

WEBVTT

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Or I just forgot where it was. Yeah...

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Okay, intro me, uh, I think you did intro last time, so...

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I think so, so... I'll try out to, and I will try not to have a stroke.

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Hey, well, we love it. Okay, I'm gonna grab a drink, and then we'll get going.

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Hmm.

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Sounds like the plan.

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Deep breath in 3. 2... 1... Hello, friends, and welcome to another episode of Palsies with Palsies. I'm your palsy Justin Hancock.

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And I am your Palsy, Beccommar and Anderson. Hey Justin!

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Hello! Hey, Becca, how we doing?

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Ah, doing alright! I'm definitely awake. That's... that's what I can say.

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is I am not asleep right now.

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Yes, uh... Oh, awakeness is a thing that has happened.

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I don't know if it's happened to both of us, or for both of us, but.

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Right now, I'm leaning into... for both of us, because it seems like it was much more of a choice.

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it's here, uh, did we request it? Did we want it? You know, that's a different question, but it sure is here.

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It is present, and at least mostly accounted for.

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Um... Woof, folks!

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Wolf.

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Yeah, yeah, um, so this, uh, this episode will be, will be, uh, coming out.

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Um, several weeks into a couple different things, um.

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I am pretty sure the last episode that came out, uh, we recorded before, uh, we heard about.

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The shooting of Renee Goode in Minneapolis. Um, I think the ICE raids had very much started by then, but, uh.

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We... we did not... we did not know quite how bad things.

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Yeah.

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were or could get. Um...

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Yeah, yes. But I think we were recording it, I remember.

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I think so.

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On that day, or... the day after, we recorded the day before that day, but I think it was actually on that day, so very much has happened.

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I think it was. Yeah. Um, and we are now recording this, uh, about a week before it will air, so we... we don't know what things will be like.

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By the time this airs. Um... But, uh, I'm gonna guess, uh, ice activity will still be pretty intense and pretty bad.

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Um... I... I definitely hope that it will not have gotten worse, I... I... can hope and pray that it will have gotten better, but, um... That doesn't necessarily seem to be the direction things are trending.

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Um... and yeah, I mean, uh, we... We know from, you know, knowing who our listeners are that, you know, a number of you are probably very disturbed by.

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What's been going on, and frankly, we are also pretty disturbed.

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Uh, about what's been going on, and really, uh... Sitting with how we want to address this on the show. Uh, Justin, you want to speak a little to our thought processes around that?

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Yeah. Yeah, um... You know me as an activist in the field of disability and activist in the field of.

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Larger social. just as policy. Um... My inclination was, oh my god, I've got to say something, uh.

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As quickly as I can. Um, and by and large, the things I posted on my own social media.

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Fina said. pretty clearly where I, um... I haven't done as much.

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On the Julian Way. feed just yet, because it's... I haven't known how to approach that yet, but I think as far as.

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talking in the context of this podcast, and what we try to do here.

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Um, my guiding North Star over the last couple of weeks since... Excuse me, since this unfolded.

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And having... Uh, a brother-in-law enforcement and cousin.

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Then law enforcement and cousins who. Um... Work on the border.

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Mm-hmm.

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Um, I am supremely uninterested in. Like, the angles of the video and, you know, dissecting.

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Mm-hmm.

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every minutiae about. what she may have done wrong, and what may have happened, and... not that I... not that I don't think that matters, but I think we can get very, very quickly wrapped up in a.

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Villain versus... Good person.

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Uh, perspective that ultimately obscures the. The fact that a woman.

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Uh... died?

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Yeah.

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And a life was taken by a U.S. Uh, based authority figures.

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Mm-hmm.

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Um, and probably where I stand is. Regardless of what you think was happening.

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With that vehicle. They had guns, and she had a whistle.

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Yeah.

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Uh... but... They're all meant to be steady. Um, we do have deeper thoughts.

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On all of the social policy decisions and the response therefrom and the rhetoric around that response from the government, which we will.

