

COURSE INFORMATION

SPECIALIST SPORT AND RECREATION	SSRS	2026	HEALTH AND PHYSICAL EDUCATION
HE AHA TE WHAKAMAARAMATANGA O TEENEI MARAU? - WHAT IS THIS COURSE ABOUT?			
Get active and build real-life skills through sport! In this course, you'll learn how to work as part of a team, take part in team planning meetings, and practise formal interviews like those used for sports jobs, scholarships, or leadership roles. You'll grow your confidence, communication, and teamwork while having fun and staying active—setting you up for success in sport, school, and the Level 3 course.			
HE AHA TAAKU E AKO AI? - WHAT TYPES OF LEARNING ACTIVITIES WILL I DO?			
To achieve this, students will take part in team sports and group challenges, plan and run small events or activities, practise communication in team meetings, take on different roles within a group, and prepare for and take part in mock interviews linked to sport and recreation contexts.			
EOTC OPPORTUNITIES & COMMUNITY CONNECTION	PATHWAYS		COURSE REQUIREMENTS (IF APPLICABLE)
Community connections with possible Sporting Events; Interviews etc..	PREFERRED PRIOR LEARNING: EXHPE LEADS ON TO (FURTHER STUDY): MSRS		PE Uniform

ASSESSMENT OPPORTUNITIES

STANDARD(S)												
ESTIMATED DUE DATE	STANDARD & VERSION	NCEA SUBJECT	LEVEL	STANDARD TITLE	CREDIT TOTAL	LIT	NUM	UE R	UE W	I/E	ASSESSMENT MODE	FURTHER ASSESSMENT OPPORTUNITY
Semester 1	US10791	NA	2	Participate in a meeting	3	NO	NO	NO	NO	I	Practical	Y / N
Semester 1	US1294	NA	2	Be interviewed in a formal interview	2	NO	NO	NO	NO	I	Practical & Written	Y / N
Semester 2	US9677	NA	2	Communicate in a team or group which has an objective	3	NO	NO	NO	NO	I	Practical & Written	Y / N
Semester 2	AS91330	Physical Education	2	Perform a physical activity in an applied setting	4	NO	NO	NO	NO	I	Practical & Written	Y / N
SUBJECT ENDORSEMENT AVAILABLE / NOT AVAILABLE				SUBJECT CREDIT TOTAL	12	NOT UE APPROVED						

FREQUENTLY ASKED QUESTIONS

- What happens if I am struggling to meet a deadline?
 - If you have a legitimate reason, you can apply for an extension. More information and the extension form can be found [here](#).
- Can I use AI in my assignments?
 - Usually not for assessed work, but on occasion yes, depending on what stage of the assignment you are at. Using AI can often result in a [breach of NCEA rules](#). Please read [the Authenticity section](#) on Te Hinaki carefully and ask your teacher for guidance before you use AI.
- Can I get a resubmission on assessments?
 - Resubmissions may be offered if, in the opinion of the teacher assessing it, you are close to the Achieved grade boundary. More information about this can be found [here](#).
 - If you think there has been a mistake with how your assignment has been graded, there is an appeals process you can follow. Go [here](#) for more information.
- What’s the difference between a RESUBMISSION and a FURTHER ASSESSMENT OPPORTUNITY?
 - A **resubmission** may be offered by your teacher after an assessment has been marked if, at the teacher’s discretion, your work was given NOT ACHIEVED but is close to the ACHIEVED boundary. A resubmission will allow you to do extra work for a short period of time (usually about an hour), without any further teaching, to bring the grade from a NOT ACHIEVED to an ACHIEVED. No higher grade than this is possible for a resubmission.
 - A **further assessment opportunity** is a brand new assessment task for a Standard that is offered to students after further teaching has occurred. This is offered to all students in the course, although not everyone is obliged to take it up. The higher of the two grades will be reported to NZQA. Because further assessment opportunities require extra teaching time and extra time to complete the assessment it is often not feasible for further assessment opportunities to be offered.