

# SL Recreation Commission

# 2025 Summer Schedule

**Camps are based on participant's grade level for the next school year (Fall 2025). Participants are considered a RESIDENT if they reside in Crockery Township, Spring Lake Township/Village or they attend Spring Lake Public Schools. All others are considered to be a NON-RESIDENT.**  
<https://www.springlakeschools.org/recreation-commission/>

## Boys' Baseball Camp

**DATES:** July 14-17  
**TIME:** Grades 5-7 10:00-11:30 am  
Grades 8-9 11:30 - 1:00 pm  
**PLACE:** SLMS Hickman Field  
**REGISTRATION:** [Camp Registration](#)  
**FEE:** (*Shirt included*) Resident \$35.00 Non-Resident \$50.00  
**INSTRUCTORS:** Varsity Baseball Staff  
Instruction will include all skills and fundamentals.  
**EQUIPMENT:** Any and all baseball equipment and attire.  
Some equipment can be provided.

## Boys' Basketball Camp

**DATES:** June 9-12  
**TIME:** Grades 3-5 8:00-9:30 am  
Grades 9-12 9:30-11:00 am  
Grades 6-8 11:00 am-12:30 pm  
**PLACE:** SL Middle School Big Gym  
**REGISTRATION:** [Camp Registration](#)  
**FEE:** (*Shirt included*) Resident \$35.00 Non-Resident \$50.00  
**INSTRUCTORS:** Boys' Basketball Coaching Staff  
Instruction will include ball handling, passing, shooting, offensive moves, individual defense and team offense and defense.

## Girls' Basketball Camp

**DATES:** June 9-12  
**TIME:** Grades 3-5 2:30-4:00 pm  
Grades 6-8 1:00-2:30 pm  
**PLACE:** SL Middle School Big Gym  
**REGISTRATION:** [Camp Registration](#)  
**FEE:** (*Shirt included*) Resident \$35.00 Non-Resident \$50.00  
**INSTRUCTORS:** Girls' Basketball Coaching Staff  
Instruction will include ball handling, passing, shooting, defense, team skills instruction in a fun atmosphere, where all levels of experience are welcome.

## Cheerleading Camp

**DATES:** June 23-26  
**TIME:** Grades 3-8 9:00-10:30 am  
**PLACE:** Grabinski Field  
**FEE:** (*shirt extra*) Resident \$25.00 Non-Resident \$40.00  
**INSTRUCTORS:** Cheer Coaching Staff  
**REGISTRATION:** [Camp Registration](#)  
Instruction will include fundamentals of jumps and stunting. Athletes will also learn the words and motions to the school song, and will be taught a few chants and cheers throughout the week. SHIRT must be ordered by June 10.

## Cheerleading Stunt Camp

**DATES:** July 14-17  
**TIME:** Grades 5-8 9:00-10:30 am  
**PLACE:** MS Big Gym  
**FEE:** Resident \$25.00 Non-Resident \$40.00  
**INSTRUCTORS:** Cheer Coaching Staff  
**REGISTRATION:** [Camp Registration](#)  
Instruction will focus on stunting fundamentals required for competitive cheerleading. Participants will learn about and practice proper technique for safe stunting while learning about competitive cheerleading.

## Diving Camp

**DATES:** June 16-18  
**AGES:** 8-14 years old (Limited Enrollment)  
**TIME:** 2:30-4:00pm  
**PLACE:** SLFCAC  
**REGISTRATION:** [Camp Registration](#)  
**INSTRUCTOR:** Coach Russell  
**FEE:** (*shirt included*) Resident \$45.00 Non-Resident \$60.00  
Student MUST be able to swim 25 yards. Beginners will focus on basic fundamentals and skills of diving, including jumps, hurdles, and basic dives. Advanced students will work towards a 6 or 11 dive list, focusing on entries, hurdles, flexibility, new dives and problem dives. Dry-land training will be included to improve flexibility, body awareness, balance, agility and confidence.

# 2025 Summer Schedule

## FOOTBALL SKILLS CAMP

**DATES:** June 23-25 Grades 2-6 10:00-11:30 am  
**FEE:** (*Shirt included*) Resident \$35.00 Non-Resident \$50.00  
**PLACE:** SLMS Practice Field (behind the Middle School)  
**REGISTRATION:** [Camp Registration](#)  
**INSTRUCTORS:** Football Coaching Staff  
 This camp is designed to teach fundamental football skills.

## BOYS' LACROSSE CAMP

**DATE:** July 16-17  
**TIME:** Grades 3-5 5:00-6:00 pm  
 Grades 6-8 6:00-7:30 pm  
**PLACE:** SLHS Turf Lacrosse Field  
**FEE:** (*Shirt included*) Resident \$25.00 Non-Resident \$45.00  
**REGISTRATION:** [Camp Registration](#)  
**INSTRUCTORS:** Boys' Lacrosse Coaching Staff  
 Instruction will include fundamentals of coaching, throwing, shooting, offensive and defensive moves. Time will be spent working on techniques to better build a foundation.

