



ETA SIGMA GAMMA ALPHA LAMBDA CHAPTER

2024-2025 Membership Guidelines



Health Education & Behavior students enrolled at the University of Florida are invited to join the Alpha Lambda chapter of Eta Sigma Gamma (ESG), the national professional health education honorary. The mission of ESG is to promote the health education/promotion discipline by elevating the standards, ideals, competence and ethics of professionally prepared health education students. Members of ESG uphold the ideals of teaching, research, service, and advocacy, both individually and collectively.

Eta Sigma Gamma Membership

All University of Florida Health Education & Behavior students are eligible to join the ESG Alpha Lambda chapter. HEB students must complete a membership application and contribute membership dues each year. Membership dues for 2024-2025 academic year are \$20. Members must also purchase an official Alpha Lambda membership shirt (\$15). Members must wear the Alpha Lambda membership shirt when participating in ESG-sponsored events. **The total cost for membership dues and a shirt is \$35.**

The requirements for membership are detailed below and non-negotiable. Membership dues will not be refunded if the below-listed requirements are not met during or by the end of the academic year.

- Health Education & Behavior major (undergraduate, graduate)
- UF GPA of 2.7 or higher
- HSC coursework GPA of 2.7 or higher
- 50 hours earned during the 2024-2025 academic year.
 - 25 hours during the Fall 2024 term, and 25 hours during the Spring 2025 term
- Meaningful participation in and significant contributions to the Alpha Lambda chapter.

General Body Meetings

General Body Meetings (GBM) are held on the first and third Tuesdays of each month at 7pm (ET), both through Zoom and in person on the University of Florida campus. Zoom video conferencing service is available to all UF students. Visit <https://video.ufl.edu/conferencing/zoom/> to register.

ESG Alpha Lambda Chapter @ UF eLearning

All information related to the ESG Alpha Lambda Chapter will be housed in UF eLearning. The Alpha Lambda Chapter will host its own eLearning shell (similar to a course shell). Upon receiving a completed membership application and paying membership dues, students will be enrolled. To log in to UF eLearning visit <https://elearning.ufl.edu/>.

ESG Alpha Lambda Chapter Resources

-  Alpha Lambda Chapter page: <https://www.facebook.com/UFEtaSigmaGamma>
-  Alpha Lambda Chapter account: [@ESGAlphaLambda](https://www.instagram.com/ESGAlphaLambda)
-  Alpha Lambda Chapter website: <http://hhp.ufl.edu/current-students/student-involvement/esg/>
-  National Eta Sigma Gamma website: <http://etasigmagamma.org/>
-  Alpha Lambda Chapter email: ufetasigmagamma@gmail.com

Questions about Eta Sigma Gamma and/or Alpha Lambda Chapter requirements should be directed to Eta Sigma Gamma Faculty Sponsors, Dr. Moses and Dr. Ossiboff (hmoses@hhp.ufl.edu; ahoffmanossiboff@ufl.edu).

Eta Sigma Gamma Membership Requirements by Academic Program

ESG members must earn 50 hours over the 2024-2025 academic year [25 hours during the Fall 2024 term and 25 hours during the Spring 2025 term]. A maximum of 5 hours may be earned for an individual event/activity.

I. UNDERGRADUATE Residential Students must earn 25 hours each term across 3 categories:

1. Chapter Events: 5 hours minimum

Example events: National Health Ed Week; Sex in the Swamp; Meetings.

- Must attend the Spring Induction/Awards ceremony

2. Professional Development: 5 hours minimum (15 hours maximum)

Example activities: HEB seminars; webinars; online article review.

3. Service Events: 5 hours minimum (15 hours maximum)

Example activities: Scholarly activity (presentations, posters), health edu campus/community work.

- Interns may use 10 hours earned during the internship semester for this hours category.

II. UNDERGRADUATE Online Students must earn 25 hours each term across 3 categories:

1. Chapter Events: 5 hours minimum

Example events: National Health Ed Week; Meetings via Zoom.

- Must attend the Spring Induction/Awards ceremony (*in-person or via Zoom*)

2. Professional Development: 5 hours minimum (15 hours maximum)

Example activities: HEB seminars via Zoom; webinars; online article review.

3. Service Events: 5 hours minimum (15 hours maximum)

Example activities: Scholarly activity (presentations, posters), health education community work.

- interns may use hours earned during the internship semester for this hours category.

III. GRADUATE Residential Students must earn 25 hours each term across 3 categories:

1. Chapter Events: 5 hours minimum

Example events: National Health Ed Week; Sex in the Swamp; Meetings (≥1 GBM per month)

- Must attend the Spring Induction/Awards ceremony

2. Professional Development: 5 hours minimum (15 hours maximum)

Example activities: HEB seminars; presentations; webinars; online article review, Department lunch/learns, candidate interview presentations.

3. Service Events: 5 hours minimum (15 hours maximum)

Example activities: Scholarly activity (publications, presentations, posters), committee work, manuscript reviews, health education campus/community work.

- Students completing NCL (non-lecture coursework) may use five hours earned during the professional experience during the Fall/Spring semester for this hours category.

IV. GRADUATE Online Students must earn 25 hours each term across 3 categories:

1. Chapter Events: 5 hours minimum

Example events: National Health Ed Week; Meetings via Zoom (≥1 GBM per month)

- Must attend the Spring Induction/Awards ceremony (*in-person or via Zoom*)

2. Professional Development: 5 hours minimum (15 hours maximum)

Example activities: HEB seminars via Zoom; webinars; online article review.

3. Service Events: 5 hours minimum (15 hours maximum)

Example activities: Scholarly activity (publications, presentations, posters), committee work, manuscript reviews, health education campus/community work.

- Students completing NCL (non-lecture coursework) may use five hours earned during the professional experience during the Fall/Spring semester for this hours category.

Submission Process for Service Event Hours

Members must submit hours earned from service events/activities to the ESG Alpha Lambda Chapter shell in UF eLearning. The hours must be reported by the last day of the month in which they were earned.