

National Dental Hygiene Month Email:



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Subject: Help Us Celebrate National Dental Hygiene Month!

Hi [Patient Name],

October is National Dental Hygiene Month and we want to kick it off with making sure you protect those pearly whites!

Our Registered Dental Hygienists want to remind you to call today & book your next cleaning appointment with us. With this being our busy season, they look forward to seeing your smiling face soon.

In the meantime, don't forget to follow these tips:

BRUSH for 2 minutes twice per day, especially before bed, to prevent cavities and plaque-related diseases.

FLOSS daily to remove plaque and food that can't be reached by your toothbrush.

RINSE daily using mouthwash to eliminate plaque & germs and to reduce the risk of gum disease.

CHEW sugar-free gum after meals to help fight tooth decay by producing saliva to rid your mouth of bacteria.

VISIT us to protect your smile. Who doesn't love a good tooth spa?

We look forward to hearing from you.

[Insert Dr. Name]

[Practice Name]

[Practice Phone Number]