## Take 1 hour for you

#### Make Your To-Do List Public

Create a To-Do List for Each Week or Each Day

60 minutes to make your own notes.

**Note Why Each To-Do on Your List Is Important** 

3600 seconds to write down a plans.

#### Write down your hopes.

have sticky notes in two colors: one for hopes and one for fears.

#### Step-by-step

Capture hopes and fears / Play back, discuss, synthesize / Let it persist

During the Research, Design, and Planning (RDP) phase of your

projects, one of the goals is to understand the people involved in the

project. Start to understand yourself to connect better with other people.

**Draw Your To-Do List No list? just use an <u>online public calendar.</u>
<b>SEE EXAMPLE** 

Break Large To-Dos Down Into Smaller To-Dos Write down your dreams.

Design Thinking Toolkit, Activity Affinity Mapping

Your Hopes and Dreams for School

Write down all your wishes.

Make your own bucketlist.

Write down All Final Thoughts

conduct keyword research
conduct competitive research
audit and catalog existing content
review ideas backlog
solicit ideas from customer service and sales
ask customers for ideas
evaluate all ideas
create calendar

**Delete Low/No-Value Tasks and Nice-To-Dos** 

# Write a "What I'll Probably Do" List What do I actually think that I will do today?

### Start Building a Better To-Do List 4 To-Do List Methods. Here's What Worked.