

• Parent Focus Al-Anon Meetings

LINK TO THIS DOCUMENT <https://tinyurl.com/alanonparentmeetings>

Please email additions/changes to Ricki NJ. RecoveryWithParents@gmail.com

Meetings with # have been confirmed starting 10/2025

ZOOM CALL in USA

For people who feel more comfortable using the phone.

Call the Zoom Phone number (646) 558-8656 then follow the voice commands.

(When asked there is no participation code just press #)

Sunday

9:30 AM ET **6:30 a.m. PT** (This meeting is base out of UK)

Sunday Serenity for Parents, All are welcome. In order to facilitate you joining this electronic meeting, please email sundayserenity4parents@gmail.com the following information and you will receive the ID and passcode.

First Name: New to al-anon: Resident of State or Country:

10:00 AM **ET**

Phone number 1-712-432-8710 PC 1111#

Parents in Recovery

(11 AM **ET**) **8:00 AM PT** WSO 30769069 ...

Sunday Parents Al-Anon Group

Zoom ID: 86438173080

Passcode: 023641 <https://us06web.zoom.us/j/86438173080?pwd=MTFEMb29CL3JqcIRBVHFEjOFV2R1ZvQT09>

(12:30 PM **ET**) 9:30 AM PT **5:30 PM UK**

Zoom ID 82081472540 PW serenity23

Parents Letting Go and Letting God

<https://us06web.zoom.us/j/82081472540?pwd=WW9Kdmh2R0tXUFNWY3RoNGF4STZ2dz09>

12 PM **ET** 9:00 AM PT

Zoom ID 89269248409 PW 108287

Related by Love Al-Anon Family Group

Adoptive Family Experience (this meeting is for all people who identify as being any part of an adoption)

<https://us02web.zoom.us/j/89269248409?pwd=Q1NIR20zMkRuR1VvRHgwYnBBRTh3QT09>

(12:30PM **ET**) **10:30 AM MT**

"Please note that this meeting requires that all newcomers turn on their cameras and be visible when joining the meeting for the first time, and that attendees set their screen names to show their first name and last initial."

Zoom ID 603 092 629 PW BAC

Parents Helping Parents Boulder CO <https://zoom.us/j/603092629?pwd=a2tvQ0RmR204MHFHc29rbDFBbkZQdz09>

630 ET (3:30 Pt) Added 11/3/2025

Zoom 8810 1934 121

Every Sunday Tacoma Park Parents AFG (wso 30606314)

In person Meeting 1st & 3rd Sunday, Zoom 2nd, 4th & 5th Sunday.c276 Carroll St Nw Washington DC

<https://us02web.zoom.us/j/88101934121?pwd=V0o5ZlNPV05ydnJudUIQM2ZMdjV5Zz09>

6:30 PM ET 3:30 PT

Zoom ID 84213801433 PW 910478

Parent Group of Manhattan.

<https://us02web.zoom.us/j/84213801433?pwd=Sisvd0FCWlR5alcxYjNlOEVNSDY1QT09>

7:00–8:00 PM ET 4 pm PT

Zoom ID: 841 9098 7564 Passcode: PeggyP

Yonkers NY Sunday Night Parent's Zoom

<https://us02web.zoom.us/j/84190987564?pwd=YmFVbGNZRklpZ3h6NTB3aGFHSjFKQT09>

To join by phone: +1 929 205 6099 US (New York),

Meeting ID: 841 9098 7564# passcode 406529# (participant code not required, just push # when asked to enter or told "to just push pound")

8:00 PM ET 5PM PT

Phone number 1-712-432-8710 PC 1111#

Parenting by Principles

(9:30-11:00 PM ET) 6:30-8:00 PM Pt

Zoom ID 861 0764 0626 PW 288344

Parents Finding Hope Together

(Previously San Ramon Parents) CA

<https://us02web.zoom.us/j/86107640626?pwd=U2VxQXVaSUhabGVSB3h3Szk3RWwwUT09>

(9:30 PM ET) 6:30-7:45 PM PT

Zoom ID 838 0724 8001 PW Parents

Dial in Number: 1-669-900-6833 (Additional dial-in numbers)

Parents with Hope Santa Cruz, CA Northern Cal

<https://us02web.zoom.us/j/83807248001?pwd=L3ZuNEpzQkdvMDM4N2FTaDlNZmxGZz09>

Monday

3pm ET 12Noon PT

9/26/22 Zoom ID 854 9917 2923 Pw Parents

Parents Seeking Serenity Roseville CA.

