

Relay Leg 1. Ross to Kerne Bridge

The leg runs entirely on the 'Wye Valley Walk'. The first part of this through town is poorly marked but once off-road the way marks are adequate. On the day of the event we will place course signage to get you from the start point to the start of the way-markings below Chase Wood.

Start at the 'bandstand' near the river and opposite the road from the large car park used for the parkrun. This is a large open grassy area below the town. There are toilets nearby.

Start by running on the grass towards the tunnel under the main road. From here, on the day, we will place arrows to show you the way. If you are on a recce then follow the route marked on the map piece (on this webpage) – this will be the route marked for the event. Note that the new Wye Valley Walk is different to the old version that runs along the main road. Be careful what map you follow.

Go past Alton court (PGL offices) on your right and go straight on through the kissing gate. There are signs you can follow from here, but to help here are some details.

Go straight up the track ignoring a right fork. When you get to a metal gate at the edge of the woods turn right just past the gate and head up the hill to the right of the phone mast.

At the top of the hill turn right through the gate. At the edge of the woods turn right through the kissing gate back into the woods. Go straight on heading gently up until you reach a 7 bar gate. Carry straight on up the hill past the forestry gate. Take the left fork past the electrical station.

Keep going up until you reach a fork in the paths (there is a large Coast Redwood tree in the middle of the path junction). Go to the left of the tree and straight on down a narrow footpath. There is a way mark here and the weeds have been cut back.

Take care on this next sections as there are wooden steps and loose gravel.

Go to the left of the asparagus field. When you get to the road turn left. Run along the road a short distance past a house on your right and look around for a wooden kissing gate on your right just before the road bends.

Keep to the left hand side of the field. Go straight over the track and head up until you reach a house. Go right.

When you get to the concrete track head right. At the road go straight ahead over the stile. At the next stile turn right just after a very low hanging branch. Head up through the vineyard into what looks like someone's garden. Turn right at the tarmac. Take a slight dogleg left and follow the footpath sign to Walford.

Now follows a delightful path for a couple of kilometres.

When you get to the road go straight on. Just keep heading straight on until you get to a concrete road with grass in the middle.

Turn left at Tump Cottage away from the main road.

Now watch out for a right hand turn after a couple of hundred metres. It's where the road starts to get broken up and bears to the left. Turn right on this narrow path. Follow this all the way to a road/track where we will place the finish.

TRAIL SHOES RECOMMENDED