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Probably get to it at some point, that is my desire, but we also don't want to go off.

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Mm-hmm.

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half-cocked, as it were. And add more... Uh... volume to the discussion, as righteous as that might be.

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Uh, I wanna make sure that we have. Time to be emotionally prepared for that discussion.

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Mm-hmm.

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Yeah, I mean, my...

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And that we do the due diligence. That that discussion requires, um... We're not... we're not... I'm not ready yet, so...

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Yeah, and my question, you know, when we're covering these sorts of things on the show, is always, what useful thing.

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Can... can we bring... to our listeners, you know, what are we... because we're not a news show.

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You know, we're... we're not... our job is not to be telling you things that.

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Hmm.

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that you are not getting from somewhere else, although that.

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That may occasionally happen. Um, you know, we... we are a show to... to talk about the issues and... and, uh, you know.

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to, like, offer you something that's, uh, you may or may not be getting in other places, and I think.

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you know, frequently that's, you know, how does this affect some of the particular communities that we're connected with? You know, disability communities and queer communities and... You know, and what are some... and especially.

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Uh, what are some ways that we can respond to these situations? What can we do about it?

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And... I don't feel right now like I... I know what useful thing I can say about the issue itself.

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But, I... I do think that, um... we... we are positioned to have a conversation that is the conversation that we're going to have today about.

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Uh, what some of the response can look like.

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Yeah, uh... go ahead.

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Yeah. Yeah... Oh, no, I was just gonna... I was gonna echo.

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What you just said, um. And it's so... it's so... A lot of what we're gonna talk about may seem.

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Uh, fundamental... Uh, in a way, but, uh, when people are.

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Mm-hmm.

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Mm-hmm.

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Just looking for how to exist. in the current climate, and not let fear be the driving end of the wedge, per se. I think this.

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conversation can help. And that's what we're here to do, so...

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Yeah, and so specifically what we want to talk today about is community and building community. And that, as both a.

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A response to and a precursor, um. to, uh, the kinds of violence and, and, uh, turmoil, um, that we see in Minneapolis.

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And my way into, um. you know, why I feel so strongly about talking about that as a response is.

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That's what I've been seeing in Minneapolis. a colleague of mine, Reverend Rebecca Vochkel, I'll link her Substack.

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Uh, post in the show notes, um, is a UCC pastor in Minneapolis, and she's been an activist for a long time, um, and so has been.

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uh, you know, very tapped into networks and very just ready to go, um, immediately after this happened.

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And she has been describing some. amazing scenes of community and care and cooperation.

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in response to the violence and the fear in Minneapolis. Um, she, uh, told a story about how she and a number of other activists went in the morning to a building where ICE and CBP officers were staying.

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And as they left the building in the morning to go about their days.

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These activists met them at the doors and... and said, you have a choice. You don't have to be doing this. You can choose.

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To be part of the solution instead of part of the problem.

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And they did this with just... kindness, and without, without any vitriol, just... just stating the truth and... and extending a genuine offer.

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To be in a different relationship. Um, to what's happening in that city.

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Um... and she's... she's also described, uh, these, um, gatherings, press conferences and protests where.

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Somali community members have been handing out, and I'm so sorry, I'm probably going to be mispronouncing this, but Sembu says.

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Um, say, a Somali food that is a hand food that can be passed around and that people have been.

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just coming to these events with trays of Sambuses to share with everyone. Um... There was one particular, uh, moment that she described where she.

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she saw a woman. carrying a tray of symbuses and just stopped dead in her tracks in the street, and so Rebecca went out to go see what was going on, and she.

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This woman was afraid to keep walking because the streets were so icy, but.

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She had made these same buses, and she said she wanted.

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to come out and cook in honor of the white woman who had died for Somali communities.

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And so, Rebecca and another person came and linked arms with her, and the three of them walked together.

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to the gathering that she was going to, and just that image of three people arm-in-arm.

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Literally keeping one another safe from the ice. carrying food to share with everyone, food that Rebecca said tasted to everyone, like communion.