7:00 PM ET

Zoom ID 99289460651 PW 441337

Needham MA

<https://zoom.us/j/99289460651>

7:00 PM ET

Zoom ID 311397545 PW 716145

Nassau NY

<https://us02web.zoom.us/j/311397545?pwd=ajJFMmdlYm5ZMTVoZ2F5R0dseTRvdz09>

7:45 pm **EST** **4:45 pm PT**

WSO 48369

Meeting ID: 858 1185 5089 Passcode: ParentsMtg

<https://us02web.zoom.us/j/85811855089?pwd=BP2qHFdNV3xZyA2w6tQlqMK8ODBpwW.1>

Monday Night Parents Meeting AFG Montgomery County Maryland

(9:30 ET) **6:30 PM PT**

Zoom ID 635 247 503 PW 202576

Phone in..669-900-9128

Parents Seeking Peace Sacramento Northern CA.

<https://us02web.zoom.us/j/635247503>

(10:00pm) **7:00PM PT** 90 Minutes

Zoom ID 850 7898 9662 PW 812822

Parents for Serenity Mercer Island WA

<https://us06web.zoom.us/j/85078989662#success>

(10:00PM ET) **7:00 PM PT**

Zoom ID 946220106 PW 023315

Tradition 5 Parent Santa Clarita

This is now a hybrid meeting. <https://us02web.zoom.us/j/946220106?pwd=WldLbEgzRTksSkxRby9EYVlwcVY2QT09>

(10PM ET) **7:00 PM PT**

Zoom ID 832 4585 6401 NO PW waiting room

Parents AFG North County Inland San Diego

<https://us02web.zoom.us/j/83245856401>

#(10 pm ET) **7:00pm** BEGINNER MEETING

#(10:30 pm ET) **7:30 PM - 9 PM PT**

Zoom ID 983 821 8499 PW 233 961

Hope for Parents AFG (Previously Walnut Creek which is now in person)

<https://zoom.us/j/9838218499?pwd=VUlzcTF0RzljMmw3WFpuMWxOZ2ZrUT09>

NOTE NEW ZOOM ID 11/2025

(10:00PM ET) **7:00 PM PT**

Hybrid Zoom ID 846 56918766 PW CtoC

Monday Parent Focus Meeting -- Los Alamitos

In person Rush Park 3001 Blume Drive Los Alamitos

[90720https://us06web.zoom.us/j/84656918766?pwd=8uHoEmHDSajckLMlbHaJdPVAR46bPy.1](https://us06web.zoom.us/j/84656918766?pwd=8uHoEmHDSajckLMlbHaJdPVAR46bPy.1)

(10:15 PM ET) **7:15 PM PT-8:15**

Telephone: +1 669 900 6833

Meeting ID: 813 5897 4027 Passcode: 266951

Parents and Families Turning It Around AFG N.CA.

<https://us02web.zoom.us/j/81358974027?pwd=IVhOmQpasETgOlMZG7S78n7sYmlfl1.1>

(10:30PM ET) **7:30 PM PT**

Zoom 5583666291 PW 261099

West LA Parents

<https://us02web.zoom.us/j/5583666291?pwd=Si84cFFETWRNL2NITzROcUQzS1hkUT09>

(10:30PM ET) **7:30 PM PT**

Zoom ID 87832610001 PW 845397

Culver City Parent Group <https://us02web.zoom.us/j/87832610001?pwd=UXQwbDZWwJFaaHp2WE9RSVdFWitpdz09>

