## **THS Try-outs 2025-26**

NOTE: Make sure that you have emergency contact information for all participants.

In-season athletes must attend a special tryout AFTER the conclusion of their current season.

Fall Try-outs-	Try-out Dates	
Cross Country Boys/Girls	Completed	pose.israel@tusd.org
Football	Completed	carter.raymond@tusd.org
Girls Flag Football	Completed	irvine.kyle@tusd.org
Golf Girls	Completed	kushi.devin@tusd.org
Surf Boys and Girls	Contact the coach	turner.oliver@tusd.org
Tennis Girls	Completed	Leong.jennifer@tusd.org
Volleyball Girls	Completed	Mark Brockman
Water Polo Boys	Completed	williams.lara@tusd.org
Drill (year around)	Completed- Contact Coach for 2026	Melissa Ruszczyk
Pep Squad (year around)	Completed- Contact Coach for 2026	gutierrez.lala@tusd.org
Winter Try-outs	Try-out Dates	
Basketball Boys	<b>Completed</b>	vaughan.andru@tusd.org
Basketball Girls	<b>Completed</b>	varnell.bob@tusd.org
Soccer Boys	Completed	Burnett.Ryan@tusd.org
Soccer Girls	<b>Completed</b>	hamilton.derrick@tusd.org
Water Polo Girls	October 22, 4pm at GMAC	williams.lara@tusd.org
Wrestling Boys and Girls	Contact Coach	kawahara.william@tusd.org
<u>Spring Try-outs</u>	<b>Try-out Dates</b>	
Baseball	Completed	ybarra.robert@tusd.org
Golf Boys	Completed	Kushi.devin@tusd.org
	Please contact Coach Kushi for more info	
Softball	Completed	Glavich.Donald@tusd.org
Swim Boys and Girls	January 29, 4pm at GMAC	williams.lara@tusd.org
Tennis Boys	TBA November	leong.jennifer@tusd.org
Track Boys and Girls	Saturday - November 22 / January 11 10am-12pm Zamperini	irvine.kyle@tusd.org
Volleyball Boys	TBA Dec/Jan	Jones.Nathan@tusd.org
Volleyball Girls BEACH	TBA January	TBA - George Tachibana