



Mukwonago Area School District

Building Better Schools Together

Concussion Protocol



A concussion can impact your child's learning and education. It is important to notify your child's school if they sustain a head injury that results in a concussion anytime during the school year. Most concussions will resolve within a week, but some may have more, long term effects.

September 4, 2018, CDC Released Guidelines to Improve Care of Children with Mild Traumatic Brain Injuries (mTBI):

1. Do not routinely image patients to diagnose mTBI.
2. Use validated, age-appropriate symptom scales to diagnose mTBI.
3. Assess evidence-based risk factors for prolonged recovery.
4. Provide patients with instructions on return to activity customized to their symptoms.
5. Counsel patients to return gradually to non-sport activities after no more than 2-3 days of rest. (CDC.gov)

What you will need from your child's Health Care Provider:

- Written order for appropriate accommodations
- Written order to increase activity
- Date cleared to resume to normal activity

[Click here for PDF files related to Concussion Protocols](#)