Tuesday

6:30 PM **ET**

Zoom ID 862 5528 9408 PW 123456

Bourne MA Parent <https://us06web.zoom.us/j/86255289408?pwd=U2ZzT1I3aXpEYmRhb295YWw3ZFZlZz09>

730 pm **ET**. **NEW MEETING added 11/22/25**

Zoom ID: 890 9710 5864

Passcode: Nashpandg

Parents/Grandparents Family Zoom Group There's a regular Parents meeting every week, but on the 1st and 3rd Tuesdays of the month there's also breakout Grandparent's meeting. And every meeting also offers a Newcomers breakout meeting with a dedicated Newcomer guide.

<https://us02web.zoom.us/j/89097105864?pwd=LNdWWfdsqcJxDg6grTb7bz1aaMEVHM.1>

8 PM **ET** 7 pm CT

zoom ID: 861 0436 3431 PW: parents

Parents of Adult Alcoholic Discussion AFG

WSO 30827173

<https://us02web.zoom.us/j/86104363431?pwd=dGJBUIs3d0hubkNqOHc4eThqUXk0QT09>

#(9-10:30pm **ET**)6-7:30 PM **PT**

Zoom ID 381 229 8215 PW Peace.

Not Just for Parents La <https://us02web.zoom.us/j/3812298215?pwd=bm1QdDBMd2wvZEMxN1NQeUNhY0Zzdz09>

(When in-person: 4032 Whitsett Ave, Studio City, CA 91604 Entrance from the Parking Lot through the double doors)

(9:30pm ET) 6:30 PM **PT**

Zoom ID: 893 9436 9697 PW: 242368

Hope For Parents, El Cajon, CA

<https://us06web.zoom.us/j/89394369697> (Passcode: 242368)

(9:30-11pm **ET**) 6:30-8 PM **PT**

Zoom ID 89800607527 PW 547358.

Tuesday Belltower Ocalanon

<https://us02web.zoom.us/j/89800607527?pwd=YkNESVdZWwN5L3B3ajBPSzhVK1dlQT09>

Wednesday

1:00 **ET** 12N CT **10amPt**

Meeting ID: 864 9942 7003 Passcode: secular

Any Faith or None For Parents AFG

anyfaithornoneafg@gmail.com

NEW To list 7/25

6:00pm **ET** 3pm **PT**

Zoom ID: 859 8625 6105 Passcode: 066570

phone 1 646 931 3860 US

Wednesday Night Parents Portland Maine

<https://us06web.zoom.us/j/85986256105?pwd=SG5JWDRWODVUT3pCcjQ5YkNkbDRrZz09>

6:30 PM **ET** (3:30 **PT**)

Zoom ID 892 9812 5896 PW 715034

Hope for Parents Bennington VT

<https://us02web.zoom.us/j/89298125896?pwd=YmFvZk9RbjNFYmVWRUZBRWgvaizTUT09>

6:30 - 7:45 PM **ET** (3:30 PT)

Zoom ID895 9771 7938 PW- 12

Tribeca Parents' (Please NOTE VIDEO ON required)

<https://us02web.zoom.us/j/89597717938?pwd=aGhCSDILK1QwNGYyM0RiMmpyc2xPZz09>

7:30Pm ET 6:30CT

Zoom Id 876 3281 1995 Password 631544

Living with Loss (All welcome)

<https://us06web.zoom.us/j/87632811995?pwd=h4Hry1NdqjeNTSkWgvtWVmOKdFHndN.1>

7:30PM ET Hybrid

Zoom ID: 832 8535 7717 PW: 123456

Wednesday Parents Circle of Hope AFG

Hybrid 670 High Street Dedham, Ma

<https://us06web.zoom.us/j/83285357717?pwd=b1RiZm93WURPMFdmYlczSFRMQXpvQT09>

(8:30 PM **ET**) 5:30- 7 PM **PT** ...