## GIRLS' LACROSSE CAMP

**DATE:** June 9-11  
**TIME:** Grades 3-5 5:00-6:00pm  
 Grades 6-8 6:00-7:30pm  
**PLACE:** SLHS Turf Lacrosse Field  
**FEE:** (*Shirt included*) Resident \$30.00 Non-Resident \$45.00  
**REGISTRATION:** [Camp Registration](#)  
**INSTRUCTORS:** Girls' Lacrosse Coaching Staff  
 Instruction will include fundamentals of coaching, throwing, shooting, offensive and defensive moves. Time will be spent working on techniques to better build a foundation.

## SOCCER CAMP (Co-ed)

**DATE:** June 16-19  
**TIME:** Grades 3-5 (Co-ed) 9:00–10:30 am  
 Grades 6-8 (Co-ed) 10:30 am–12:00 noon  
**PLACE:** SLHS Turf Soccer Field  
**FEE:** (*Shirt included*) Resident \$35.00 Non-Resident \$50.00  
**REGISTRATION:** [Camp Registration](#)  
**INSTRUCTORS:** Soccer Coaching Staff  
 This fun **Co-ed** camp will further enhance the player's basic skills. Topics covered are passing, shooting, and dribbling. Our goal is to have fun, learn skills, and encourage growth for the community of soccer.

## GIRLS' SOFTBALL CAMP

**DATES:** July 7-10  
**TIME:** Grades K-4 3:00-4:30 pm  
 Grades 5-8 4:30-6:00 pm  
**PLACE:** SLHS Varsity Softball Field  
**REGISTRATION:** [Camp Registration](#)  
**FEE:** (*Shirt included*) Resident \$35.00 Non-Resident \$50.00  
**INSTRUCTORS:** Coach Uithoven & Varsity Players  
 Instruction will include all skills and fundamentals.  
**EQUIPMENT:** Any and all softball equipment and attire. Some equipment can be provided.

## SPEED CAMP (Co-ed)

**DATES:** June 16-19  
**GRADES:** 7-12  
**TIME:** 9:30-10:30 am  
**PLACE:** High School Track  
**REGISTRATION:** [Camp Registration](#)  
**INSTRUCTOR:** Track & Field Coaching Staff  
**FEE:** Resident \$25.00 Non-Resident \$40.00  
 This camp is intended for all athletes in grades 7-12 that want to get faster for their sport. Athletes will be timed in short sprints, learn sprinting techniques, and learn plyometric exercises that help increase speed.

## SWIM LESSONS

(at least 5 years old by September 1, 2025)

**DATES:** 1st Session June 9-20  
 2nd Session July 7-18  
**TIME:** 8:00 am–12:00 pm  
 Monday–Friday 35 minute lessons (2 weeks)  
**FEE:** Resident \$30.00 Non-Resident \$45.00  
**PLACE:** SLCFAC **DO NOT register at the SL Aquatic Center.**  
**REGISTRATION:** [Camp Registration](#)  
 Register by May 30 for Session 1, schedule will be emailed by June 2. Class sizes are limited. Click [HERE](#) for Swim Level descriptions.

## SWIM STROKE CLINIC

(Must be able to swim one length of the pool with face in the water)

**DATE:** June 9-12  
**TIME:** 3:30-4:30 pm 10 years and under  
 4:30-5:30 pm 11 years and over  
**FEE:** Resident \$35.00 Non-Resident \$50.00  
**PLACE:** SLCFAC  
**REGISTRATION:** [Camp Registration](#)  
**INSTRUCTORS:** Swim Coaches & Past/Present SL Swimmers

# 2025 Summer Schedule

## COMPETITIVE SWIM TEAM

*(Must be able to swim one length of the pool with face in the water)*

**DATE:** June 16 – July 17 Monday-Thursday  
**TIME:** 3:30-4:15 pm Beginners (8 & Under)  
 4:15-5:15 pm Intermediate (9-12 yrs.)  
 4:15-5:30 pm Adv./workout (13 & older)  
**FEE:** *(shirt included)* Resident \$80.00 Non-Resident \$95.00  
**PLACE:** SLCFAC  
**REGISTRATION:** [Camp Registration](#)  
**INSTRUCTORS:** Swim & Dive Coaches, SL Swimmers  
 Adjustments to participant's practice time may vary according to ability. A schedule of swim meets will be posted.