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That... that's what we're talking about. Like, that's... that's exactly what we need in moments like this.

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Yeah.

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Yeah. I, um... I have a colleague of mine who is, I think, still an active member of this conference, although he is, um... throwing in another conference in the, uh... in the greater Illinois Conference, because he serves in Chicago.

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And he has been, um... Making videos.

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Um... Walking around his neighborhood, showing off his neighborhood.

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On his way to get his kids to. To and from school, uh.

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Not necessarily. Uh, sharing about the ways they're directly countering or encountering or countering ice.

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Mm-hmm.

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But just to share... other stories of faith and of community in.

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in the neighborhood and, uh, he. told the story of the day after, uh.

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Hmm...

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Renee Goode was killed. That, that, that. The evening before, so that evening, his church.

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Dude, uh... did, uh, drag queen bingo.

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Hmm...

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with, um, members of the community and church members alike.

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And, uh... How many families came to that event, and how many drag queens you otherwise wouldn't feel safe in a church space came to that event, and how.

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His daughter won one of the bingo prizes and.

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Mm-hmm.

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Just the utter... Absent of... Uh... Of judgment and the utter absence of fear exercised by both communities at play in that event, and if you know anything about Jonathan Grace.

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He's the A. large man who.

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I've always had long hair as long as I've known him, and listens to death metal in his off time. Uh, but his heart is for Jesus and his heart is for.

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Being community among the marginalized and that was just such a.

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So, uh... sort of cloud break and fog break to the rest of the news.

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Mm-hmm.

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That was coming out of the. like, overall culture that day, and definitely since that I just was so struck by.

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The, uh... sense of joy and also the sense of fearlessness.

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contained in that event, and that expression to be in neighborhood together.

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Mm-hmm.

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Yeah, no, I think there's... And this is, you know, just so frequently not covered by major news outlets, right? But I think... that there are so many people who are responding to... to fear and to violence.

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with community, and joy, and togetherness. And, you know, I... it is... it is so powerful. It is so powerful to witness. It... really seems like it's... it's so powerful to... to be part of.

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And... and especially, you know, very local community building, right? You know, that frequently these kinds of events are very neighborhood-specific, um, or very city-specific.

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Um, and it... what it has me thinking about is.

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Um... how do we... How do we build that in our lives before something like this happens?

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You know, how do we, uh... make sure we have the connections that, you know, when... if, God forbid, there... there is, uh, something like... like a... ice shooting in our neighborhoods.

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How do we make sure we know who to call?

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Yeah.

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to... to get together. That... that bingo night, or, you know, that, uh, you know, singing march, or that, uh, you know, gathering with.

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with bonfires and abuses.

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Yeah, I, um... I think, um, and full disclosure, when we had this idea this morning, because, guys, we were really.

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struggling to. Come to the mics today, and to have, like, like we said at the beginning of the show.

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Yeah.

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what the world is such a... disaster right now.

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What can we bring that's new, um... And this show was largely inspired by friends of ours that are doing community things, like we've already talked about, and an episode of Pantsuit Politics.

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that was all about, we're gonna react to the news.

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Mm-hmm.

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But we've got to talk about being community. together, and the two hosts, Beth and Sarah on that show, are from Kentucky.

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They're people of faith. But they've kind of... walked away from.

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Even aspect of evangelicalism and towards. community?

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Mm-hmm.

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And they had a wonderful, uh... interview with a woman who.

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speaks about community and lives in community in England, and that was just such a.

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A refreshing thing to hear, and we'll... we'll, uh... Put that podcast episode in the show notes, um.

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Mm-hmm.

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and the name of the book that the woman authored in the show notes as well, um.

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Bo, we've just thought, you know. you know, we can do that, we can talk about community.

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Well, to answer your question, Becca. I think the first thing it takes.

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Mm-hmm.

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is... Someone to step out and make a different choice.

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Mm-hmm.

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And make a... and sometimes it's very much. I'm gonna be the person that goes against the tide and gets to know my neighbors and gets to know.

