

Priority Time Practice

Focused Thinking

Notice the journalistic questions (5 W's and 1 H). Create two journalistic questions and answer them.

Question #1: _____

Answer:

Question #2: _____

Answer:

Personal Application

Application demands specific answers to specific questions. Create two questions to help you apply the truths from *Focused Thinking*. Think in terms of “So what?” and “Now what?”.

So What? _____

Answer:

Now What? _____

Answer:

Interactive Prayer

Write a prayer to God in response to your Priority Time with him. What sin do you need to confess? What truth do you need to confess? What do you commit to believing and doing?

Life Journaling

This whole process is journaling. However, this is also a place to record additional thoughts and capture your memories.