	3-4	D	D	D	D	D	D	D	D
EXER 310	Exercise Physiology and Lab	4				D		D		D
EXER 320	Biomechanics - Sport and Exercise	3	D		D		D		D	
EXER 330	Measurement, Assessment, & Eval of Exercise & Sport	3		D		D		D		D
EXER 340	Science of Strength and Conditioning	3			D		D		D	
EXER 350	ACSM Exercise Physiologist Cert. Prep Course	3		D		D		D		D
EXER 360	Exercise Science Research	3								
Additional Information										