

- “28 Days To A Client” -

The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1. ✓	1 ▾	Morning Routine: Make My Bed Pray Say Good Morning To My Family Shower Skincare + Shave
2. ✓	1 ▾	Morning Power Up Call
3. ✓	1 ▾	60 - 90 Minute G Work Session
4. ✓	2 ▾	GYM
5. ✓	1 ▾	60 - 90 Minute G Work Session
6. ✓	2 ▾	Walk With Purpose To Relax My Mind After That Deep Work Session
7. ✓	2 ▾	Eat
8. ✓	2 ▾	Be a G
9. ✓	2 ▾	Stretch Routine For Back Injury (3 Times A Day)
10. ✓	2 ▾	Duolingo Session Read The Bible
11. ✓	2 ▾	Hear Jordan B. Peterson's Podcast
12. ✓	1 ▾	Take A 20 Minute Break And Start Thinking And Reflecting About How You Can Improve Some Of Your Outreach And Write Down All The Ideas
13. ✓	1 ▾	Read 1 Minute Minimum
14. ✓	2 ▾	Work 1 hour more
15. ✗	2 ▾	Help HU students

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
16.	3	Drink Lots Of Water
17.	3	Prepare The Next Day Of War Mode Plan
18. /X	3	
19. /X	3	
20. /X	3	

Day Number: 17

Date: 14/April/2023

Start Of The Day - Time: 9:00 - 23:00 or 8:00 - 23:30

	3 Things That I Am Excited To Have In The Future?
1.	Financial Freedom
2.	An Alfa Romeo Car For My Dad And A Mustang GT 500 Shelby For Me
3.	A Big House For My Mom
4.	Trips To My Sister And A Range Rover (But In The Moment She Crashes It I Will Not Buy Another Or Repair It)

Hour-By-Hour
Tracking:

[Track+Measure=Improve]

Task:	Task = Set The Task That I Intend To Complete This Hour?
Intention:	Intention = What Is My Plan Of Action To Complete This Task For This Hour?

 Reflection:	 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?
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My War Mode Words:

1. I Am Acting With No Limits To My Abilities!

2. I Am Being All That I Can Be, Every Hour And Every Day!

3. Every Word I Am Saying And Thought I Am Thinking Is Positive!

4. I Am Being Enthusiastic About Completing Each Task!

5. I Am The Best Copywriter In The World!

**(Delete Any Boxes Below That Are Before
The Time That You Start Your Day In Your
Own Copy)**

 8 am: Task 	
 Intention 	
 Reflection 	

 9 am: Task 	
 Intention 	
 Reflection 	

 10 am: Task 	
 Intention 	
 Reflection 	

 11 am: Task 	
 Intention 	
 Reflection 	

 12 pm: Task 	
 Intention 	
 Reflection 	

 1 pm: Task 	
 Intention 	
 Reflection 	

 2 pm: Task 	
 Intention 	
 Reflection 	

 3 pm: Task 	
 Intention 	
 Reflection 	

 4 pm: Task 	
 Intention 	
 Reflection 	

 5 pm: Task 	
 Intention 	
 Reflection 	

 6 pm: Task 	
 Intention 	

 Reflection 	
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 7 pm: Task 	
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 Intention 	
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 Reflection 	
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 8 pm: Task 	
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 Intention 	
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 Reflection 	
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 9 pm: Task 	
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 Intention 	
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 Reflection 	
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 10 pm: Task 	
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 Intention 	
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 Reflection 	
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 11 pm: Task	
 Intention 	
 Reflection 	



End-Of-The-Day Report:



 **What Did I Learn Today?** 

That with less I can do a lot more

 **What Do I Plan To Do Differently Tomorrow?** 

Brainstorming all day + kinda rest day

 **What Do I Plan To Do The Same Tomorrow?** 

Keep improving on my copy (I'm starting to get good at this)

 **Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With?** 

Nobody

Brain Dump: I think today I did a pretty good job not that much today, just that I need to improve a little bit more on my time management and that's it, but on Sunday I will burn myself on working.