

- “28 Days To A Client” -




The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1.	1	Find a prospect and do research on them
2.	1	Write a FV for the prospect
3.	1	Review 3 Copies in TRW
4.	1	Review my own Copy
5.	1	Work wage job
6.	1	Review Swipe File
7.	1	Gym Session (1 hour)
8.	1	100 Push-ups/3 min Planks
9.	2	Hygiene
10.	2	Meditate
11.	2	Stretch
12.	2	Work on my Spanish
13.	2	Work on Speed Reading
14.	3	Read “Think and Grow Rich”
15. /	3	
16. /	3	
17. /	3	
18. /	3	
19. /	3	
20. /	3	

Day Number: 4







Date: 03-16-23

Start Of The Day - Time: 6:00 AM

	 3 Things That I Am Excited To Have In The Future? 
1.	Retiring my mom
2.	Having my own business and being my own boss
3.	The freedom to do what I want, whenever I want

Hour-By-Hour **Tracking:**

[Track+Measure=Improve]

 Task:	 Task = Set The Task That I Intend To Complete This Hour?
 Intention:	 Intention = What Is My Plan Of Action To Complete This Task For This Hour?
 Reflection:	 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

My War Mode Words:







1. I Am Acting With No Limits To My Abilities!







2. I Am Being All That I Can Be, Every Hour And Every Day!







3. Every Word I Am Saying And Thought I Am Thinking Is Positive!







4. I Am Being Enthusiastic About Completing Each Task!



5. I Am The Best Copywriter In The World!





 6 am: Task 	Morning Routine (Hygiene, Push-ups/Planks, Stretch, Meditate)
 Intention 	Get up at the sound of my alarm and prepare my mind and body for the day
 Reflection 	Task Completed

 7 am: Task 	Work my wage job
 Intention 	Complete all my assignments efficiently and look for ways to improve
 Reflection 	Task Completed





 4 pm: Task 	Midday Routine (Push-ups/Planks, Stretch, Meditate, Eat)
 Intention 	Reset my mind and body for the second half of the day
 Reflection 	Task Completed

 5 pm: Task 	Review swipe file
 Intention 	To improve my own copywriting skills
 Reflection 	Task Completed





 6 pm: Task 	Gym Session
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 Intention 	Improve my body
 Reflection 	Task Completed

\$ 7 pm: Task \$	Gym Session
 Intention 	Improve my body
 Reflection 	Task Completed

\$ 8 pm: Task \$	Return from the gym, take supplements and shower
 Intention 	Recovering my body
 Reflection 	Task Completed

\$ 9 pm: Task \$	Review 3 copies in TRW
 Intention 	To help fellow G's and to get inspiration for my own copy and improve on my skills
 Reflection 	Task Completed

\$ 10 pm: Task \$	Review 3 copies in TRW
 Intention 	To help fellow G's and to get inspiration for my own copy and improve on my skills
 Reflection 	Task Completed

\$ 11 pm: Task \$	Write a FV for the prospect
🔔 Intention 🔔	To get credibility for myself as a potential partner
✍️ Reflection ✍️	Task Completed

\$ 12 am: Task \$	Review my own copy
🔔 Intention 🔔	To better improve my skills as a copywriter
✍️ Reflection ✍️	Task Completed

\$ 1 am: Task \$	Read “Think and Grow Rich”
🔔 Intention 🔔	To better improve my skills as a copywriter
✍️ Reflection ✍️	Task Completed



End-Of-The-Day Report:



🧠 What Did I Learn Today? 🧠
“Getting into the arena” when reviewing copy helps a lot with my own copy

 **What Do I Plan To Do Differently Tomorrow?** 

It took me a little longer to review other students copy so I will need to dedicate more time to it

 **What Do I Plan To Do The Same Tomorrow?** 

Keep all the other tasks the same with some flexibility on giving myself more time to complete it

 **Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With?** 

Accountability channel

 **What Tasks Were Left Undone?** 

Practice Speed Reading

Brain Dump: