

BOYS LACROSSE GUIDELINES

- 1) ALL Maine Principals' Association and National Federation (BOYS) & US Lacrosse (GIRLS) Rules apply to Southwestern Maine Activities Association competitions.
- 2) Standard starting times during the week - Boys 4:00 for varsity, JV to follow 5:45. Times may change with approval from both schools.
- 3) Game Times:
 - a) **Varsity Boys** (4) - 12:00 Minute (Stop Time) Quarters and a 10:00 Minute Half time.
 - i) Overtime NFHS - Four minute sudden victory overtimes will be played until resolved.
 - b) **JV Boys** (4) - 10:00 Minute (Stop Time) Quarters and a 5:00 minute Half time.
 - i) Overtime NFHS - (1) four minute overtime will be played.
- 4) The Host school will provide officials, timer and bookkeeper and Federation/US Lacrosse Approved game balls
 - a) **Boys** - White balls are recommended (yellow, orange and lime green balls are legal).
 - i) All game balls must include labeling which states "Meets NOCSAE Standard. NFHS)
 - ii) At the start of each period a minimum of four balls should be spaced equidistant from each other five yards beyond the end line and four on both sidelines. On the bench side, balls should be placed at the scorer's table.
- 5) **NFHS Lacrosse has Adopted the following rule changes to Boys' Lacrosse:**
 - a) The face-off procedure has many changes, including the following: Face-off players must have 6 inches of contrasting color tape on the handle of the crosse. Face-off players must be in proper position before the ball will be placed between the crosses. Face-off players may not carry the ball in the back of the crosse.
 - b) Pull strings to adjust a crosse are prohibited. Additional sidewall strings are prohibited. All shooting strings must be within 4 inches of the top of the crosse.
 - c) There is new "over and back" rule to keep the ball in play in the offensive end of the field once possession has been established in the goal area.
 - d) Points of Emphasis and rules related to checks to the head/neck and body checks to defenseless players remain in effect.
- 6) **SMAA CHAMPIONSHIP** - The SMAA team championship in Boys Lacrosse is determined by Heal Point*.
**For all sports where Heal Points are used to determine league champions, head to head play will serve as a tie-breaker. If tied after that co-champions will be declared.*
- 7) **METHOD of ALL-STAR SELECTION** -

8) Varsity games that are postponed are to be rescheduled the next available date unless agreed upon by both schools.

a) Schools may only schedule two (2) regular season games the last four days of the season (June 2nd - June 5th)

b) No make-up games may be scheduled during the final week of the season unless they are the games that were regularly scheduled for that week. Games scheduled prior to the final week must have been made up before that date. Exceptions to this will be made only with the prior approval of the MPA Lacrosse Committee Chairperson.

Important Dates:

- First practice - Monday, March 31, 2025
- First countable game - Thursday, April 17, 2025
- Last countable game - Friday, June 6, 2025
- Make up date for June 6th Game ONLY - Saturday, June 7, 2025
- SMAA Boys Post-Season All-Star meeting - TBD
- Online Sportsmanship Voting - Monday, June 2, 2025 - Friday, June 6, 2025
- Regional Prelims - Wednesday June 11, 2025 (High Seed)
- State Quarterfinals - Saturday June 14, 2025 (High Seed)
- Divisional Finals - Wednesday June 18, 2025 (High Seed)
- State Championship - Saturday, June 21, 2025 (**Higher Seed - HOME**)
 - Boys - Class B & Class A (Location Fitzpatrick Stadium)

Contact Information:

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Officials Fees:

Varsity = \$95.00

- JV game fee (75%) = \$71.25

Travel remains \$0.50 per mile per official.

Helpful Boys Lacrosse Websites:

- US Lacrosse - www.uslacrosse.org
- National Federation of High Schools (NFHS) - www.nfhs.org
- Maine Lacrosse Coaches Association - www.minelax.com
- Maine Lacrosse Officials Association - www.mloa.org

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