

Support for Recovery

Turning Point Recovery Center

Turning Point's mission is to help people find, maintain, and enhance their substance abuse recovery by providing peer-based recovery support to individuals and families; conducting educational programs that aid in building and enriching a healthy life; and maintaining a safe haven for sober recreation and social activities.

- **Learn more and find a location near you:**

- Bennington: <https://www.tpcbennington.org/>

>>>> Central Vermont: <https://www.tpccv.org/> <<<<

- Upper Valley: <https://www.uppervalleyturningpoint.org/>
- Springfield: <https://www.spfldtp.org/>
- Rutland: <https://www.turningpointrutlandvt.org/>
- Windham County:
https://www.facebook.com/TurningPointofWindhamCounty/?ref=page_internal
- Addison County: <https://turningpointaddisonvt.org/>
- Chittenden County: <https://turningpointcentervt.org/>

VT Helplink

VT Helplink is a statewide, free, and confidential resource that provides support and referrals, connecting Vermonters with the treatment and recovery services they need. On the phone or online, VT Helplink offers expert and personalized services, based on your specific needs.

- **Learn more here:** <https://vthelplink.org/>
- **Hours:** 8am to 10pm Monday through Friday, and 8am to 6pm on weekends and holidays. VT Helplink is open on all holidays.
- **Contact:** Call at **802.565.LINK** (or toll-free **833.565.LINK**)

- **Online Screener:** You can also use their quick online screener to get connected to the right services for you.

Vermont Association of Addiction Treatment Providers (VAATP)

VAATP represents many of Vermont's most effective programs, providers, organizations, and agencies in service to those faced with the causes and consequences of substance use and addiction, helping them to transform their lives and find lasting health, well-being, and recovery. Their member agencies provide effective, innovative, evidence-based treatment to many thousands of adults, adolescents, and families each year.

- **Learn more here:** <https://vtaddictionservices.org/>

Substance Abuse and Mental Health Services Administration (SAMHSA) National Helpline

SAMHSA's National Helpline, 1-800-662-HELP (4357) (also known as the Treatment Referral Routing Service), or TTY: 1-800-487-4889 is a confidential, free, 24-hour-a-day, 365-day-a-year, information service, in English and Spanish, for individuals and family members facing mental and/or substance use disorders. This service provides referrals to local treatment facilities, support groups, and community-based organizations.

- **Call SAMHSA's National Helpline: 1-800-662-HELP (4357) or TTY: 1-800-487-4889**
- **Find help near you:**
 - Visit the online treatment locator: <https://findtreatment.gov/>
 - Or send your zip code via text message: **435748 (HELP4U)**.

King Recovery Center - St. Johnsbury, Vt

Kingdom Recovery Center provides critical free programs for people in recovery from alcoholism/substance misuse disorder, and their families.

- **Learn more here:** <https://www.krcstj.org/>

- **Contact:** (802) 751-8520 or recoveryinfo@krcstj.org

Journey to Recovery Community Center – Newport, Vt

JTRCC provides a supportive environment of healing and hope for individuals, families and communities affected by addiction related to substance use and misuse. The center endeavors to enrich the lives of people in all stages of recovery, including their families, friends and neighbors who have been adversely affected by addictions.

- **Learn more here:** <https://jtr-cc.org/>
- **Contact:** (802) 624-4156

Vermont Association for Mental Health and Addiction Recovery – Montpelier, Vt

The Vermont Association for Mental Health and Addiction Recovery is a statewide information and advocacy organization that supports all paths to recovery from addiction and mental health conditions.

- **Learn more here:** <https://vamhar.org/>

This page will evolve over time. Please send suggestions to: hermitthrushsings@gmail.com