

**1. Christe qui lux es et dies,
Noctis tenebras detegis,
Lucisque lumen crederis,
Lumen beatum praedicans.**

*O Christ, who art the Light and Day,
Thou drivest darksome night away;
We know thee as the Light of light
Illuminating mortal sight.*

**2. Precamur sancte Domine,
Defende nos in hac nocte,
Sit nobis in te requies,
Quietam noctem tribue.**

*All holy Lord, we pray to thee,
Keep us tonight from danger free;
Grant us, dear Lord, in thee to rest,
So be our sleep in quiet blessed.*

**3. Ne gravis somnus irruat,
Nec hostis nos surripiat,
Nec caro illi consentiens,
Nos tibi reos statuatur.**

*Let not the tempter round us creep
With thoughts of evil while we sleep,
Nor with his wiles the flesh allure
And make us in thy sight impure.*

**4. Oculi somnum capiant,
Cor ad te semper vigilet,
Dextera tua protegat
Famulos qui te diligunt.**

*And while the eyes soft slumber take,
Still be the heart to thee awake,
Be thy right hand upheld above
Thy servants resting in thy love.*

**5. Defensor noster aspice,
Insidiantes reprime,**

**Guberna tuos famulos,
Quos sanguine mercatus es.**

*Yea, our Defender, be thou nigh,
To bid the powers of darkness fly;
Keep us from sin, and guide for good
Thy servants purchased by thy blood.*

**6. Memento nostri Domine
In gravi isto corpore,
Qui es defensor animae,
Adesto nobis Domine.**

*Remember us, dear Lord, we pray,
While in this mortal flesh we stay:
'Tis thou who dost the soul defend
Be present with us to the end.*

**7. Deo Patri sit gloria,
Eiusque soli Filio,
Cum Spiritu Paraclito,
Et nunc et in perpetuum. Amen.**

*Blest Three in One and One in Three,
Almighty God, we pray to thee,
That thou wouldst now vouchsafe to bless
Our fast with fruits of righteousness.*