– "28 Days To A Client" –

The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1. 🗸	1	Find a prospect and do research on them
2. 🔽	1	Write a FV for the prospect
3. 🔽	1	Review 3 Copies in TRW
4. 🗸	1	Review my own Copy
5. 🗸	1.	Work wage job
6. 🗸	1 •	Review Swipe File
7. 🗸	1 •	Gym Session (1 hour)
8. <u>/</u>	1 •	100 Push-ups/3 min Planks
9. 🗸	2 -	Hygiene
10. 🔽	2 -	Meditate
11. 🗸	2 -	Stretch
12. 🔽	2 ·	Work on my Spanish
13. 🗙	2 ·	Work on Speed Reading
14. 🗸	3 ·	Read "Think and Grow Rich"
15. / / ×	3 ·	
16.	3 ·	
17. / /X	3 ·	
18.	3 -	
19.	3 ·	
20. 🔽/💢	3 ·	

Day Number: 4

Date: 03-16-23

Start Of The Day - Time: 6:00 AM

	igstyle 3 Things That I Am Excited To Have In The Future? $igstyle$
1_	Retiring my mom
2.	Having my own business and being my own boss
3.	The freedom to do what I want, whenever I want



[Track+Measure=Improve]

\$ Task:	\$ Task = Set The Task That I Intend To Complete This Hour?
<u></u> Intention:	Intention = What Is My Plan Of Action To Complete This Task For This Hour?
/ Reflection:	Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

My War Mode Words:

- 1. I Am Acting With No Limits To My Abilities!
- 2. I Am Being All That I Can Be, Every Hour And Every Day!
- 3. Every Word I Am Saying And Thought I Am Thinking Is Positive!
 - 4. I Am Being Enthusiastic About Completing Each Task!

5. I Am The Best Copywriter In The World!

\$ 6 am: Task \$	Morning Routine (Hygiene, Push-ups/Planks, Stretch, Meditate)
p dalli idSK þ	morning routine (nygiene, rush-ups/rtaliks, strettil, meditate)
🔔 Intention 🔔	Get up at the sound of my alarm and prepare my mind and body for the day
/ Reflection /	Task Completed
\$ 7 am: Task \$	Work my wage job
🔔 Intention 🔔	Complete all my assignments efficiently and look for ways to improve
/ Reflection /	Task Completed
\$ 4 pm: Task \$	Midday Routine (Push-ups/Planks, Stretch, Meditate, Eat)
🔔 Intention 🔔	Reset my mind and body for the second half of the day
/ Reflection /	Task Completed
\$ 5 pm: Task \$	Review swipe file
🔔 Intention 🔔	To improve my own copywriting skills
/ Reflection /	Task Completed
\$ 6 pm: Task \$	Gym Session

🔔 Intention 🔔	Improve my body
/ Reflection /	Task Completed
\$ 7 pm: Task \$	Gym Session
🔔 Intention 🔔	Improve my body
/ Reflection /	Task Completed
\$ 8 pm: Task \$	Return from the gym, take supplements and shower
A Intention	Recovering my body
/ Reflection /	Task Completed
· · · · · · · · · · · · · · · · · · ·	
\$ 9 pm: Task \$	Review 3 copies in TRW
🔔 Intention 🔔	To help fellow G's and to get inspiration for my own copy and improve on my skills
/ Reflection /	Task Completed
\$ 10 pm: Task \$	Review 3 copies in TRW
🔔 Intention 🔔	To help fellow G's and to get inspiration for my own copy and improve on my skills
/ Reflection /	Task Completed

\$ 11 pm: Task \$	Write a FV for the prospect
🔔 Intention 🔔	To get credibility for myself as a potential partner
/ Reflection /	Task Completed
\$ 12 am: Task \$	Review my own copy
🔔 Intention 🔔	To better improve my skills as a copywriter
/ Reflection /	Task Completed
\$ 1 am: Task \$	Read "Think and Grow Rich"
🔔 Intention 🔔	To better improve my skills as a copywriter
/ Reflection /	Task Completed



What Did I Learn Today?

"Getting into the arena" when reviewing copy helps a lot with my own copy

™What Do I Plan To Do Differently Tomorrow? ™
It took me a little longer to review other students copy so I will need to dedicate more time to it
™What Do I Plan To Do The Same Tomorrow? ™
Keep all the other tasks the same with some flexibility on giving myself more time to complete it
■ Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? 📧
Accountability channel
₹What Tasks Were Left Undone?
Practice Speed Reading

Brain Dump: