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Purpose: South Pointe Junior High School is dedicated to providing a healthy eating environment and instilling the importance of physical activity.

Nutritional Services:

- The school will participate in the School Breakfast Program and the National School Lunch Program.
- School provides free meals to all students by operating Provision2/ Community Eligibility Program
- Breakfast meals served meet the new meal pattern requirements including minimum requirements for fruits/vegetables, whole-grain rich foods, and 2 varieties of milk.
- The school provides breakfast in the cafeteria to all students upon arrival.
- Lunch meals served meet the new meal pattern requirements including minimum requirements for fruits, vegetables (and subgroups), whole-grain rich foods, meat/meat alternates, and 2 varieties of milk.
- Foodservice staff will ensure that there is no overt identification of students who receive free or reduced-priced meals.
- Students will be given adequate time to eat lunch.
- Students will have access to free, safe, and fresh drinking water throughout the school day.
- The school does not sell competitive foods
- Students are encouraged to participate in the School Breakfast Program and the National School Lunch Program.
- Foods served to students meet (or exceed) the USDA Smart Snacks in School nutrition standards, per the Arizona Nutrition Standards (ARS 15-242).
- The school allows infrequent, exempt fundraisers, where food sold on campus during the school day does not meet Smart Snacks guidelines and complies with the following:
 - The school submits the exemption request form to ADE for all food-related fundraisers, intended for consumption on the school campus during the school day, that do not meet the Smart Snacks guidelines.
- All foods and beverages advertised on the school campus during the school day meet or exceed the USDA Smart Snacks in School nutrition guidelines
- As the school, school nutrition services, physical education, School Improvement Team review existing contracts and consider new contracts, for equipment, and purchasing, decisions reflect applicable marketing guidelines established by the LWP.
- The school will promote good handwashing for students and staff and provide hand sanitizers throughout the campus.

Education:

- The school will provide nutrition education through the use of the school's announcements, newsletters, and website.
- Nutrition education is offered as part of a sequential, comprehensive standards-based health education curriculum.

Physical Education & Physical Activity:

- The school encourages physical activity during recess by having necessary sports equipment that requires physical movement.
- To the extent practicable, schools ensure that their grounds and facilities are safe, and that equipment is available to all students to be active.
- The school ensures that inventories of physical activity supplies and equipment are known and, when necessary, works with community partners to ensure sufficient quantities of equipment are available to encourage physical activity for as many students as possible.
- Students receive formal, age-appropriate physical education, consistent with national and state standards for physical education.
- Recess is offered outdoors when weather is feasible.
- Students are offered periodic opportunities to be physically active or to stretch in the classroom throughout the day on all or most days during a typical school week.

Promote Student Wellness:

- The school collaborates with the school health advisory council (SEAHEC), to develop, monitor, review and revise the Local Wellness Policy annually. The SHAC, which may consist of NSLP coordinator, parents, students, school administrators, athletic coaches, Health Education Instructors, Career counselors, Board Members, and community members who will serve as a resource for the school in implementing these policies.
- The public is notified of their ability to participate in the district wellness committee.
 - Notices on district website
 - Newsletters
 - Social Media
- The school has designated a wellness policy coordinator who will ensure compliance with the policy at the school level.
 - Position/Title of the designees is Elizabeth Herrera, Coordinator

Other Activities that Promote Student Wellness:

- School will include health and wellness tips monthly in the school newsletter to parents and students
- The benefits of and approaches to healthy eating and physical activity are promoted to parents/caregivers, families, and the general community throughout the school year
- Families are informed and invited to participate in school-sponsored activities and receive information about health promotion efforts
- The district promotes staff member participation in health promotion programs.
- The school participates in daily Mindful Mornings for student and staff wellness
- New family orientations cover NSLP expectations and if meals are brought from home they should be a complete meal

Policy Recommendations:

- Policy recommendations are available via email and at the Local Wellness Policy meeting.
- All stakeholders will be provided the opportunity to give feedback on wellness goals through our website, email, or open house events.

Implementation and Monitoring:

- To ensure the implementation of the LWP, the policy will be posted on the school's website. Janis Martinez (NSLP Coordinator), Melissa Barnett (School Leader), Michael Ruffalo (Curriculum Coach), Anita Cota (Community Member), Nya M.B. (Student), and Artinea Mingo (parent) will be responsible for monitoring policy implementation and distributing pertinent information to the schools.
- At least once every three years, the district evaluates compliance with the wellness policy. The evaluation includes:
 - The extent to which schools under the jurisdiction of the district are in compliance with the wellness policy.
 - The extent to which the district's policy compares to a model policy
 - A description of the progress made in attaining the goals of the district's wellness policy.
- The school actively notifies households of the availability of the triennial progress report which is available on the school website.
- The policy is updated when appropriate
- The school will retain documents to demonstrate compliance with the wellness policy.
- School informs families and the public each year of basic information about the policy, including its content, updates, and implementation status. Best practice is to include last revision date on LWP.
 - Notices on district website
 - Newsletters

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