



WORLD HEALTH ORGANIZATION (WHO) HEALTH LEVER	INDIGENOUS DETERMINANTS OF HEALTH (IDH)	
	RISK FACTORS	PROTECTIVE FACTORS
HEALTHCARE SECTOR	Over-reliance on Western approaches; Suppression and oppression by substances; Structured, systematic and planned invisibility; Justified institutional pathologizing of Indigenous Peoples; Indigenous-specific targeting stigma	Intergenerational approach; Holistic healing; Indigenous culture and language; Sacred practices; Indigenous spirituality; Indigenous traditional medicine; Gender constructs among Indigenous Peoples and communities
FOOD SYSTEMS	Mass-produced ultra-processed foods replacing Indigenous diets	Indigenous food systems; Access to and health of traditional plants; Indigenous traditional medicine
ECONOMIC SYSTEMS	Limited access to Indigenous food systems resources; Misconstruction of food security for Indigenous Peoples and communities; Environmental dispossession; Structured, systematic and planned invisibility	Physical environment, ecology, Access to water sources; Access to Land and Resources
RACISM	Institutionalized Indigenous-specific racism; Justified institutional pathologizing of Indigenous Peoples; Indigenous-specific targeting stigma; Ongoing trauma exposure; Forced assimilation and indoctrination; Dismissal of traditional medicine approaches; Structured, systematic and planned invisibility	Strengthening and reinforcement of the Indigenous identity; Holistic healing; Indigenizing and decolonizing educational curricula
INTELLECTUAL PROPERTY	Dismissal of traditional medicine approaches; Structured, systematic and planned invisibility;	Language and culture; Indigenous traditional medicine; Strengthening and reinforcement of the Indigenous identity
COMMERCIAL DETERMINANTS OF HEALTH	Mass-produced processed food replacing Indigenous diet; Misconstruction of food security for Indigenous Peoples and communities; Structured, systematic and planned invisibility	Acknowledgement of the sovereignty of Indigenous Rights and belief systems; Strengthening and reinforcement of the Indigenous identity
EMPLOYMENT AND SOCIAL PROTECTION	Normalization of an ongoing cultural genocide; Structured, systematic and planned invisibility;	Language and culture; Acknowledgement of the sovereignty of Indigenous Rights and belief systems;
CLIMATE CHANGE	Non-Indigenous concept of planetary health	Access to and health of traditional plants; Access to water sources;
CONFLICT AND FORCED MIGRATION	Erosion of traditional lifeways Indigenous migration and urbanization; Structured, systematic and planned invisibility	Language and culture; Strengthening and reinforcement of the Indigenous identity; Holistic healing
GENDER EQUALITY	Gender constructs among Indigenous Peoples and communities; Strengthening and reinforcement of the Indigenous identity	Indigenizing and decolonizing educational curricula
URBANIZATION AND SAFE MOBILITY	Forced assimilation and indoctrination; Normalization of an ongoing cultural genocide; Structured, systematic and planned invisibility;	Strengthening and reinforcement of the Indigenous identity; Indigenizing and decolonizing educational curricula
DIGITAL ECONOMY	Normalization of an ongoing cultural genocide; Structured, systematic and planned invisibility	Acknowledgment of the sovereignty of Indigenous rights and belief systems; Indigenizing and decolonizing educational curricula;
DEMOGRAPHIC TRANSITION AND	Misconstruction of food security for Indigenous Peoples and communities; Non-indigenous concept of planetary health; Structured, systematic and planned invisibility.	Access to and health of traditional plants; Acknowledgment of the sovereignty of Indigenous Rights and beliefs systems; Strengthening and reinforcement of the Indigenous identity;