Meeting ID: 986 135 8378

Passcode: serenity

Woodland Hills Parents CA <https://us02web.zoom.us/j/9861358378?pwd=emZEU1I3aWUwNE1YUHVBUXVIR0tSdz09>

#(9:00 PM **ET**) 6:00 PM **PT** **NEW MEETING TO LIST 10/2025**

Meeting ID 838 4815 5479

Password happy

Beginners, Parents, All Comers

Happy New Beginnings AFG

<https://us05web.zoom.us/j/83848155479?pwd=l40qmkMyk2UgblVqrK6WTftAtnHUu9.1>

(9:00 PM **ET**) 6:00 PM **PT**

Hybrid Zoom ID 843-8218-7975 PW 775533

Marin Parents: How Alanon Works

240 Channing Way San Rafael CA

<https://us06web.zoom.us/j/84382187975?pwd=up2kc67bl9TF4HoafAdSVJIU3tLrTf.1>

(9:15 pm **ET**) 7:15 PM **MT**

Zoom ID 99567081089 **?correct ID**

Serenity for Parents Journey within AFG Lakewood Co

Added 7/15/24 ??? <https://udenver.zoom.us/j/99567081089>

(9:30PM **ET**) 6:30 pm **PT** Hybrid

Om Center For Spiritual Living 7951 University Ave. La Mesa CA

Zoom ID 853 290 7025 PW parents

Wednesday Night AFG for parents

<https://us02web.zoom.us/j/8532907025?pwd=b0Q5VmVqd3Boc0V4S2NYd1pONjVaUT09>

10:00 pm **ET** 7:00PM **PT**

zoom 715 786 371 PW MPPG

Peace and Serenity for Parents WSP 30778189

<https://us06web.zoom.us/j/715786371?pwd=T2E3SmdOS0c3QUdtSnFqd1NQVVNQZz09>

(10PM **ET**) 7-8:30 PM **PT**

Hybrid Zoom ID 680252539 PW 332297

Wednesday Parents Folsom Ca. Meeting. HYBRID

<https://us02web.zoom.us/j/680252539?pwd=aW1ZdmFGbjN1bUN1blc2MldRWGcvQT09>

(10PM **ET**) 7:00 PM **PT**

Zoom ID 702 553 8064 PW- Serenity

Studio City Parent Focus

<https://us06web.zoom.us/j/7025538064?pwd=SkFvam9xTHJyVmk4eVdvVWtNazROZz09>

(10PM **ET**) 7:00pm- 8:00 PM **PT**

Zoom ID 832 8336 5400 PW 806650

Oakland Parents CA. (District 15 meeting)

<https://us02web.zoom.us/j/83283365400?pwd=SVZpUEwyMHBDSFFTT2xhOExNa2lWdz09>

This meeting is hybrid on the 2nd Wednesday of the month at

Park Boulevard Presbyterian Church. 4104 Park Blvd Oakland, CA

The entrance to the parking lot is on Hampel Street just past the church. The entrance to the room is on Hampel Street. Down the stairs and to the right. There is a sign for Church office.

NEW ZOOM LINK 1/14/25

***(10:30PM **ET**) 7:30 PM **PT**

Zoom ID 913 1920 6868 PW 334118

Santa Monica CA Parents

<https://ucla.zoom.us/j/91319206868?pwd=b6UVAQR7tbOuzA4PRKIP8zw6rNMYZn.1>

Thursday

(10:30AM **ET**) 7:30-8:30 AM **PT** (Morning)

Zoom ID 2054084894 PW serenity

Farmers Market LA Parents <https://us02web.zoom.us/j/2054084894?pwd=L3dad2JPRGFvUG9lZ28vQ1FtTkF2Zz09>

7:30 PM **ET**

Zoom ID 81784804357 PW 123456

Parent Support Framingham MA

<https://us06web.zoom.us/j/81784804357?pwd=Qm45d0gvanliaTdHSUluUDY0YU03dz09>

8:00 PM **ET**

Phone number 1-712-432-8710 Passcode 1111#

Parents in Recovery

9pm **ET** 6:00-7:00 PM **PT**

Zoom ID 82177868566 PW: Healing4U

Healing Parents who have lost a child to their Addiction or Alcoholism.