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crosses the street to say hello, and doesn't just say hello, says more than hello, and really gets to know folks.

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Mm-hmm.

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Um... Sorry, but that's a deliberate choice.

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Especially in days like this, when there's so much.

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Yeah.

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Fear, uh, kind of latent in the air and not on accident, I should say.

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Mm-hmm.

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That's what people in power, uh... An authoritarian folk.

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want is that aspect of fear, because that keeps you indoors.

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Yeah.

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If... if community is. Crossing the icy street to help your neighbor.

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Walked a tray full of homemade goodies. to a community gathering, wherever it may be, then isolation and breaking down of that is fear that keeps you indoors, so... you know, being the first person to.

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Yeah.

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step out and say, no, I'm gonna get to know my neighbors on both sides of the street.

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is a really... can be a really challenging thing to do.

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Yeah.

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They can also be... Uh, for fear of sounding trite, the one spark that can really.

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Uh, start a fire.

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Mm-hmm. Yeah, absolutely. Um, and just... You know, checking in on people, you know? Like, when... when you know someone's name, and then, you know, something... happens in your community or something's going on in the news that, you know, that you know affects a community they're part of, you know, reaching out and saying, like, hey, how you doing?

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Do you... do you need something? Um... You know, another thing that I hear about from Minneapolis, and that I believe was going on in Chicago, too, was, uh, you know.

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Uh... immigrants who were afraid to... who were very much afraid to leave their homes, right? And.

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And not in a, like, you know, my neighbors might be dangerous way, but a, like, there are literally people.

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going to immigrant grocery stores and places of employment, and detaining and arresting people. And so, you know, various, uh, volunteer groups and churches and activist organizations.

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We're making grocery deliveries, and we're... and are checking in on people.

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Yeah.

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Because they were able to know, you know, who's.

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who's in our community. And, you know, and reach out and say, like, are you okay? Okay, you don't feel able to leave your home. We're gonna make sure you don't have to.

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Yeah. And, you know, I'm... I'm... I'm struck by in this moment, in this situation was not.

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Related, although it's tangentially related, now that I'm thinking about it, um.

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Just the power of a name and the power of a being able to identify somebody, and before I tell this story and am not able to come up with the name, I should tell you, I am.

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horrible with names. And I tell everybody I meet. I'm gonna ask you your name at least 11 times, and hopefully on the 12th time, I won't need to.

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Um... I was coming back from the coffee shop a few days ago, I know people are shocked, uh, as I, as I usually am when I saw this story.

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Um, and I was crossing the road and. The road where I crossed the first.

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cutout is poorly designed. So people are forever pulling up in front of it.

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And I had to go around them and take a long way, and it's not.

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It's not, not dangerous, but I'm able to, like, negotiate it.

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Mm-hmm.

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Well, this day and age, just big ass. Black Suburban.

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pulled up and was completely blocking the. Uh, to cut out to the moment where I couldn't even get around it.



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Oh...

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To go around, I had to go all the way back to the.

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Jeez.

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But I looked up into the guy's eyes, and I saw him go, oh my god.

00:25:53.000 --> 00:26:01.000

I'm sorry. Um... And I... I waited another cycle, and I went to get my son from school.

00:26:01.000 --> 00:26:06.000

Um, Rebecca's no witness. I had not been there 12 seconds.

00:26:06.000 --> 00:26:09.000

When that guy walked up to me and goes.

00:26:09.000 --> 00:26:18.000

Jesus Christ! It's you. I am so... So, so sorry.

00:26:18.000 --> 00:26:19.000

For what? For what I just did to you and.

00:26:19.000 --> 00:26:23.000

Oh...

00:26:23.000 --> 00:26:28.000

And he was like... and then I saw you, and I went, oh no.

00:26:28.000 --> 00:26:31.000

He's a parent from the school. I'm gonna see you.

00:26:31.000 --> 00:26:43.000

I'm gonna see him every day. Um... And when I begin, I can't remember the guy's name, but Wils talk again, because we had a delightful.