## TENNIS CAMP

**DATE:** June 16-19  
**TIME:** 8:30-9:30 am – Future Stars - 6-10 years old  
 9:30-10:30 am – Big Hitters - 9-13 years old  
 10:30-11:45 am – HS Intermediate - 13 yrs & older  
 11:45am-1:00pm – HS Advanced - 13 yrs & older  
**FEE:** Resident \$30.00 Non-Resident \$45.00  
**PLACE:** SLHS Tennis Courts  
**REGISTRATION:** [Camp Registration](#)  
**INSTRUCTORS:** Varsity Coach Charron

## TENNIS LESSONS

3 weeks each session (M–Th)  
**DATES:** 1st Session June 9-June 26  
 2nd Session July 7–July 24  
 Little Stars (4-8 years old) 11:20 am–12:00 pm  
 Beginners (8 years & up) 8:00–8:40 am OR 8:50–9:30 am  
 Adv. Beginners (must have had Beginners)  
 9:40–10:20 am OR 10:30–11:10 am  
**PLACE:** SLMS Tennis Courts, Hammond St.  
**FEE:** *(shirt extra)* Resident \$45.00 Non-Resident \$60.00  
**REGISTRATION:** [Camp Registration](#)  
**INSTRUCTOR:** Coach Sprite

## TRACK & FIELD

**DATES:** June 23-26  
**TIME:** 5:00-6:00 pm (Grades 2-5)  
 6:15-7:30 pm (Grades 6-8)  
**PLACE:** Spring Lake High School Track  
**REGISTRATION:** [Camp Registration](#)  
**INSTRUCTORS:** Track & Field Coaching Staff, past & present SL Track & Field Athletes  
**FEE:** *(shirt extra)* Resident \$25.00 Non-Resident \$40.00  
 This camp will teach the basics of track & field events, including sprints, hurdles, relays, distance running and field events, ending with a mini meet.

## GIRLS' VOLLEYBALL CAMP

**DATES:** June 16-19  
**TIME:** Grades 9-12 9:00–11:30 am  
 Grades 7-8 12:00 –1:30 pm  
 Grades 4-6 1:30–3:00 pm  
**PLACE:** SL Middle School Big Gym  
**FEE:** Resident \$35.00 Non-Resident \$50.00  
*(Shirt included for those Registered by June 7)*  
**REGISTRATION:** [Camp Registration](#)  
**INSTRUCTORS:** Varsity Coach Ed Bailey & Players from Ferris University and McPherson University

## BOYS' VOLLEYBALL CAMP

**DATES:** June 16-19  
**TIME:** Grades 7-12 4:00-5:30 pm  
**PLACE:** SL Middle School Big Gym  
**FEE:** *(shirt included)* Resident \$35.00 Non-Resident \$50.00  
**REGISTRATION:** [Camp Registration](#)  
**INSTRUCTORS:** SL Volleyball Staff & Players

## WRESTLING CAMP

**DATE:** June 30-July 2  
**TIME:** Grades 2-12 9:00-11:00am  
**FEE:** Resident \$25.00 Non-Resident \$40.00  
**PLACE:** Fitness & Aquatic Auxiliary Gym  
**REGISTRATION:** [Camp Registration](#)  
**INSTRUCTORS:** Wrestling Coaching Staff  
 Coaches will lead technique of a variety of different take down approaches for all abilities.

## YOGA

**DATES:** June 16-19  
**TIME:** Grades K-2 9:00-10:00 am  
**PLACE:** Jeffers Elementary  
**FEE:** Resident \$35.00 Non-Resident \$50.00  
**REGISTRATION:** [Camp Registration](#)  
**LIMIT:** 16 campers per session (first come/first served)  
**\*\* Session may be canceled due to low enrollment. NO REFUNDS for CANCELLATIONS.**  
**INSTRUCTOR:** Lauren Scholtz, Certified Instructor

Spend 60 minutes practicing yoga! We will learn new tools to energize our bodies as well as finding ways to focus and relax. During our class we will be reading stories using yoga moves, playing games, working with partners and challenging our minds and bodies.

# 2025 Summer Schedule



**Due to construction at the High School, summer theater will be held at the Middle School.**

## THEATER EXPO, JR.

### On the Radio

**REHEARSAL:** June 16-27, MS Auditorium  
M–F from 9:00 am–12:00 noon

**DATE OF PLAY:** June 26 & 27 at 7:00 pm

**PLACE:** SLMS Auditorium

**REGISTRATION:** [Camp Registration](#)

**GRADES:** Grades 1–4

**FEE:** (Dvd extra) Resident \$100.00 (shirt included)  
Non-Resident \$115.00 (shirt included)

**DIRECTORS:** Shaylynn Chalupa & Michelle Prince

Welcome to KYDZ, the radio station that plays the hits while you sing along. Meet disc jockey Marvelous Mike and sidekick Jivin' Judy as they play the oldies, the goodies and all the songs kids have loved throughout the years. From the Depression and World War II, to Elvis, the Beatles and disco, the radio is where America hears the songs that become the soundtracks of their lives. Songs include: Ain't We Got Fun?; Boogie Woogie Bugle Boy; Hound Dog; Sgt. Pepper's Lonely Hearts Club Band and Footloose.