Woodland Hills, Southern CA.

<https://us02web.zoom.us/j/82177868566?pwd=cllVaDltK3dBUE82OGNaMmMwb2RvZz09>

9:45 ET 645 PT

zoom ID 840 4309 5704. PW 964569

Thursday Night Parent Al-Anon Zoom Meeting

<https://us02web.zoom.us/j/84043095704?pwd=MFp3QURYd29hdEQyZHZBOVIPeWlaUT09>

(10:00 PM **ET**) 7:00 PM **PT**

Zoom ID 89194100416 PW thursday2

ocalanonC <https://us02web.zoom.us/j/89194100416?pwd=elhZV3Q5ZGpqdkdZKys2UVRpVW5qdz09>

(10:30PM **ET**) 7:30 PM **PT**

Zoom ID 89394508101 PW-Parents

Palos Verdes Parent Focus. get

<https://us02web.zoom.us/j/89394508101?pwd=cGtTSTN2MGk1T05nMWw0Y3NTTzV0UT09>

(10:30PM **ET**) 7:30 PM **PT**

Zoom ID 5672521961 Password peace

Thursday Night AFG meeting for Parents and Others

Santa Monica Parents' Meeting

<https://us05web.zoom.us/j/5672521961?pwd=c1d0WIBNTHRqM0cvTkdueFRBSk1YZz09>

(10:30PM **ET**) 7:30-9 PM **PT**

Zoom ID 831-370-81580 - no p/w

Call: 323 573 0530 (if ZOOM ID does not work)

<https://us02web.zoom.us/j/83137081580>

Westwood CA Warner Thursday Night Parents

Friday

2:00 PM **ET**

Zoom ID 95773077296 PW- PAUSE

Parents in Al-Anon Recovery NYC

<https://zoom.us/j/95773077296?pwd=ekl2TDBsTXdSblZraXVlcC9zTU1ydz09>

(3 pm **ET**) 12N PM- 1 PM **PT**

Zoom ID 819 2604 4165 PW Literature

FridayParent Literature Meeting - Orange Parent/Grandparent ocalanon

<https://us02web.zoom.us/j/81926044165?pwd=Nl0vSGh1YlFkRVNBu3RuN2laaWsvdz09>

7:30 PM **ET**

Zoom ID 89975110452 PW 4673

E. Northport NY

<https://us02web.zoom.us/j/89975110452>

(10 pm **ET**) 7:00 PM **PT**

Zoom ID 118964182 Password 729287

Sherman Oaks Parents' CA <https://us02web.zoom.us/j/118964182?pwd=ZmR3VVlaU3FGQ1gyL1Y4a1cwY0F2Zz09>

(10 pm **ET**) 7:00 PM **PT**

Zoom ID 4512805504 PW 94020

Parents Letting Go AFG Northern CA

<https://us02web.zoom.us/j/4512805504?pwd=KzcyTVlXM2l3R0QyZk1LZG9qYldVQT09>

Saturday

8:45 AM **ET**

Phone 1-425-436 6353 PW 180669#

Brooklyn Strength & Hope for Parents

9 am **ET**

Zoom ID 852 9300 2981 PW Parents

Serenity for Parents AFG Perterborough Ontario Canada

WSO Group ID 30706613

<https://us02web.zoom.us/j/85293002981?pwd=Y25iZExBYjNUVFBZczFjR3U1dlhZUT09>

(11am **ET**) 8-9:30 AM **PT** Need to get Hybrid info

Zoom ID 688325863 PW 716168

Saturday Morning Parents ocalanon

<https://us02web.zoom.us/j/688325863?pwd=WHV5cGd1VGNXMzYvWG16MGYxelhDZz09>

(11:30 **ET**) 8:30 AM **PT**

Zoom ID 713 491 9553 PW 830

(ocalanon) Tustin Parents Hoper For Today HYBRID

Church of the Foothills 19211 Dodge Avenue

12 noon **ET** 10 AM MT.