00:26:43.000 --> 00:26:49.000

15-minute conversation. Around our kids, around our neighborhood, around both doing DI work.

00:26:49.000 --> 00:26:54.000

Hmm.

00:26:54.000 --> 00:26:55.000

Oh, amazing.

00:26:55.000 --> 00:27:07.000

Heathen. He's on the autism spectrum, uh, him and his one of his sons are both on the autism spectrum. Asper's autism spectrum.

00:27:07.000 --> 00:27:08.000

I mean, it was... and it's just that sort of.

00:27:08.000 --> 00:27:12.000

Mm-hmm.

00:27:12.000 --> 00:27:18.000

I'm not gonna claim to be the best at it, because I spend a lot of time.

00:27:18.000 --> 00:27:24.000

doing this sort of, like, emotional community building for a living, so when I'm not.

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went out in public, I'm listening to books or music.

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On my headphones! But it's just that sort of reminder.

00:27:29.000 --> 00:27:33.000

Mm-hmm.

00:27:33.000 --> 00:27:40.000

But... never take an opportunity for granted. And you... even if your first interaction.

00:27:40.000 --> 00:27:44.000

Yeah.

00:27:44.000 --> 00:27:50.000

Um... It's just awful and does... is awkward and you're.

00:27:50.000 --> 00:27:59.000

Your reaction after that, maybe. Yeah, listener, who drove this Chevy.

00:27:59.000 --> 00:28:04.000

Monstrosity. How dare you?

00:28:04.000 --> 00:28:05.000

Mm-hmm.

00:28:05.000 --> 00:28:11.000

If we do that, and we let our first impression, even our second impression roll.

00:28:11.000 --> 00:28:23.000

Some... sometimes we miss the opportunity to really get to know.

00:28:23.000 --> 00:28:24.000

Mm-hmm.

00:28:24.000 --> 00:28:35.000

The humans behind... That we live with every day, and I think that's what's been so... stunning about... the things coming out of the neighborhoods in Chicago, and uh... Um, Minnesota, Minneapolis, and other places where ice has been.

00:28:35.000 --> 00:28:42.000

Minneapolis.

00:28:42.000 --> 00:28:46.000

Uh, active is... There's real people.

00:28:46.000 --> 00:28:55.000

And there are real people. Or just resisting because they're choosing to exist.

00:28:55.000 --> 00:29:05.000

together, and I don't think we can. survive a moment like this on our own. I think we fundamentally have.

00:29:05.000 --> 00:29:11.000

to be willing to. connect to.

00:29:11.000 --> 00:29:18.000

people in a, in a... more than superficial way to be able to get through this.

00:29:18.000 --> 00:29:33.000

Yeah, no, I mean, what that story and what you were just saying makes me think of is, you know, I think one... principle that I... I try to live by, and that I think really helps us build community, is...

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assume best intentions. You know, and that's... that's sometimes really hard to do, because, you know.

00:29:40.000 --> 00:29:48.000

What we're seeing on the news shows us not everyone has good intentions.

00:29:48.000 --> 00:30:03.000

We can see that pretty clearly, but... If we allow that to color our perception of every single stranger and every single interaction, we will actively make.

00:30:03.000 --> 00:30:10.000

are... our own world. A less safe place to be, our own local neighborhood and lives. And I mean that both on an internal sense of, like.

00:30:10.000 --> 00:30:14.000

Yeah.

00:30:14.000 --> 00:30:27.000

things feel a lot less safe when you... perceived when you're feeling threatened by every interaction. But I also do mean, like.

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Yeah, yeah.

00:30:28.000 --> 00:30:35.000

things snowball, you know? When you are approaching an interaction with a sense of distrust and.

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You know, and a little bit of aggression, like, the other person's gonna pick up on that and respond with distrust and aggression and.

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You know, and I'm not... I don't want to blame anyone for being afraid, because again.

