BAKED GREEN BEANS Gluten Free, Vegetarian

Author: Shape Up To Wake Up Makes: ½ lb. green beans

Serves: 10

INGREDIENTS

• 1/2 lb. fresh green beans

• 1 Tbsp. olive oil or coconut oil

• Salt to taste

INSTRUCTIONS

- 1. Preheat the oven at 350 F degrees.
- 2. Wash and snip the ends of your green beans and let them dry up a bit.
- 3. Drizzle olive or coconut oil over green beans and sprinkle salt to taste.
- 4. Bake in the oven at 350 F degrees for 20-25 minutes.

