

Santa Fe Soup

Servings: 4

Ingredients

1/2 package ground turkey
1/2 red onion, chopped
1 package dry ranch dip mix
1 package lower sodium taco seasoning
1 can black beans
1 can whole kernel corn
1 can diced tomatoes
1 cup water

Preparation

- 1) Sauté meat and onion in large skillet until meat is no longer pink. Drain.
- 2) In a large pot, mix the rest of the ingredients. Cover and simmer for two hours. *May also cook in a slow cooker for 6-8 hours on Low.
- 3) Serve with tortilla chips and top with sour cream and/or cheese, if desired.