00:30:49.000 --> 00:31:00.000

lot of good things to be afraid of. But... I... I think... it is really helpful when we're able to.

00:31:00.000 --> 00:31:11.000

put that fear in perspective and figure out, like, okay, how do I keep myself safe? What are... what are the ways in which I do need to be vigilant and do need to.

00:31:11.000 --> 00:31:17.000

to have a certain amount of suspicion. you know, raised in order to.

00:31:17.000 --> 00:31:24.000

to keep myself safe. Versus... I trust no one and nothing.

00:31:24.000 --> 00:31:34.000

Yeah, I think... I think there is a reason.

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That, um... When you see, particularly ice.

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These days, you often see them in tactical gear.

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helmets and some form of head covering or sunglasses.

00:31:47.000 --> 00:31:52.000

Mm-hmm. Okay.

00:31:52.000 --> 00:31:53.000

Uh, because... The.

00:31:53.000 --> 00:31:57.000

Yep.

00:31:57.000 --> 00:32:04.000

Les... that the authority over them.

00:32:04.000 --> 00:32:08.000

gives them humanizing features. the scarier they are. It's the Darth Vader principle, it's.

00:32:08.000 --> 00:32:14.000

Mm-hmm.

00:32:14.000 --> 00:32:15.000

Mm-hmm.

00:32:15.000 --> 00:32:23.000

It's... I mean, it's... it's what makes Star Wars... both compelling and horrifying to somebody that's 6.

00:32:23.000 --> 00:32:24.000

Because the first, literally the first thing you see on screen is this.

00:32:24.000 --> 00:32:28.000

Mm-hmm.

00:32:28.000 --> 00:32:39.000

black helmeted robot that's 7 feet tall that's both the coolest and scariest thing I've ever seen in your life. It's that same sort of.

00:32:39.000 --> 00:32:51.000

principally, if we can un-human anything, it makes it more, um... Uh, effectively, uh... emotionally scary, so... Whatever we can do.

00:32:51.000 --> 00:32:54.000

Yeah.

00:32:54.000 --> 00:33:07.000

to counter that, both within our neighbors and. Um... Uh, you know, it's... I heard somebody say, I'm not.

00:33:07.000 --> 00:33:18.000

Doing this to. save, or... stand in front of immigrants. I am, but I'm doing this to stand in front of my neighbor, John.

00:33:18.000 --> 00:33:19.000

Yeah.

00:33:19.000 --> 00:33:32.000

you know, or Luke. Uh... And whatever we can do to... Make our world a little bit more human, and just share.

00:33:32.000 --> 00:33:43.000

Something in common... And, uh... together, I think we should absolutely endeavor to do.

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Yeah, absolutely. So I guess as, uh, I'm wondering if we want to start landing the plane, and I guess one.

00:33:54.000 --> 00:34:08.000

Final thought that I have is... is just, um... Maybe, Justin, you and I could share a little bit about, um, some of the community building efforts that we've been part of, you know, beyond our work at the Julian Way.

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How have we each built intentional community in our own lives?

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Yeah, um... I think one of the things that we... have, uh, that Lisa identified risk.

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is, um... We have found family all over the world, um.

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primarily because we lived in community for 12 years.

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Mm-hmm.

00:34:39.000 --> 00:34:43.000

And there's a lot of those people we keep in touch with.

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But, uh... primarily, uh, we have, uh... to family members that we met in community who live in Colorado, and we hang out with them.

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Um... once every 6 weeks, and what's so interesting about that is, as we've continued to get to know them and grow with them as found family.

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Uh, we have gotten to know their friends and their friends' struggles.

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Hmm...

00:35:19.000 --> 00:35:24.000

Androids, and even though we've never met. Many of those friends.

00:35:24.000 --> 00:35:32.000

Um... Because... Rebecca and Nico are connected to those people.

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And we pray for and love. Rebecca and Nico, we pray for and love.

00:35:39.000 --> 00:35:42.000

They're friends as well, so. Those webs of community, and when we do get a chance to meet.

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Yeah.