## TEEN MUSICAL THEATER INTENSIVE

**REHEARSAL:** July 7-19, MS Auditorium  
M–F from 12:30-5:00 pm

**SHOW DATES:** July 18 & 19 at 7:00 pm

**PLACE:** SLMS Auditorium

**REGISTRATION:** [Camp Registration](#)

**GRADES:** Grades 9-12

**FEE:** (Dvd extra) Resident \$115.00 (shirt included)  
Non-Resident \$130.00 (shirt included)

**MUSIC DIRECTOR:** Rob Hlebinsky

Musical Theater Intensive will combine various elements of musical theater in a fast paced setting. Students will be led through this session of singing, staging production numbers and learning and performing choreography. Being able to read music and willing to dance is a must.

## SUMMER THEATER EXPO 2025

### Pre-Teen Musical Theatre Intensive

**REHEARSAL:** July 7-19, MS Auditorium  
M–F from 9:00 am–12:00 noon

**SHOW DATES:** July 18 & 19 at 7:00 pm

**PLACE:** SLHS Auditorium

**REGISTRATION:** [Camp Registration](#)

**GRADES:** Grades 5–8

**FEE:** (Dvd extra) Resident \$115.00 (shirt included)  
Non-Resident \$130.00 (shirt included)

**DIRECTORS:** Shaylynn Chalupa & Chris Chalupa

Pre-Teen Musical Theatre Intensive will be modeled after our popular Teen Musical Theatre Intensive and will combine elements of musical theater in a fast paced setting focusing on singing in harmony, staging production numbers and learning and performing choreography. Being able to read music at least a little and being willing to learn dances is crucial.



**FINANCIAL ASSISTANCE** is available. Written requests should be sent to:

**Spring Lake Recreation Commission**  
345 Hammond Street, Spring Lake, MI 49456  
or emailed to [bcore@springlakeschools.org](mailto:bcore@springlakeschools.org)

**QUESTIONS or SUGGESTIONS FOR A BETTER PROGRAM?**  
CALL BILL CORE, DIRECTOR OF RECREATION COMMISSION,  
(616) 846-5502.

Greater Spring Lake Area Recreation Commission does not discriminate on the basis of race, color, religion, gender, national origin, age, height, weight, marital status, handicap, disability, or limited English proficiency in any of its programs or activities. This commission has been designed to handle inquiries regarding discrimination policies: Greater Spring Lake Area Recreation Commission, 345 Hammond St, Spring Lake, MI 49456, (616)846-5502.

## SPRING LAKE PARKS & RECREATIONAL AREAS

**LAKE AVENUE BEACH** *(Located in the Village at the End of Lake Ave.)*

Enjoy this sandy beach on the shores of Spring Lake.

**CENTRAL PARK PLAYGROUND/PICNIC AREA** *(Located in the Village off Fruitport Road)*

Softball, baseball, basketball, pickleball and tiny tot playground are part of Central Park. For shelter reservations contact the Village of Spring Lake at 842-1393. Lights will be on until 11:00 pm.

**LINEAR PARK/WALKING TRAIL** *(Adjacent to Central Park from Fruitport Road to downtown Spring Lake)*

The asphalt path is 1-3/8 miles long and includes resting benches, water fountains, and lights. It is plowed and maintained year round.

**LITTLE BLACK LAKE PARK** *(Located north of Eagles Campground on the east side of the lake.)*

Approximately 40 acres of land adjacent to Little Black Lake. The park has an accessible kayak launch and the roadway to the park has been improved. Access the park from Wilson Road or from the Norton Shores portion of the park.

**RYCENGA PARK (80 ACRES)** *(Located at the north end of West Spring Lake Road)*

Rycenga Park includes soccer & softball fields, basketball courts, several covered picnic areas with grills nature trails, and a large parking area. The quiet side of the park has a 400' boardwalk with overlooks to the walking trails. Contact Spring Lake Township at 842-1340 to reserve one of the sheltered areas.

**TANGLEFOOT PARK** *(Located on the Grand River in the Village of Spring Lake on Exchange St.)*

The park includes a splash pad, kayak launch, farmers' market, boat slips and a rental pavilion.

**WATER TOWER PARK (3 ACRES)** *(Located at the intersection of Van Wagoner Road and West Spring Lake Road)*

The park includes tennis court, picnic tables and a large field for soccer or open recreation.