Zoom ID: 534465944 Password: 409602

Santa Fe Saturday Parent AFG

<https://us02web.zoom.us/j/534465944?pwd=Ynl1WWhFeFI0dWpmRTNrU20vNEVsdz09>

(12N **ET**) 9-10 AM **PT**

Hybrid Zoom 875222885

58 PW Serenity1

West LA (1849 Saltelle Blvd. #100 Launch Center)

<https://us02web.zoom.us/j/87522288558?pwd=WUE3d1JKYmluLzVtS2lacUYyTFZ6UT09>

12:30PM **ET** 9:30 AM **PT**

Zoom ID 483 088 2661 PW C2C

Courage to Change HYBRID

Coastline Bible Church 426 S. Mills Road Ventura, Ca

<https://us02web.zoom.us/j/4830882661?pwd=b1h3M1ZCcmkxdEIFNWVpMkQyRndFQT09>

12:00PM ET 10 AM Mountain.

Zoom ID 893 8801 6259 PW 238945

Tempe, AZ Parent Meeting

<https://us02web.zoom.us/j/89388016259?pwd=ZkUzMVkyS1BwR2lrUFIUN082K20vdz09>

1PM EST 10AM PST NEW ZOOM ID 11/2025

AL- ANON Adoption Meeting

Second Chance for Healing Hearts

Meeting ID: 873 7344 6354

Passcode: serenity

<https://us06web.zoom.us/j/87373446354?pwd=jVS0jzqgykXKuMztiGOiftuDF6WsM2.1>

(1 PM ET) 10-11:30 AM PT ...

Hybrid Zoom 569978070 PW 123905

Mill Valley Parents Ca. (410 Sycamore Ave, Mill Valley CA)

<https://us02web.zoom.us/j/569978070?pwd=aTkYL1QwL21FK2dIWlAwcVpIQ09EZz09>

???Doesn't Work(1 PM ET) 10 AM PT

Zoom ID 88559727360 PW 740999

<https://us02web.zoom.us/j/88559727360>

New Comer La Cañada Parent Group

(1:30 PM ET) 10:30AM-12 noon /PT

Zoom ID 81868244010 PW 740999

La Cañada Parent Group

<https://us02web.zoom.us/j/81868244010>

(5 PM ET) 2:00-3:00 PM PT

Zoom ID 177 136 530 PW 863 496

Albany Parents CA

<https://us02web.zoom.us/j/177136530?pwd=VU54NGxyNjNycWNBemZjY1JnYkEzdz09>

(7:30 PM ET) 4:30-5:30 PM PT

Zoom ID 9975215164 PW 290486

Mama's and Papa's

<https://us02web.zoom.us/j/9975215164>

Parents who have LOST A CHILD to the disease of addiction

Thursday. 6:00-7:00 PM PT

Zoom ID 82177868566

Password: Healing4U

Healing Parents Who Have Lost a Child

Woodland Hills, Southern CA.

<https://us02web.zoom.us/j/82177868566?pwd=cllVaDltK3dBUe82OGNaMmMwb2RvZz09>

Weekly parent meetings on the AFG mobile app: download app

Grandparents and Parents Find Hope and Understanding

Monday Wednesday and Thursday 7:30 ET (4:30 PT)

NOT SURE IF ANY OF THESE MEETINGS ARE STILL HAPPENING

It Works If You Work It Parents

Tuesday 7pm MST (9pm ET)

Parents Opening Our Hearts Together

Wednesday @ 6:30p CST (7:30 ET)

Parents Discovering Choices Together

Saturday 5:30 Central (6:30 ET)

Parents Recovering Together

Sunday @ 12 noon CST (1 pm ET)

SPEAKER AUDIOS

Speaker Audios Now Available for Downloading or Streaming

Miss a meeting? Like to hear one of our speakers again? Now you can!

Just enter this web link into your browser:

<http://bit.ly/millvalleyalanon>