2026 SSSDTIRO Safety Plan

The goal of this plan is to ensure a timely and effective response to any medical, safety, or security emergency that may arise during an Indoor Rowing Event.

Event Summary

- Event Name: South Side Smackdown/ TIRO Cup
- Location: 2411 W 55th St, Chicago, IL 60629
- Dates: Feb 6th
- Estimated Attendance: 600
- Number of Teams/Clubs: 25

Regatta Medical Response Guidelines

Nearest Hospital: Holy Cross Hospital, 2701 W 68th St, Chicago, IL 60629

Venue Emergency Access Points: Side doors flanking each gym, basement exits, front door.

Relevant Phone Numbers
Gage Park: +13127476147
Holy Cross Hospital: +17738849000
Police/Fire/Emergency: 911

Referees Locations

Competition gyms, weigh in station, registration if needed.

Medical Team

EMS (Emergency Medical Services)

Response Flowchart

1. Referee observes emergency → radios Medical Emergency on designated channel ***If necessary to transport via EMS immediately (cardiac episode, seizure, etc.) call 911 first, then notify the Regatta Director and Safety Manager.*
2. → injured athlete transported to nearest Medical Station
3. EMS meets athlete → assesses → begins care
4. If care resolves issue → athlete cleared/monitored
5. If escalation needed → Transport activated → EMS calls/radios Regatta Director and Safety Manager
6. EMS transports to hospital if needed
7. Incident recorded in Event Medical Log + report submitted post-event

Incident Types & Example Protocols

Incident Type	Initial Response	Escalation Criteria
Heat exhaustion	Remove from sun, fluids, cooling	Temp >104°F or altered mental status → EMS
Capsize/drowning risk	Launch boat rescue → dry → EMS eval	Unconscious or coughing water → EMS
Collision/trauma	EMS onsite eval	Severe head trauma or suspected spinal → EMS
Muscle strain/minor injury	EMS treatment at tent	Not typically escalated
Cardiac issue	CPR/AED → EMS immediately	Always EMS
Diabetic episode	Check vitals/sugar → monitor	Confusion or unconscious → EMS
Suspected seizure	Roll on side → EMS immediately	Always EMS
Trip and Fall	EMS onsite eval	Severe head trauma or suspected spinal → EMS

Post-Incident Procedures

1. Serious events reported to Regatta Director and Safety Manager as soon as possible.
2. EMS completes Incident Report Form within 1 hour.
3. Debrief with Safety and Medical teams at end of each day

Evacuation Plan: All Participants should head to the nearest exit, likely the front door, or one of the side doors. All doors open outward.

Venue Contact Information

Gage Park Phone: +13127476147

Map of the Venue

Exits marked by red circles



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