Welcome Back Pep Assembly:
Friday, August 24th (40 minute assembly)

1. (5 minutes- as students enter) Music playing by **Pep Band**
2. (2-3 minutes) **National Anthem by Choir**
3. (2-3 minutes) **Welcome** by Dr. Montero + Student Body President (Will)

(Will: Welcome, Introduce myself, Excitement for school year)
Introduce Dr. Montero

4. (3-4 minutes) **Dance Company** Group Performs
5. (2 minutes) **Intro to Fall Sport Competitions**- Tissue Box + Ping Pongs

Explain game/motive

a. Football (Athlete: Nick Childs)
b. Girls Tennis (Athlete: Kristhal Masbernat)
c. Girls Soccer (Athlete: Lily Haskins)
d. Cross Country (Athlete: Jaroldeen Overson)
e. Boys Golf (Athlete: Gabe Esplin)
f. Girls Volleyball (Athlete: Stesha Abello)
g. Cheer (Athlete: Lydia Clark)

6. (5-7 minutes) **Cheer**- Performance + Yell Your Year
7. (2-3 minutes) **Class Competitions**- Introduce Spirit Bowl + games

Game #1 Egg Roulette	**Game #2 Relay Race "Getting Ready for School"**	**Game #3 Smoothie Challenge**
1 Senior: Marco Santa Maria 1 Junior: Kaylen Hubbs 1 Sophomore: Caroline Brown 1 Freshmen: Brooke Hoelzer	1 Senior: Jamie Faux 1 Junior: Steven Cutler 1 Sophomore: Isaac Pestana 1 Freshmen: Yaw Reneer	1 Senior: Salem Davis 1 Junior: Ben Sammons 1 Sophomore: Stryder Jensen 1 Freshmen: Owen Picardo

8. (2-3 minutes) **Dance Crew** - could perform between games- perform between games
9. (2 minutes) **Class Competition: Game #3**

10. (5 minutes) **Highlights Pump Up Video- Welcome Back Video** (Video Coordinators)
11. Pump crowd up for football game tonight- ("We are playing American Fork tonight at 7pm! It's a BLUE OUT! This is our first home game, so let's show up. Otter pops for the first people there)
12. Practice with the crowd "YOU GOT STRUCK!" for touchdowns at the game

Will

"Welcome back Tbirds! Are you ready to start the 2018-2019 year?!?! (pause) My name is Will and I'm this year's Student Body President!

"Thanks to our pep band for starting us off today! Let's give them a round of applause! (pause)

"We have a great assembly for you today! We are going to meet some of our fall sports players, see some performances, and start some SPIRIT BOWL COMPETITIONS leading up to our BIG SPIRIT BOWL at the end of the school year!"

"Last year our Harry Potter Spirit Bowl really showed which grades had the most spirit, and this year, we are excited to see who will take home the spirit trophy!"

"Let's get started by hearing from Dr. Montero" (give mic to Montero)

(After Montero)
"Let's get started by having Dance Company kick off our assembly!"

Dance Company Performs

"Let's hear it for D-Co! (pause for claps). It's time to meet some of our fall sports athletes! We have football, girl's tennis, girl's soccer, cross country, boys golf, girl's volleyball and cheer represented here today! Our athletes are going to complete to see who has the quickest athletes!

Before we get started, let's meet our athletes (go around and have them say their name and sport they are repping)

Alright, the object of this game is for the athlete to get the ping pongs out of their tissue box the fastest! Let's cheer on our fall sports!

(Give some kind of countdown, then announce winner at the end)

Fall Sports Game

"Alright, are we ready to start seeing which grade has the most spirit?! We are now going to have our cheer captains come out here perform and get us warmed up for yell your year!" (Give mic to cheer)

Cheer

"Alright, the winner of the yell your year at the end of the assembly! Our first competition will be an EGG ROULETTE! Let's see which grade has the best instincts! Let's meet our competitors and what grade they are representing (let them say their name and grade into the mic)

Announce order of who won

“Our next competition will test which grade is quickest! We have a back to school relay race ready for them. Each competitor will start in their sleeping bags and will have to get up, get dressed, load their backpacks and then solve an equation on the board.

But, let’s make this a little more realistic. It’s not that easy to get through the halls to your classes here at Timpview. There seems to be some newbies that don’t know where they are going yet. We love the freshmen, but let’s add them to the game. Let’s have a wall of freshmen you have to get through. (ask some of our freshmen to come up)

(Countdown game)

Game- Relay Race

“Alright, looks like the _____ are taking the lead. Let’s have another performance from our dancers as we get ready for our next game!

Dance

“Our last game with be to see who wants it more! Because breakfast is said to be the most important meal of the day, we thought we would have a breakfast smoothie challenge. But, let’s step it up a little. (Take mic over to Ella and ask her) “So Ella, what do we have for breakfast today….

Countdown for game

Game

“While we are totally the spirit competitions, let’s see our Welcome Back video!”

(Show Video)

Video

“Before we go today, we want to make sure to let you all know about the first HOME FOOTBALL GAME TONIGHT @ 7pm! It’s a BLUE OUT, so we want to see all of you there! The first people there will get otter pops and the best seats!

We are going to start a new tradition this year after each TOUCHDOWN. Each time we score a touchdown, we are going to start pounding on the stands and then say “YOU GOT STRUCK!” Then the announcer will play lightning and thunder music!

Let’s practice once for tonight! Alright T-birds, we will see you tonight @ 7pm! BLUE OUT