00:35:47.000 --> 00:35:55.000

Those folks, from time to time, it's like, oh yeah, you know our cousins, or you know our sister.

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So you're our cousin. That sort of thing, and uh... And I just think... I... Before living in community.

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And really... opening up for that season to invest in whoever came through our doors. I don't know if I would be able to.

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maintain that posture for this long, if that makes sense.

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Mm-hmm.

00:36:26.000 --> 00:36:33.000

So, that's the... that's the one that comes. Most readily to mind for me.

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Yeah, and just to make the connection for our listeners, you're talking there about Rebecca Mitts, former host of this podcast.

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Yes. Ah. First, you know, other dimensional Rebecca.

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Exactly.

00:36:51.000 --> 00:36:57.000

long ain't originally of this parish, as we like to say.

00:36:57.000 --> 00:37:04.000

Yeah, and so, like, in many ways, you know, this podcast is an outgrowth of your intentional community.

00:37:04.000 --> 00:37:22.000

Yeah, yeah. I mean, we gotta take back in our group.

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Here we are!

00:37:23.000 --> 00:37:29.000



Wandering around a winter night, going to a Christmas concert and saying, that'll be hilarious if we did a podcast and we call it Palsies with Palsies, and... You know... Uh... nearly... Uh, 7 years later.

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Mm-hmm. Absolutely.

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We're marching on!

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Yeah, I think for me, you know, my building of community and being intentional about it.

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Um... I... I think it's something I very much learned from my parents.

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Um, you know, we've... all my life, I've had... Uh... people in my life who were found family, who, you know, were very close friends and found family for my parents, and so then... they become my family, and their kids become my family, and...

00:38:09.000 --> 00:38:28.000

You know, so that's people like my God family, who live out in Kentucky, and who, you know, for many years, we... Uh, we frequently went and did New Year's with, and, you know, it includes a family that I refer to as my pseudo-parents and my pseudo-brother, and uh...

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You know, we would do... They would join us for Thanksgiving every year, and my dad is in a folk duo with Paul, the father in that family.

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Awesome.

00:38:42.000 --> 00:38:57.000

Um, yeah, uh, boys in Hats, go check them out. Um... But, um... Yeah, you know, I just... I really... and I think about, um, for many years, my mom hosted an event called Kaylee.

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Uh, that, uh, comes from an Irish, uh, tradition of, of, uh, gathering together to share, uh, music and stories and food and, uh, we would do it the day after Thanksgiving, and it was just an event where we invited over all of our friends, and you could bring your friends, and... You know, and you'd bring a dish to share, and some sort of offering for the entertainment, a joke, a story, a song, and we would just.

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gather and... and listen and sing and. And be together, and that was... that, you know, brought together.

00:39:39.000 --> 00:39:46.000

people, you know, mostly who were relatively local, but, you know, there were people who would drive a few hours to.

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Uh, to come join us and come meet up with us for this once-a-year thing.

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Um, and so, you know, I just have. always strive, uh, you know, the older I get to live into that legacy, you know, to... maintain these chosen family type connections and.

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Uh, to... to hold spaces that can welcome in.

00:40:17.000 --> 00:40:25.000

new connections. And I also have chosen family all over the place.

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you know, I got my seminary friends that I meet up with online every few weeks, and.

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I have a network of partners all throughout the Northeast.

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And, you know, I'm... but I'm also thinking of... I have these very dear friends here in the Northampton area that I went to college with, and.

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You know, we... we're not always great at constant communication, and so, you know, there have been periods since we graduated from college that we weren't very much in touch, but, like.

00:41:12.000 --> 00:41:13.000

Yeah.

00:41:13.000 --> 00:41:24.000

You know, when I reached out and said, hey, I'm thinking of moving to the Northampton area, like, you know, I'd love to spend more time with you. They were just immediately all-in of, like, and we'll help you with this, and we'll come help you move, and... you know, just, it didn't matter how long it'd been, they... they were there, and, you know, and one of them texted me

yesterday and was like, I miss you, can we hang out? And we, you know, we were going over dates and, you know.

00:41:24.000 --> 00:41:27.000

Not sure when we can see each other, and then she was like.

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I'm on my lunch break in an hour. Can I come by for lunch?

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Awesome, yeah.

00:41:34.000 --> 00:41:42.000

And... and we just did. So... yeah, just... I guess, so I guess my lesson would just be... Um, when you make a connection.

00:41:42.000 --> 00:41:45.000

try to hold on to it, even... even if you're out of touch for... for weeks or months or years, that.

00:41:45.000 --> 00:41:50.000

Yeah.

00:41:50.000 --> 00:41:59.000

That doesn't need to mean that that door is closed. You can always reach out and say, how you doing? Any... anything I can do to... To show up in your life.

00:41:59.000 --> 00:42:08.000

Yep, some of the best... rooms I have, I got to every 3 to 6 months and it's like we've been.

00:42:08.000 --> 00:42:13.000

Having one continuous conversation for at least twelve years.

00:42:13.000 --> 00:42:14.000

Yeah.

00:42:14.000 --> 00:42:18.000

And that's community, so. When you have an opportunity to make connections, especially now.

00:42:18.000 --> 00:42:23.000

Mm-hmm.

00:42:23.000 --> 00:42:35.000

Don't, um... Don't pass them up, especially when the gravitational pull of the world seems to be pulling us in the other direction.

00:42:35.000 --> 00:42:49.000

Absolutely. Well, thank you so much, Justin, for having this conversation with me. It's so good to... To get to talk about bright and beautiful things in the midst of all of this.

00:42:49.000 --> 00:43:03.000

Absolutely, and um... We are gonna... before we do the... where you can find us, and I'll let Becca land the plane coming up, and policies with palsies very soon.

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Uh, we're endeavoring to actually have our parents on the show. We're gonna work on that very soon and.

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Yeah!

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To my knowledge, they've both given a tentative yes, and we just need to set it up. Now I can ask your dad.

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About his, uh... Folk music side project!

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Uh, so... I'm looking forward to that, but yeah.

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Absolutely.

00:43:32.000 --> 00:43:37.000

Where can people, uh, find us, Becca, and how can we connect?

00:43:37.000 --> 00:43:45.000

Yeah, you can find us wherever fine podcasts can be found, Apple Podcasts, Spotify, Amazon Music, iHeartRadio.

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And on whatever platform you find us on, uh, if you could go and rate us 5 stars and leave us a review.

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Oh my gosh.

00:44:00.000 --> 00:44:06.000

Uh, that would just be so helpful, it helps other people find us. Um, if you know someone who you think could benefit from one of our episodes, it's, uh, you know, maybe is interested in one of the topics that we talked about.

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feel free to send it their way. We'd love to be able to reach more people who need and want to hear the kinds of things that we're talking about.

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Uh, if you have a question or a topic suggestion that you'd like us to talk about on the show, we would love to hear from you. You can reach out to us by email at.

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PWP at thejulianway.org. Uh, if you visit us on thejulianway.org, you can find out more about the other work that we do. It's very much about community building.

00:44:42.000 --> 00:44:53.000

Um, and you can also donate to support the show, uh, anything that you give to the Julianne Way really helps us keep this show going, and is so very much appreciated.

00:44:53.000 --> 00:45:05.000

Um, and if you do none of those things, we are still so glad that you're here. You... you listening and being part of this community, uh, truly means so much.

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Thank you all so much for being part of our community.

00:45:08.000 --> 00:45:12.000

And go out and put some good into the world, friends.

00:45:12.000 --> 00:45:13.000

Take care. Bye.

00:45:13.000 --> 00:45:19.000

Thanks, friend. Bye!

00:45:19.000 --> 00:45:23.000

Finding the record button.

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Did Zoom update change where the record button is?

00:45:28.000 --> 00:45:31.000

Yes, it did. But I know.

00:45:31.000 --> 00:45:38.000

Just to help